

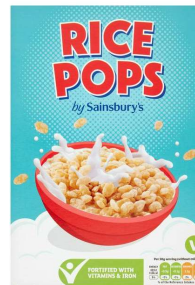
Bakery

- **Hot dog rolls - INGREDIENTS:** Fortified British Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Sugar, Salt, Rapeseed Oil, **Soya** Flour, Emulsifier: Sodium Stearoyl-2-Lactylate; Preservative: Calcium Propionate, Spirit Vinegar; Palm Oil, Palm Fat, Flour Treatment Agent: Ascorbic Acid.
- **Wholemeal bread - INGREDIENTS:** Wholemeal British **Wheat** Flour, Water, **Wheat** Gluten, Yeast, Rapeseed Oil, Salt, Spirit Vinegar, **Soya** Flour, Preservative: Calcium Propionate; Caramelised Sugar, Emulsifier: Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids; Palm Oil, Flour Treatment Agent: Ascorbic Acid.
- **Wholemeal Wraps - INGREDIENTS:** Wholemeal British **Wheat** Flour (62%), Water, **Wheat** Bran, Palm Oil, Humectant: Glycerol; Raising Agents: Disodium Diphosphate, Sodium Hydrogen Carbonate; Sugar, Acidity Regulator: Citric Acid; Emulsifier: Mono- and Diglycerides of Fatty Acids; Salt, Preservative: Calcium Propionate; **Wheat** Starch, Flour Treatment Agent: L-Cysteine.
- **Cream crackers - INGREDIENTS:** Fortified Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Palm Oil, Salt, Raising Agents: Sodium Hydrogen Carbonate, Yeast.



Cereal

- **Cheerios - INGREDIENTS:** Whole Grain **Oat** Flour (29.6%), Whole Grain **Wheat** (29.6%), Whole Grain **Barley** Flour (17.9%), Sugar, **eat** Starch, Invert Sugar Syrup, Whole Grain Maize Flour (2.1%), Whole Grain Rice Flour (2.1%), Molasses, Calcium Carbonate, Sunflower Oil, Salt, Colours: Carotene, Annatto Norbixin, Caramelised Sugar Syrup, Antioxidant: Tocopherols Iron, Vitamin C, B3, B5, B9, D, B6, B2
- **Rice Krispies Multigrain – INGREDIENTS:** Cereal Flours (Rice{54%}, **Oat**{28%}, Maize {5%}), Sugar, Corn Fibre, Caramelised Sugar, Salt, Natural Flavouring, Colour (Annatto), Antioxidant (Alpha Tocopherol, Ascorbyl Palmitate), Vitamins & Minerals: Calcium Carbonate, Niacin, Iron, Vitamin B6, Vitamin B2(Riboflavin), Vitamin B1(Thiamin), Folic Acid, Vitamin D, Vitamin B12
- **Shreddies – INGREDIENTS:** Whole Grain **Wheat** (96%), Sugar, Invert Sugar Syrup, **Barley** Malt Extract, Salt, Molasses, Vitamins and Minerals (Niacin, Iron, Pantothenic Acid, Folic Acid, Vitamin B6, Riboflavin)
- **Rice Pops - INGREDIENTS:** Rice, Sugar, **Barley** Malt Extract, Salt, Vitamins and Mineral Mix (Niacin, Iron, Thiamin, Pantothenic Acid, Riboflavin, Vitamin B6, Folic Acid, Vitamin D, Vitamin B12).
- **Cornflakes – INGREDIENTS:** Maize, Sugar, **Barley** Malt Flavouring, Salt, Vitamins & Minerals: Niacin, Iron, Vitamin B6, Vitamin B2 (Riboflavin), Vitamin B1 (Thiamin), Folic Acid, Vitamin D, Vitamin B12



Dairy

- **Clover Light** – **INGREDIENTS:** Buttermilk (40%), Sustainable Palm Oil, Rapeseed Oil, Water, Acid (Lactic Acid), Natural Flavouring, Natural Colour (Carotenes)
- **Cheese** - **INGREDIENTS:** Cheddar Cheese (Cows' **Milk**).
- **Grated cheese** - **INGREDIENTS:** Cheddar Cheese (Cows' **Milk**), Anti-Caking Agent: Potato Starch (2%)
- **Milk**



