

News on the Nineteenth

Wormley CofE Primary School (VC)
Cozens Lane East, Wormley, Broxbourne, Herts, EN10 6QA
Tel: 01992 303331

Have Faith, Show Respect, Take Responsibility and Achieve
www.wormleyprimary.co.uk

May 2023

KEEP READING

Thank you for your support of our **Spring Reading Challenge**. Please make time at home for reading every night - at least 20 minutes daily. Where possible, please read with your children and talk about their books. Children have books that they are bringing home daily and access to thousands of on-line books via **Epic!** and **myON**. If children are not yet reading fluently, their progress across the whole curriculum can be hampered.

DATES:

Sports Day
26th May
HALF TERM
29th - 2nd June
END OF TERM
21st July



KING CHARLES III CORONATION

We enjoyed a celebration on Friday 5th May for the King's Coronation.

We had our own 'street party' with a fantastic spread of jam, cream cheese and coronation chicken sandwiches, cakes decorated in red, white and blue and crown shaped biscuits.

One child told me, "This is the best day ever!"



The children wore their crowns and Members of Pupil Parliament chose five creative crown designers who were awarded £5 vouchers for Amazon. Following this, we held a service for King Charles to learn more about this historic moment in time.



Finally, King Charles and Queen Camilla visited to present cards to children who have been deploying their agents this week in school.



SATs AND WHOLE SCHOOL ASSESSMENT WEEKS

During this half of term, there are a number of assessments of children's attainment and progress, including national assessments.

Tuesday 9th - Friday 12th May,	Year 6 children sat their national SATs.
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Children and staff have put a lot of effort into learning throughout the year to prepare everyone for the tests and to get year 6 children ready for secondary school. The children have all made so much progress. Our Year 6 children managed their SATs with confidence, resilience and strategic approaches despite the challenging tests this year!

Monday 15th - Thursday 25th May	Year 2 children are sitting sit their SATs to inform end of key stage teacher assessment.
Monday 12th - Friday 16th June	Year 1 children will have a Phonic Screening Check
Monday 5th June - 16th June	Y4 children will take a Multiplication Check



Please ensure your children attend school during these important weeks. Keep up the good practise of making sure your child has a good night's sleep and a healthy breakfast. Thank you.

SPORTS DAY

This years' Sports Day will be held on **Friday 26th May**.

Parents, family and friends are welcome to come along and encourage the children during the events. As all events will take place on the school field please make your way straight there upon arrival. For safety reasons, we ask that parents please stay on the outside of the track - behind our barriers/roped area- as the children will be on the inside of the track.

The **KS2** events will take place during the morning from **9.30am-12.00am** and the **KS1** events will take place in the afternoon from **1:30pm-3.00pm**.

Reception and Nursery classes will also run their races on this day - 2 classes in the morning and 1 in the afternoon.

Please see the outline of the day below.

Time	Event
9:15-9.45am	YR Starfish (Mrs Burling's class) and morning Nursery events
9.30-12.00pm	KS2 carousel, events and competitive finals
12.00-12.15pm	Results
1.00-1.30pm	YR Angelfish (Mrs Hutching's class)
1.30-3.00pm	KS1 carousel, events and competitive finals
3.00pm	Results



Children should come to school in their PE shorts/tracksuit bottoms, t-shirt in their house colour and trainers (not plimsolls or shoes). Please send in water bottles.

If it is hot, sun hats should be worn and sun cream applied in the morning.

We look forward to an enjoyable day! Thank you for your support.



VALUE OF THE HALF TERM

Our value this half term is **Trust**. We are learning stories from the Bible which teach us how we might trust in one another and in God. We are also thinking about how we are trusted to look after one another and the world.

"Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight." Proverbs 3:5-6

SCIENCE WEEK

The visit from The Science Boffins was very much enjoyed by all. We learnt all about forces in action and the scientific world - which is literally amazing!



