

# News on the Nineteenth



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January 2022



## HAPPY NEW YEAR

We hope that you all had a healthy and happy Christmas. Thank you for the lovely cards, good wishes and gifts. Hoping and praying for a wonderful 2022.

## HALF TERM

14<sup>th</sup> - 18<sup>th</sup> February

## EASTER BREAK

4<sup>th</sup> - 19<sup>th</sup> April

Children return on 20<sup>th</sup> April

## CORONAVIRUS UPDATE

### Changes to the self-isolation period for those who test positive for COVID-19

From **Monday 17 January**, people who are self-isolating with COVID-19 will have the option to reduce their isolation period after 5 full days if they test negative with a lateral flow device (LFD) test on both day 5 and day 6 and they do not have a temperature. For example, if they test negative on the morning of day 5 and the morning of day 6, they can return to their education or childcare setting immediately on day 6. The first test must be taken no earlier than day 5 of the self-isolation period, and the second must be taken the following day. All test results should be reported to NHS Test and Trace.

If the result of either of their tests is positive, they should continue to self-isolate until they get negative results from two LFD tests on consecutive days or until they have completed 10 full days of self-isolation, whichever is earliest. Anyone who is unable to take LFD tests or anyone who continues to have a temperature will need to complete the full 10 day period of self-isolation.

Further information on self-isolation for those with COVID-19 is available but please remember self-isolation means stay at home. If a parent or carer, or other member of a child's household is self-isolating because they have COVID-19, they should not be dropping or collecting children at school. Children isolating at home can continue to learn by accessing learning on Tapestry and the Google Classroom.

## ARE YOU 'NUT AWARE'?

Did you know that 1 in 55 children are estimated to have a peanut allergy?  
(Food Standards Agency, 2016.).

For some, a reaction to exposure to nuts can be mild. For others, coming into contact with a nut can have serious consequences. It is, therefore, vital that robust measures are in place to minimise the risk to any child with a nut allergy.

We have children in our settings with a nut allergy and some of them are likely to have a severe reaction, therefore, we aspire to be a 'nut free' zone.

**Please do not send nut products into school for snacks or packed lunches.**



### CONTACT DETAILS

Have you had a new phone with a new number for Christmas?

Have you moved?

Please make sure that you have let the school know of any changes.

### PUNCTUALITY

Please ensure that children are arriving at school punctually, within their 10 minute window. As soon as the gate/door closes, learning begins!



### READING CHALLENGE TERM

**Spring is our reading challenge term.**

For the children, the challenge is on... How many books can they read this term? How many authors can they try? Can you read equal non-fiction to fiction? We are encouraging our children and their families to stretch themselves with a reading challenge over this Spring Term.

The aim is for *every child* to read daily, from a range of sources: books, newspapers, comics, adverts, magazines, myON, Epic!, the internet etc.



Children in Y1-6 have been asked to keep a record of their reading. Children in KS2 can quiz on Accelerated Reader to improve their reading age. Teachers will be looking for children to reward by putting their name forward for a limited edition **Wormley Reader Bear** and other prizes.

**Don't forget to record reading together in the children's reading records as these are vital as evidence in assessing children's reading to see if they read widely and with commitment to a book.**

### BUILDING VOCABULARY AND READING/WRITING FLUENCY

In Reception, your child has around 45 high frequency words to learn over the year - the aim is for them to be able to recognise these words and to be able to read them on sight. Children learn these words as part of their phonics learning and may also read these words in the Bug Club e-books.

High frequency words are *common words*, words that appear very often in written texts. They are a mixture of **decodable words** (words that can be sounded out) and **tricky / exception words** (words in which the English spelling code works in an unusual or uncommon way, which means the words have to be learned and recognised by sight).

It is really important that children learn how to *read* these words as they will make up a large proportion of the words they will be reading in everyday texts. They also need to learn to *spell* these words as they will find they will need to use them a great deal in their writing. (Research has shown that just 16 words, such as 'and', 'he', 'I' and 'in', but also the more phonetically-difficult 'the', 'to', 'you', 'said', 'are', 'she' and 'was', make up a quarter of the words in a piece of writing, whether it's for adults or children.)