Cupboard Food

- **Jam - INGREDIENTS:** Glucose-Fructose Syrup, Strawberries, Acidity Regulators: Citric Acid, Sodium Citrate; Gelling Agent: Pectin.
- **Ketchup - INGREDIENTS:** Water, Tomato Purée (29%), Sugar, Spirit Vinegar, Maize Starch, Salt, Spice Blend (Salt, Tomato Powder, Clove Extract), Clove Leaf Oil.
- **Tomato puree paste - INGREDIENTS:** Partially Rehydrated Sundried Tomatoes (45%), Sunflower Oil (34%), Tomato Purée, Salt, Garlic Powder, Black Pepper, White Vinegar.
- Honey
- **Salad cream - INGREDIENTS:** Water, Rapeseed Oil (22%), Sugar, Spirit Vinegar, **Mustard** Flour, Modified Maize Starch, Dried **Egg** Yolk (2%), Salt, Stabilisers: Guar Gum, Xanthan Gum; Preservative: Potassium Sorbate; Glucose Syrup, Colour: Riboflavin.
- **Marmite – INGREDIENTS:** Yeast extract (contains BARLEY, WHEAT, OATS, RYE), salt, vegetable juice concentrate, vitamins (thiamin, riboflavin, niacin, vitamin B12 and folic acid), natural flavouring (contains CELERY)
- **Baked beans - INGREDIENTS:** Haricot Beans (51%), Tomatoes (33%), Water, Sugar, Modified Maize Starch, Salt, Onion Powder, Paprika Extract, Paprika Powder, Flavouring, Onion Oil, Garlic Extract.
- **Hot dogs - INGREDIENTS:** 40% Poultry mechanically separated Meat (Turkey-, Chicken mechanically separated Meat), 33% Pork, Water, Poultry Fat with Skin (Turkey, Chicken), Iodized Salt (Salt, Potassium Iodate), **Soya Protein**, Spices, Spice Extracts (contain **Celery**), Sugar, Stabiliser: E451, E450, E331iii, Antioxidant: E300, Preservative: E250, Beechwood Smoke
- **Sweetcorn – INGREDIENTS:** Sweetcorn, Water.



Juice

- **Cherries and berries - INGREDIENTS:** Water, Apple Juice From Concentrate (18%), Acids: Citric Acid, Malic Acid; Cherry Juice From Concentrate (1%), Strawberry Juice From Concentrate (0.5%), Raspberry Juice From Concentrate (0.5%), Acidity Regulator: Sodium Citrate; Sweeteners: Sucralose, Acesulfame K; Preservatives: Potassium Sorbate, Sodium Metabisulphite (**Sulphites**); Colour: Anthocyanins; Flavourings.
- **Orange squash - INGREDIENTS:** Water, Orange Comminute From Concentrate (20%), Acidity Regulator: Sodium Citrate; Flavourings, Sweeteners: Sucralose, Acesulfame K; Preservatives: Potassium Sorbate, Sodium Metabisulphite (**Sulphites**); Stabiliser: Carboxymethylcellulose; Colour: Beta-carotene.
- **Apple and blackcurrant squash - INGREDIENTS:** Water, Apple Juice From Concentrate (18%), Blackcurrant Juice From Concentrate (2%), Acid: Citric Acid; Acidity Regulator: Sodium Citrate; Flavourings, Colour: Anthocyanins; Sweeteners: Acesulfame K, Sucralose; Preservatives: Potassium Sorbate, Sodium Metabisulphite (**Sulphites**).



Meats

- **Breaded Ham - INGREDIENTS:** Pork, Salt, Breadcrumbs (Fortified Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Yeast, Salt, Colours: Paprika Extract, Curcumin)), Sugar, Stabilisers: Triphosphates; Pork Gelatine, Antioxidant: Sodium Ascorbate; Preservative: Sodium Nitrite.
- **Chicken slices - INGREDIENTS:** Chicken (83%), Water, Potato Starch, Salt, Dextrose, Stabilisers: Triphosphates.
- **Pepperoni - INGREDIENTS:** Pork, Salt, Chilli Paste, Sugar, Chilli Peppers, Dextrose, Spices (White Pepper, Paprika), Antioxidant: Sodium Ascorbate; Preservatives: Potassium Nitrate, Sodium Nitrite.