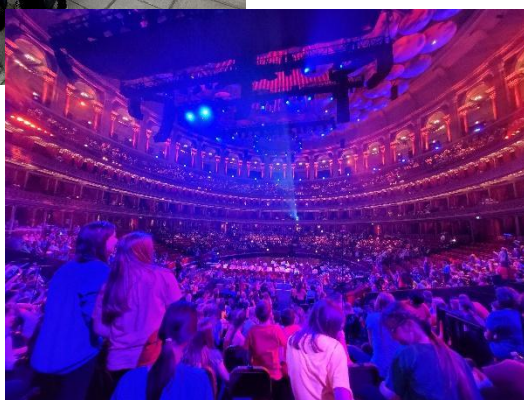
THE ROYAL ALBERT HALL SCHOOL'S GALA CONCERT

Wormley's school choir travelled to The Royal Albert Hall on Sunday **30th April** to perform in the Hertfordshire Schools Gala.

It was an incredible experience!



You can spot us to the left of centre under the screen!



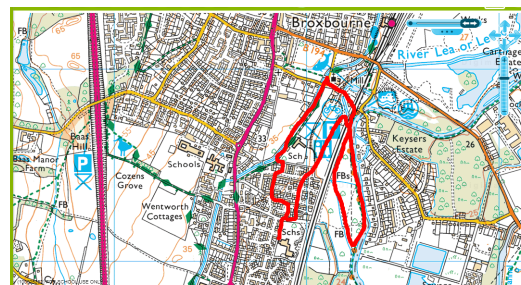
GEOGRAPHY TERM

On Friday 7th July, families are welcome to our

World Geography Morning in school.

Come and take a trip around the world, visiting the different countries that the children have studied.

Find out from the children what they have learnt about the world!



MESSY HAIR DAY

Thank you for your support for our charity work. With all the wonderful hair-dos we managed to raise just over £250 for **Teens Unite Cancer Charity**



NO PARKING IN THE SCHOOL CAR PARK

Parking in the school car park is for staff only.

Parents are often speeding into the car park to collect children from clubs. This is very dangerous as children and staff may be walking in this area.

SUMMER 1 RELATIONSHIPS

This half term, children have been focusing on the following themes:



Year 1: What makes a good friend, different types of families, appropriate ways of physical contact with my friends, who can help me in my school community, recognise my qualities as a friend.

Year 2: Identify different family members and relationships with each of them, appropriate physical contact within a family, conflict with friends, when it is good/not good to keep a secret, appreciate people who can help me.

Year 3: Roles of people in my family (males and females), skills of friendship, staying safe online, how people around the world help me and what I can do to help them.

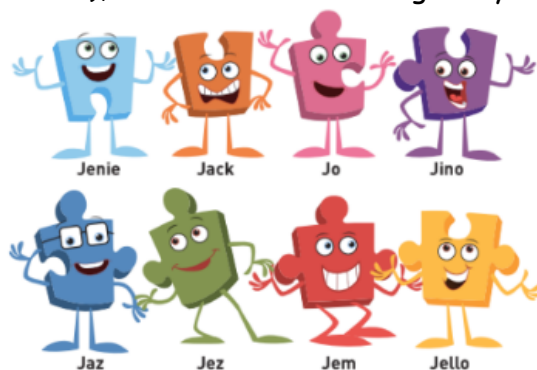
Year 4: Jealousy in friendships, expressing who I love and why, how friendships change and how to manage fall out with friends, girlfriends and boyfriends when I am older.

Year 5: Recognising who I am, online safety and being part of an online community, rights and responsibilities in an online community, screen time.

Year 6: Taking care of my mental health, grief and loss and how to deal with this, recognising power and control, judging whether something/one online is safe, how to use technology positively to communicate with friends.

Next half term, **Summer 2**, our Jigsaw unit is '**Changing Me**'. This unit in **KS1** focuses on: Changes that happen to me, naming body parts, how my body has changed, life cycles in nature, physical differences between males and females. In **KS2**, this unit focuses on: how babies grow and develop, how gir'ls and boy's bodies change inside and out, naming internal and external body parts in males and females, how a girl's body changes to make babies, menstruation (Y4 upwards), self image, puberty (Year 5 upwards), sexual intercourse leading to conception (Year 5 upwards), looking after yourself,

how a baby develops (Year 6), self esteem and having a boyfriend/girlfriend Year 6).