	Decodable words	Tricky / exception words
Phase 2 phonics high frequency words	a, an, as, at, and, back, big, but, can, dad, had, get, got, him, his, if, in, is, it, mum, not, on, of, off, up	the, no, to, into, go, I
Phase 3 phonics high frequency words	down, for, look, now, see, that, them, this, then, too, will, with	all, are, be, he, her, me, my, she, they, was, we, you

<b>Phase 4 phonics high frequency words</b>	went, children, it's, just, from, help	come, do, have, like, little, one, out, said, so, some, there, were, what, when
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In Years 1 and 2, the list is expanded and includes 'about', 'because', 'once', 'could', 'house', 'laugh', 'people', 'their', plus days of the week, months of the year and the child's own address and the school's address. By now children are expected to be able to read most of them and progress to writing some of them.

This table shows the kinds of high frequency words children will be learning to read and spell during Key Stage 1:

	<b>Decodable words</b>	<b>Tricky words</b>
<b>Phase 5 high frequency words</b>	don't, day, old, made, I'm, came, by, make, time, here, saw, house, very, about, your	Oh, their, people, Mr, Mrs, looked, called, asked, could

How can you help your child? Make it fun and don't overdo it. For example, why not try:

- ✓ **Flashcards** - but don't use drawings alongside or your child may simply stick to looking at the drawing, not the letters.
- ✓ Cut out high frequency **word lists** and stick them on a prominent place (the fridge, the back of their cereal packet, etc.), so your child has a visible reminder while they're learning them.
- ✓ **Magnetic letters** - good for helping children with tricky words. Leave some up on the fridge so your child becomes more familiar with the word every time they get a drink.
- ✓ **Memory games** - place flashcards downwards for a game of pairs.
- ✓ Ask your child to look out for high frequency words on **signs** or advertisements when you're on a journey or a shopping trip.
- ✓ Choose three or four of the words and help your child make a **silly sentence** containing as many of them as possible.
- ✓ **Make sure your child sees you reading.** You are their best role model, so show them you enjoy reading and make sure books in the house are easily available, not tidied away.



**Our youngest children have missed out so much with disruption to learning that we all need to work together to get them back on track!**

**IMPORTANT INFORMATION - ASSESSMENT IN 2022**

All national testing resumes in 2022

**KEY STAGE 1**

The Y1 Phonic Screening will take place in the week commencing **6<sup>th</sup> June 2022**

The KS1 SATS will be administered during **May 2022**

**KEYSTAGE 2**

The Y4 multiplication tables check will take place in the 3 weeks commencing **6<sup>th</sup> June 2022**

The KS2 SATS is timetabled from **9<sup>th</sup> - 12<sup>th</sup> May 2022**



## OUR VALUE THIS MONTH IS RESPONSIBILITY



"For God gave us a spirit not of fear but of power and love and self-control." 2 Timothy 1:7

In our Collective Worship this half term, we will be considering how to **be responsible** for ourselves, for others and the world in which we live.

Our vicars will share some readings and stories from the Bible and we will link the learning to our PSHE as children consider their responsibility in achieving their dreams and goals.

### JIGSAW PSHE

This term, our PSHE focus is on the unit

#### *Dreams and Goals*

We will be encouraging children to explore their own dreams and goals and how to plan to achieve them.

We will link our agents, including Agent Resilient, Agent Considerate and Agent Confident.

Children and families can watch the videos on

the school website

#### Whole-School Weekly Celebration Targets

Dreams & Goals	Agent	Characteristics
Stay motivated when doing something challenging	Resilient	Power of Yet
Keep trying even when it is difficult	Resilient	Perseverance
Work well with a partner or in a group	Considerate	Collaboration
Have a positive attitude	Confident	Power of a positive attitude
Help other to achieve their goals	Considerate	Collaboration
Are working hard to achieve their own dreams and goals	Confident	Ambition

### AGENT RESILIENT - THE POWER OF YET

Agent Resilient demonstrates **perseverance** when taking on new challenges and uses **grit** to overcome obstacles. This agent has incredible **bouncebackability** and **optimism**, even when stuck in the **learning pit**. Agent Resilient knows that the **power of yet** helps us to be resilient along the learning journey. When tackling something difficult, Agent Resilient shows **bravery**, **determination** and **commitment** in achieving their goal.



### AGENT CONSIDERATE - THE POWER OF THOUGHTFULNESS

Agent Considerate is very **thoughtful** and thinks deeply. This agent enjoys **collaborating** with others and shows **courtesy** towards others' ideas, opinions and beliefs. Agent Considerate has **empathy** for people, shows **compassion** and can **forgive** them when things go wrong. Agent Considerate is a good **listener** and tries hard to be **friendly** and **inclusive** of everyone which makes for a very popular agent.