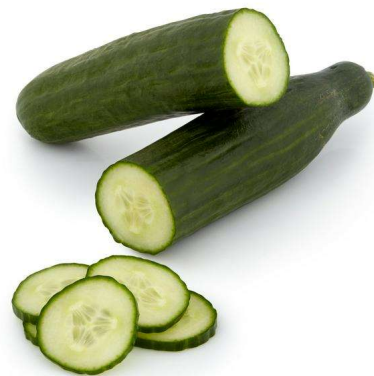
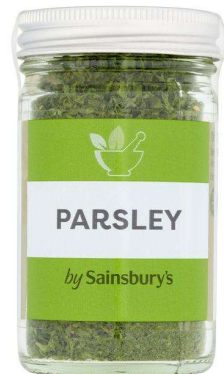


Milkshake

- **Nesquik – Strawberry, INGREDIENTS:** Sugar, Maltodextrin, Natural Colour (Beetroot Red), Natural Flavouring, Vitamins (C, D)
- **Nesquik – Chocolate, INGREDIENTS:** Sugar, Fat-Reduced Cocoa* Powder (23%), Emulsifier (**Soya** Lecithin), Salt, Vitamins (C, D), Natural Flavouring, Cinnamon, *Rainforest Alliance Certified™

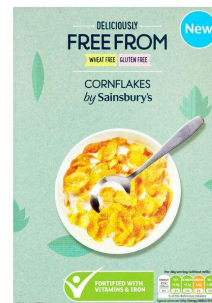


Fruit & Vegetables



Gluten Free

- **Wraps – INGREDIENTS:** Water, Wholegrain Flours (Red Sorghum, Cornflour, Buckwheat, Millet, Teff, Rice), Chickpea Flour, Rice Flour, Psyllium Husk Powder, Thickeners (Cellulose, Xanthan Gum, Guar Gum), Tapioca Starch, Rapeseed Oil, Potato Starch, Maize Starch, Sugar, Pea Protein, Potato Fibre, Yeast, Raising Agents (Sodium Carbonate, Calcium Phosphate), Acidity Regulators (Malic Acid, Citric Acid, Tartaric Acid), Salt, Preservatives (Potassium Sorbate, Sorbic Acid), Fermented Maize Starch, Flavouring
- **Non-breaded ham - INGREDIENTS:** Pork (83%), Water (14%), Salt, Preservatives: Potassium Lactate, Sodium Acetate, Sodium Nitrite; Stabilisers: Triphosphates; Dextrose, Antioxidant: Sodium Ascorbate.
- **Cornflakes - INGREDIENTS:** Maize (93%), Sugar, Salt, Vitamins (Niacin, Pantothenic Acid, Vitamin B6, Riboflavin, Thiamin, Folic Acid, Vitamin D, Vitamin B12), Iron.
- **Bagels – INGREDIENTS:** Starches (Maize, Potato, Tapioca), Water, Rapeseed Oil, Humectant (Vegetable Glycerol), Sugar, Psyllium Husk, Pea Protein, Yeast, Stabiliser (Hydroxypropyl Methyl Cellulose), Rice Flour, Fermented Maize Starch, Salt
- **Bread- INGREDIENTS:** Water, Rice Flour, Tapioca Starch, Maize Starch, Yeast, Rapeseed Oil, Thickener: Cellulose; Psyllium Husk Powder, Potato Starch, Sugar, Humectant: Glycerine; Egg White Powder, Iodised Salt (Salt, Potassium Iodate), Thickener: Hydroxypropyl Methyl Cellulose; Wholegrain Maize Flour, Rice Starch, Spirit Vinegar, Preservative: Calcium Propionate; Rice Bran, Preservative: Sorbic Acid; Thickener: Sodium Carboxymethylcellulose; Thickener: Methyl Cellulose; Acid: Acetic Acid; Thickener: Xanthan Gum; Acidity Regulator: Sodium Carbonate.



Snacks

- **Pombear original – INGREDIENTS:** Dried Potato, Sunflower Oil (25%), Maize Starch, Potato Starch, Maize Dextrin, Sugar, Salt, Yeast Extract, Emulsifier: Mono-and Diglycerides of Fatty Acids, Paprika Powder
- **Raisins - INGREDIENTS:** Raisins (99%), High Oleic Sunflower Oil.
- **Skips – INGREDIENTS:** Tapioca Starch, Sunflower Oil (32%), Maize Flour, Prawn Cocktail Flavour [Sugar, Salt, Natural Flavourings, Acid: Citric Acid, Dried Onion, Natural Vinegar Flavouring, Potassium Chloride, Yeast Extract, Spice, Dried Tomato, Natural Pepper Flavourings, Colour: Paprika Extract], Rice Protein, Sugar, Salt, Colour: Paprika Extract