SPORTS AFTERSCHOOL CLUBS

Challenge Sport offers a sports club every night after school



How to book a place at club

1. Visit www.challengesporteducation.co.uk
2. Click book online
3. Click register now
4. Login and enter child's information
5. Select 'in school sports club' and click 'term course'. Select appropriate year group. Select venue as Wormley > show results
6. Proceed to checkout & pay - you will then receive a confirmation email with all dates of the club

Spaces come on a first come, first served basis. Please contact **07720683696** for queries.

SCHOOL PE KIT

We do expect the children to be in the school's PE kit for PE. This is a blue t-shirt, blue shorts or tracksuit bottoms and sports trainers.

We do not want children in football kits and colourful tracksuits. Flimsy shoes are not suitable. Earrings should be removed or taped. No jewellery should be worn to school.

NURSERY PLACES

We still have a few places in our nursery in the afternoons.

If you are interested, fill out a form from the website or contact the school office.

RECEPTION PLACES

Our next cohort of YR children have been allocated their places.

This year most of our Nursery children secured a place here at Wormley.

DELIVERING SPECIALIST PROVISION LOCALLY (DSPL4)

DSPL (Developing Special Provision Locally) is a Hertfordshire-wide partnership approach where parents, staff in early years settings and schools, further education colleges, local authority officers and representatives from other agencies, work together as part of an Area Group, reviewing and developing the range of provision and support services available to their local community.

SAVE
THE DATE

SCHOOLS &
FAMILIES
SEND

HELP

SERVICE

GUIDANCE

SUPPORT

ASSISTANCE

ADVICE

TUESDAY 20TH JUNE
12:00-2:30PM
WORMLEY

DSPL4 covers the Borough of Broxbourne; from Hoddesdon to Waltham Cross.

The aim of DSPL is to:

- Meet the needs of children and young people with special educational needs and/or disabilities (SEND), aged 0-25, as close to home as possible
- Improve outcomes for wellbeing and attainment
- Widen choice for children and parers/carers
- Remove barriers to learning
- Use resources more effectively

DSPL4 | Delivering Special
Provision Locally
Achieving quality outcomes

DSPL4 invite you to a Special Educational Needs and Disabilities Fayre on
Tuesday 20th June, 12-2:30, at Wormley Community Centre

FIT, FED AND READ CAMPS AT MAY HALF TERM

Have you tried the FULLY FUNDED Holiday Camps?

The Fit, Fed and Read coaches are looking forward to being back in 3 weeks with some more fun activities for the **May Half Term!**

Places are **FREE** for families with children who are 8-11 year olds and entitled to Free School Meals or experiencing other vulnerabilities.

Join us **Tuesday 30th May** until **Friday 2nd June**, 10-3pm

Team games and sports Art, crafts & team games

2 course FREE hot lunch

Book today and have your space secured for May Half Term. Booking code: FFR#HT

Location: **SELE SCHOOL**, Hertford

<https://playwaze.com/herts-sports-partnership-fit-fed-read/8utbi5f5wp8/session-display?eventId=PhysicalEventSeries/80803-C>



A MESSAGE FROM DRAMA4ALL WORKSHOPS

This summer, Drama4ALL will be launching

[Perform in the Park](#),

London's first ever Festival of Children's Theatre in Coram's Fields, Bloomsbury.

We will have a full programme of shows for 2-14 year olds running with live performances all day, every day, from **22nd July - 28th August** with

The Three Billy Goats Gruff for 2-7s,

Elephant & Piggies for 3-8s,

Mermaids & Pirates for 4-11s and

The Dream based on Shakespeare's *A Midsummer Night's Dream* for 7-14s.

For more information, please go to the website: www.performinthepark.uk



Evenings in the Park with...

