

SCHOOL MATTERS

Welcome to Wormley CofE Primary School

Transition Events 4 transition events to welcome you

- Well-being Matters
- Health Matters
- Language Matters
- School Matters







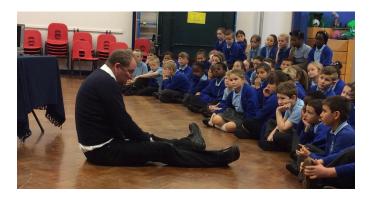


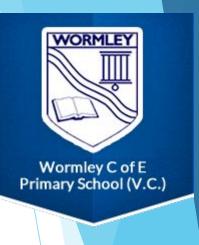
WELL-BEING MATTERS

in partnership with



National Children's Bureau







WAS

promoting emotional

wellbeing

and positive mental health





Prepare your child and yourself emotionally for starting school Ania Brataniec, our Play Therapist

- Prepare for the first day breakfast, uniform, time to leave
- Try on the uniform several times before
- Take photos of the school and teacher
- Talk about what to expect
- Recognise any worries, suggest how to ask for help
- Plan how you will celebrate the first day



Know about the support available to you Hoddesdon and Broxbourne Family Support Services (HABS)

- One to one family support
- Parenting programmes
- Student programmes
- Bereavement support
- Domestic Violence support
- Finance/housing support
- Psychotherapeutic Counselling
- Parenting courses
- Life coaching
- Anger management
- Nurture
- Holiday Activity Scheme
- Funded family days







Email: habsfamily.co.uk

Well-being Award Introducing our focus on promoting the emotional well being of our community

The award has a focus on changing the long-term culture of a school, and embedding an ethos where mental health is regarded as the responsibility of all.

With this award, our school can:

- Show their commitment to promoting mental health as part of school life
- Improve the emotional wellbeing of their staff and pupils
- Ensure mental health problems are identified early and appropriate support provided
- Offer provision and interventions that matches the needs of its pupils and staff
- Engage the whole-school community in the importance of mental health awareness



QUICK - EASY - DAILY MEDITATION

60 Seconds of

SOLITUDE



Social Learning Introducing our development of the whole child

With God, all things are possible Have Faith, Show Respect, Take Responsibility and Achieve

- Identified characteristics, such as resilience, are taught and developed through 7 agents and their social stories
- Enrichment days
- A values based education
 - Pupil leadership
 - House teams
 - Outdoor learning
 - Tools for learning









Messy Church Introducing our partnership with our local churches

Messy Church is:

- a way of being church for families involving fun
- found across the world
- values are about being Christ-centred, for all ages, based on creativity, hospitality and celebration

We get creative together, listen to stories from the Bible and then eat together

Once a month after school on a Tuesday





HEALTH MATTERS



Living healthy lifestyles School Nursing Service from Hertfordshire Community NHS Trust

The Public Health Nursing Team will support with:

- Advice on childhood immunisations
- Long term and chronic health issues
- Emotional and mental health issues
- Healthy eating and weight management
- Toileting concerns
- Support for young carers
- Assessing growth, vision and hearing
- Measles awareness



Forest School Education Miss Tinsley, our Forest School leader

Forest School is an opportunity:

- for children to deepen their understanding and respect of the natural world
- to encourage and inspire children to grow in confidence, independence and self-esteem through child-led exploratory play
- to learn and develop life skills
- to allow children to measure risk and challenge for themselves in a safe and nurturing environment
- for children to develop their communication, concentration and love of learning which will impact on their ability to learn in class
- to allow children to feel important, successful and express themselves in whatever way they choose
- to give children a sense of wonder and curiosity
- to allow children to be children







Developing fine and gross motor skills Miss Gajjar, with the Write Dance initiative

- Write Dance is an approach and a method that provides movement opportunities so children can develop the physical skills needed to develop their handwriting skills
- The movement is driven by music and the underlying principle is enjoyment to build confidence
- Hanging from monkey bars also improves upper body strength needed for writing



Daily Mile Commitment to keep fit and exercise the heart

Dai

Children fit for life

- Improve the physical, emotional, social and mental health and wellbeing of our children - regardless of age, ability or personal circumstances
- Inclusive as all children can take part and non-competitive. All children succeed, regardless of age or personal circumstance
- Regular exercise outdoors
- Raises the heart rate and improves fitness
- Meets the needs of childhood: fun, friends, freedom, and fresh air

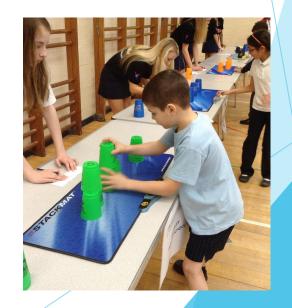
The benefits are clear - as well as the children getting stronger and fitter, we've noticed the children are more alert in the afternoons and their attention in class has also improved.

After school/lunch time clubs

- Tennis
- Multi Sports
- Gymnastics
- Dance
- Football
- Basketball
- Drama
- Dodgeball
- Karate
- Cricket
- Netball
- Speed Stacking







E-safety and healthy lifestyles Mr Emmett: safeguarding and e-safety lead

- Protecting childhood limiting children's access to their own phones, inappropriate gaming, APPs, social media, websites and videos
- Promoting healthy and safe online activity - recognising the benefits of the internet for young people alongside the sources of online risks.
- Providing strategies to equip children with skills to stay safe (CEOPS website)
- Monitoring children's online activity by keeping devices in the family arena
- Find easy help and advice at https://www.internetmatters.org/