A series of interview-style shows featuring some of your children's favourite household names.

Hosted by Riyadh Khalaf* and featuring authors, musicians and West End stars talking about their lives and careers, the 75 minute shows will include a Q&A and, depending on the guest, perhaps a book-reading, maybe some songs and definitely a whole lot of fun.

Stars will be announced online as they are confirmed so check performinthepark.uk regularly and be the first to book.

*for most dates





PERFORM in the Park

LONDON'S FIRST EVER FESTIVAL OF CHILDREN'S THEATRE

Taking place in a 500 seat air-conditioned theatre in Coram's Fields, we're showing live performances all day every day from 22nd July – 28th August.

There are four fantastic children's shows to see plus an all-day café and the playgrounds, sandpits and paddling pool of Coram's Fields so you can make a day of it.

Perform in the Park is hosted by Perform - the UK's leading provider of drama, dance and singing workshops for 4-12 year olds.

Every week, over 8,000 children attend Perform classes at venues across the UK. Classes focus on developing confidence and social skills in a fun and lively way.

Your child can come and try Perform for FREE by visiting perform.org.uk/try



YOUR VISIT

CORAM'S FIELDS

Coram's Fields has been a haven for play since 1936. Located in the heart of London, the park has an exciting mix of play zones for all ages plus two wide lawns for picnics.

The adventure play area has a zip wire, a witch's hat swing and one of the largest slides in town. And, with two sandpits and a paddling pool, you may want to pack swim gear!

Coram's Fields has a policy of not allowing any adults to enter unless they are accompanied by a child under 16 years old.

THE PERFORM THEATRE

The Perform Theatre is a 500 seat fully-equipped, air-conditioned auditorium with flat and tiered seating and designed to be a complete theatre experience.

There is a merchandise shop, open air and covered café, buggy park and male and female toilets. Accessible toilets and baby-changing facilities are located just outside the site.

CASTAWAY'S CAFE

Open all day every day, the café has seating in open air and covered areas so, no matter what the weather, it's a great place for a snack before or after a performance.

GETTING THERE

Address: Coram's Fields, 93 Gullford Street, London WC1N 1DN.

Nearest tubes: Russell Square, Kings Cross St Pancras, Holborn & Chancery Lane. Nearest buses: 17, 45, 6, 46 at Gray's Inn Road or the 7, 59, 68, 91, 168 & 188 at Russell Square.

The auditorium opens 30 minutes before the start of each performance.

ACCESSIBILITY

There is step-free access to the auditorium as well as step-free accessible seating areas and spaces for wheelchair users who would prefer to stay in their chair. A step-free accessible toilet is also available.

BOOKING TICKETS

Performances run from 22nd July to 28th August 2023 with shows from 10.30am to 7.30pm each day. Ticket prices start at £14.50*. To see the full performance schedule and book, visit performinthepark.uk

*All tickets are subject to the Coram's Fields Restoration Levy.

THE THREE BILLY GOATS GRUFF

ELEPHANT & PIGGIE

MERMAIDS & PIRATES

THE DREAM

PERFORM in the Park

MAGICAL CHILDREN'S THEATRE IN THE HEART OF LONDON

22 JUL - 28 AUG

CORAM'S FIELDS, LONDON WC1N

PERFORMINTHEPARK.UK



The TRIP TRAPPING musical adventure

On a grassy hill, in the middle of the countryside, there lived **THE THREE BILLY GOATS GRUFF**. They never stopped eating and before long they had eaten everything they could get their hooves on!

Hold on to your horns and join the three billy goats on their wild and wacky adventure, as they bravely cross the rickety bridge to greener pastures. But who will they meet along the way as they TRIP TRAP over the bridge?

With lots of catchy songs, funky dances to clap along to and a rapping troll to boot, Lost The Plot Theatrical are proud to present this smash-hit children's musical. An interactive, family fun show and the perfect treat this summer for little ones and the big kids that bring them!

BOOK NOW at performinthepark.uk





A fun friendship story perfect for young audiences

Get ready for a musical experience, straight from the pages of Mo Willems' award-winning, best-selling children's books, that will leave audiences dancing the "Flippy Floppy Floory" all day!

An elephant named Gerald and a pig named Piggie are best, best, "bestus" (a word Gerald and Piggie made up that means "very best") friends, but Gerald worries that something could go wrong that would end their friendship.

Piggie is not worried at all. She's even happier and more excited than usual because she and Gerald are invited to a party hosted by the Squirrelles, three singing squirrels who love to have a good time. And so begins a day when anything is possible.

Filled with beloved characters and lively songs, **Elephant & Piggie's "We are in a Play!"** is a perfect way to introduce young people to theatre.

BOOK NOW at performinthepark.uk





A swishy-swashbuckling musical tale

When Long Gone Silver and his hapless pirates discover Treasure Island, they're not expecting Marina and her super-cool mermaids. Chaos ensues and, after the Sacred Coconut goes missing, it's down to singing parrot Rita Conchita and her friends to save the day.

Mermaids & Pirates is a one-hour musical packed full of calypso-infused songs, salsa-inspired dancing and laugh-out-loud humour.

BOOK NOW at performinthepark.uk





A Midsummer Night's Dream rebooted for a new generation

Social media has gone mad for the star-studded engagement of footballer Theseus and his fashion influencer fiancée, Hippolyta. But, when billionaire media mogul Oberon goes up against Titania for the streaming rights to the wedding, a quartet of young celebrities get caught up in his schemes.

The Dream is a one-hour musical filled with infectious songs, exuberant dancing and hilarious dialogue.

BOOK NOW at performinthepark.uk



The Dream is an original musical based on A Midsummer Night's Dream. It does not include any text from the Shakespeare play. As this is a new production, images are for illustrative purposes only.

PLANNED ABSENCE

If you know your child needs to be absent from school, such as a dentist visit, a sport's fixture etc. please complete a request for absence form which can be found on our school website under the **Attendance** tab.

This form must be submitted in advance to attendance@wormleyprimary.co.uk

LATE COLLECTION

Please let the school know as soon as possible if you will be late to collect your child(ren).

If you are very late children may be placed in our Afterschool Club and parents will be charged for the session.



SUMMER CONCERT AND WORMLEY FEST

Tuesday 18th July, 1:30pm

We are looking forward to performing a summer concert to our families once again.

Rock Steady Bands will be performing and Y5 will demonstrate their music learning with our music specialist from this term, playing the djembe drums and singing African songs.

The **PTA** are planning a **Wormley Fest** following our Summer Concert. There will be face painting, a football tournament, games, a BBQ, arts and crafts, a bouncy castle, stalls, entertainment and much, much more!

SAVE THE DATE!

TRANSITION DAY

On **Thursday 13th July** our Y6 pupils will have a transition day at their new secondary school.

All of our children will *budge up* for the morning to meet their new teacher.



Y6 LEAVERS' SERVICE

There will be a service for Y6 and their families at St. Laurence's Church

on

Tuesday 18th July 9:30-10:30.

HEALTHY LIFESTYLES, HEALTHY EATING AND PACKED LUNCHES

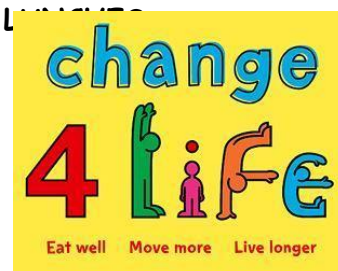
Wormley Church of England Primary School is committed to promoting healthy lifestyles, including healthy eating, exercise and well-being.

NATIONAL CHILD MEASUREMENT PROGRAMME

Parents should be aware of the campaign to reduce obesity and improve physical and emotional well-being in the country. The dangers of eating too much sugar, fat and salt are well documented and the value of physical activity are well promoted.

Since 2014, school nurses have been measuring the weight of children in Reception and Y6 to gather reliable data across the country.

Last summary results for Wormley Primary School



In our school, 97% of children in Reception and 88% of children in Year 6 were measured.

- Proportion of YR children who were obese 11%
- Proportion of YR children who were overweight 12%

The Proportion of YR children who were obese or overweight was 23%. Similar to other schools in England (22%)

- Proportion of Y6 children who were obese 20%
- Proportion of Y6 children who were overweight 15%

The Proportion of Y6 children who were obese or overweight was 36%. Similar to other schools in England (34%)

The percentages are worrying since it would be expected that only 10% of any population of children of all ages would be overweight and a further 5% obese. Current levels in England are far higher, indicating possible future poor health for many of our children.

HOME PACKED LUNCHES



Healthy School

Bearing this in mind, we are committed at Wormley CofE Primary School to promoting healthy lifestyles. We expect that home packed lunches conform to the same strict nutritional standards of school lunches

(www.gov.uk/government/publications/the-eatwell-guide)

The key to a healthy packed lunch is getting the right balance of a wide variety of food groups.

A healthy packed lunch should include:

- A good proportion of starchy food e.g. bread, wholegrain roll, tortilla, wrap, pitta, naan, chapatti, pasta, rice, salad
- A portion of lean meat, fish or alternative e.g. chicken, tuna, ham, egg, cheese, beef, beans, hummus
- Plenty of fruits and vegetables e.g. apple, satsuma, handful of cherry tomatoes, carrot sticks, small tub of fruit salad, box of raisins
- Dairy food e.g. reduced fat cheese, yoghurt, fromage frais
- A drink e.g. water, yoghurt drink, unsweetened juice



Here are some tips to get started:

- Try different breads or other starchy foods for variety, such as a pasta salad or a rice salad
- Consider soup in the winter
- Use butter/spread sparingly and choose low fat spread/butter
- Include brightly coloured, chopped vegetables
- Add salad to sandwiches and chopped vegetables to salads
- Select some low fat yoghurt
- Add a slice of malt loaf, banana bread, a plain sponge cake or a fruit scone
- Include chopped fruit or a piece of whole fruit



Please DO NOT include the following in home packed lunches:

- Nuts or nut products (due to allergies)

- High fat, salty crisps or salty snacks
- Chocolate spread
- Jam sandwiches
- Chocolate bars/dips
- Juice (high in sugar)
- Fizzy drinks
- Large pieces of cake/muffins/doughnuts
- Take away food
- Sweets

Freezer packs are an ideal way to keep your child's lunch cool until lunchtime.

DONATIONS FOR OUR GARDENING CLUB

Any donations of seeds, bedding plants or bulbs or spare equipment such as gardening spades and forks would be very much appreciated by our children's gardening club.

DATES FOR NEXT TERM

Start of the new autumn term

Monday 4th September

Half term

Monday 23rd - 27th October

Children return on **Monday 30th October**

WOULD YOU LIKE TO SUPPORT ESSEX & HERTS AIR AMBULANCE

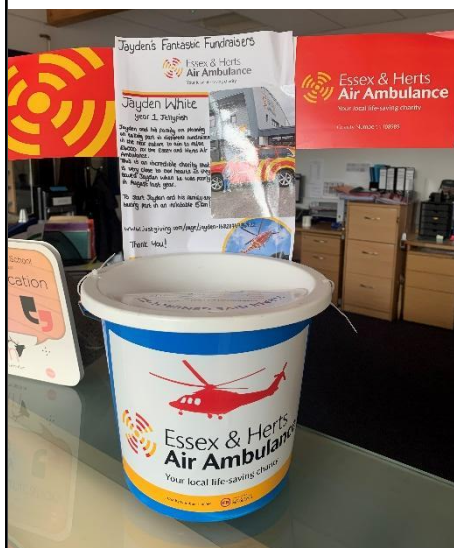
One of our pupils in Y1 is planning an inflatable 5 km run to raise funds for Hertfordshire's Air Ambulance.

They helped Jayden last year, transporting him to hospital when he was very ill.

There is a collection pot in the reception for any kind donations!

GO JAYDEN!

What an incredible challenge.



HAIRSTYLES

All long hair must be tied back off the face in school. This prevents the spread of Head Lice.
No fancy shavings in cropped hair. School is a place to look smart.

TRANSITION MORNINGS FOR CHILDREN NEW TO RECEPTION



We have a set of transition mornings planned for parents of children who have children due to start in Reception in September

HEALTH MATTERS 14th June 9:15-10:30

Come along and hear how we promote healthy eating and healthy lifestyles. Hear from our Forest School Leader about weekly Forest School sessions and our PE Leader about strategies to develop fitness, health and wellbeing.

WELL-BEING MATTERS 21st June 9:15-10:30

Come along and hear how we assess and support speech and language and develop communication from the beginning of the school journey. Hear about our approaches and interventions to give children a good start to school life. Meet our Early Years Lead and our SENCos.

COMMUNICATION MATTERS 28th June 9:15-10:30

Come along and find out about our well-being activities such as mindfulness and yoga, the Daily Mile, the importance of play, our Learning and Wellbeing Agents etc. Meet our Safeguarding Lead, Play Therapist and HABS Family Support Lead

SCHOOL MATTERS 5th July 9:15-10:30

Come along and hear all about school life at Wormley CofE Primary School - what a typical day is like, what uniform is worn, what is the curriculum they study etc. Meet the senior leaders of the school. We look forward to meeting new parents and carers.

SAFER PLACES - SUPPORT FOR DOMESTIC VIOLENCE

Janet Dalrymple, CEO of Safer Places said: "Safer Places provide life changing and life-saving support services across Essex and Hertfordshire. Our new Live Chat service will allow us to reach more people affected by abuse and give survivors the opportunity to safely access non-judgemental support and advice. It can be incredibly difficult to talk about abuse - and making a call can be difficult, that's why we have worked around the clock to create our

Live Chat service - <https://www.saferplaces.co.uk/>.

Our qualified expert staff are now available by phone and live-chat every day, day and night. We want to reassure everyone in the communities that we serve that we are here for you, when you need us and how you need us, our support is led by you".

The new service will initially be open between

8:30am - 5pm Monday to Friday and 8pm - 8am Friday - Sunday

CLEANING POSITION

Hayward Services are looking to expand their cleaning services.

They are looking for Cleaning Operatives at **Wormley CofE Primary School**

17:15 - 20:00 Monday to Friday £9.50 per hour.

Good communication skills are required. Full training will be provided.

Successful candidate will be subject to an enhanced DBS criminal record check in children workforce and must provide correct documents to support the process.

For more information, please contact jaqueline@haywardservices.co.uk



Enjoy the outdoors but 'be tick aware' this Spring

1. WHAT IS A TICK?

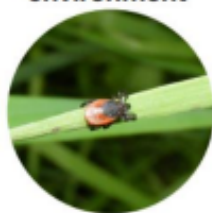
Ticks are small, spider-like creatures that feed on the blood of animals, including people.

The size of a tick can vary, with a larva being as small as a tiny freckle, and fully fed females similar in size to a baked bean.

Tick attached to skin



Tick in the environment



2. WHERE DO YOU FIND TICKS?

Ticks live in many habitats but prefer moist areas with leaf litter or longer grass, like in woodland, grassland, moorland, heathland and some urban parks and gardens.

Ticks don't fly or jump. They wait on vegetation for a host to pass by, and then climb on.

They bite and attach to the skin and feed on blood for several days, before dropping off.

Ticks are found throughout the year, but are most active between spring and autumn

3. HOW TO AVOID TICKS

Walk on clearly defined paths to avoid brushing against vegetation

Wear light-coloured clothes so ticks can be spotted and brushed off

Use repellents such as DEET

Carry out a tick check

4. HOW TO DO A TICK CHECK

Check clothes and body regularly for ticks when outdoors and when you get home

Check children and pets as well

Areas that ticks may frequently be found include skin folds, armpits, groin, waistband area, back of the neck and hairline.

Adults are commonly bitten on the legs

Children are commonly bitten on the head or neck area

Bites can occur anywhere on the body and more than one tick can be attached at one time

5. IF YOU HAVE BEEN BITTEN

Remove ticks as soon as possible

Use a pair of fine-tipped tweezers or a tick removal tool.

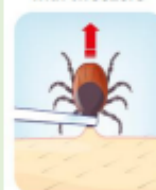
Grasp the tick as close to the skin as possible and pull upwards slowly and firmly, as mouthparts left in the skin can cause a local infection

Clean the bite area and monitor it for several weeks for any changes.

Ticks can transmit bacteria that cause diseases such as Lyme disease.

Contact your GP promptly if you feel unwell with flu-like symptoms or Develop a spreading circular red rash - tell them you were bitten by a tick or have recently spent time outdoors

Tick removal with tweezers



Lyme disease bullseye rash



Keeping you and your children safe from infection visiting farms & petting zoo

1. VISITING A FARM OR PETTING ZOO

Visiting a farm, animal attraction or petting zoo is lots of fun, but it's important to remember that animals can carry infections that can be harmful to people. Common types of illness include infection with cryptosporidium parvum, e.coli O157 and salmonella.

All these bacteria live in the gut of the animals and Infections are caused either by touching animals in the petting and feeding areas or coming into contact with animal droppings on contaminated surfaces.

These harmful bacteria can get accidentally passed to your mouth by putting hands on faces or fingers in mouths before washing them thoroughly. It only takes a small number of the bacteria to cause infection.



2. PREVENTING INFECTION

The best way to stay safe is to practice good hygiene during and after your visit.

Wash your hands thoroughly with soap and water and avoid touching your mouth

3. FOLLOW THESE DO'S AND DON'TS TO KEEP SAFE

Do 	DON'T 
Do Wash your hands thoroughly with soap and water after you have touched animals, fences, or other surfaces in animal areas	Do not put hands on faces or fingers in mouths while petting animals or walking round the farm
Do Wash your hands thoroughly with soap and water before eating or drinking	Do not kiss farm animals or allow children to put their faces close to animals
Do remove and clean boots or shoes that might have become soiled and clean pushchair wheels. Then wash your hands thoroughly with soap and water	Do not eat or drink while touching animals or walking round the farm. This includes not eating sweets, crisps or chewing gum
Do supervise children closely to ensure that they wash their hands thoroughly	Do not eat anything that has fallen on the floor
Do eat and drink in picnic areas or cafes only	Do not use gels or wipes instead of washing hands with soap and water. Gels and wipes do not remove bugs in dirt

4. IF YOU ARE PREGNANT

Pregnant women need to take particular care handling pregnant sheep or lambs as infections acquired from these animals can be harmful to them and the unborn baby

5. What to do if you are unwell after a visit

If you feel unwell or having symptoms such as being sick or diarrhoea within 2 weeks of visiting a farm - contact your GP or call NHS 111

If you have bloody diarrhoea - seek immediate emergency medical attention

Issued March 2022





Funded mental health workshops, advice and support for Parents and Carers in Hertfordshire



Nessie is funded by Hertfordshire County Council to support parents/carers of children and young people with emotional and mental health issues. The aim of this work is to help parents/carers develop a positive and more confident approach to supporting their young person, whilst offering a chance to gain peer support; useful strategies and practical tools.

What we offer:

- **Free online and face-to-face workshops on a range of mental healths that affect children and young people**
- **Parent Support line**
Tel: 07932 651319
(open Thursdays 9 am - 12 pm or by appointment)
- **Private moderated Facebook support groups:**
- **NESSie Parent/Carer Support Group**
- **1-1 support and advice sessions**
- **Peer support groups:** A confidential group, where parents will have an opportunity to share their experiences, support each other through challenges, and identify coping strategies.

For more information, please [CLICK HERE](#)



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