### AGENT CONFIDENT - THE POWER OF POSITIVE ATTITUDE

Having **faith** in their own capability, their knowledge and **understanding** is a key aspect of Agent Confident. This agent is gaining **wisdom** whilst embarking on a learning journey. Agent Confident has the **ambition** to achieve their goals and realise their potential. On their journey they show **humility** to ask for help if needed and feel **empowered** to maintain their vision. Deploying Agent Confident leads to improved **self-efficacy** which is a learner's belief that they can succeed.



Check out the website to see the videos about our Agents



## FAIRTRADE FORTNIGHT

This year, Fairtrade Fortnight is taking place from  
Monday 21 February - Sunday 6 March



During these two weeks, schools come together to **learn from the people who grow our food and drinks** - people who are often exploited and underpaid.

Through learning about how we are all connected through the things that we eat, drink and wear, young people are equipped with the knowledge and skills to take action for a **fairer, sustainable future** for farmers and workers, and the planet that we all share.

We will be exploring these themes during *Collective Worship, Wondering Wednesdays* and *Thinking Thursdays*.

We want to help our children to engage in social action and to be **courageous advocates** for change in their local, national and global communities.

## YOUNG VOICES CONCERT AT THE O2 ARENA



Our school choir will attend the Young Voices Concert at the London O2 Arena which has now been rescheduled for **Tuesday 24 May 2022**. We have received the tickets and they are completely transferable to the new date. If you are unable to attend the new date (i.e. wish to cancel or refund the ticket) please let us know immediately. You will be unable to rebook through the school if you change your mind later. If we do not hear from you by the end of the month (31 January), **we will assume you are still coming**.

We're so excited to be going to perform there. We have 64 parents and friends coming to support - a huge turnout. For the most part, we'll all be sitting together, which creates a great atmosphere.

## PARENTAL RESPONSIBILITY FOR SOCIAL MEDIA AND ON-LINE BEHAVIOUR

Please make sure that you are keeping your children safe on line by checking their social media / on-line gaming regularly.

As a reminder, I am sharing the recommended age for the following popular uses:

**The minimum age for WhatsApp is 16+, Snapchat is 16+, Fortnite is 12+**

**None of our children are old enough, therefore if children are using these, they need adult supervision.**

As with all social media, respect towards self and others makes us safer. Whether the experience is positive or negative depends on how children use an app or a game, whether or not they are really *friends* or how they treat each other.

Children need their trusted adults to supervise them, guide them, advise them and to tell them no when something is not appropriate.

I don't want to worry parents unnecessarily but I must tell you that children in this school have been groomed by suspected paedophiles on-line, they have been bullied on line, and they have been exploited.

Please take responsibility for your children if they allow them to use social media or go on-line. Parents must also consider that they are role models to their children.

## NATIONAL SCIENCE WEEK

21<sup>st</sup> - 25<sup>th</sup> March

We are currently planning for **National Science Week** and have the theme of **GROWTH**.  
Watch out for more information...

## TT ROCKSTARS

Please keep up with multiplication tables practice using **TT Rockstars**.  
This will help you with maths fluency and confidence and aspects of math.

## ROCKSTEADY

Would your child like to play in their very own rock band? Rocksteady in-school band lessons are the perfect opportunity for your child to learn new skills, develop friendships and have the time of their life.

Watch this short video to see what learning in a band could do for your child's well-being:

<https://www.rocksteadymusicschool.com/watch-video/>



## FLOW WITH STORIES - WORKSHOP FOR RECEPTION CHILDREN

Finding out

Love for literature and language

Originality and owning our stories

Wellbeing wins

Reading workshop for children in Reception on Tuesday 18<sup>th</sup> January

## GAELIC FOOTBALL OPPORTUNITY FOR GIRLS

We are excited to announce a 6 week Gaelic Football For Girls recruitment programme that has kindly been funded by the Broxbourne Council (Details Attached). This programme is open to girls aged 11 and above and is **FREE** to attend. All coaches are fully qualified.

Gaelic Football is a fast-paced sport which incorporates the skills from most mainstream sports - Netball, Soccer, Rugby and Basketball.

Is mise, le meas

With the recent launch of St Joseph's Adult Ladies, this is a unique opportunity to become active/part of girls only teams and progress as a youth player right through to adult level.

**Stephen Lavery**

Community Development Administrator - Hertfordshire

Provincial Council of Britain GAA

Tel: +44(0)7872600075



WHERE WE ALL BELONG



### OUTDOOR PLAY

The weather has started to get cold recently and since all of the children in school concentrate extremely hard in lessons, at break times they will go outside to play, except in very bad weather.

Please ensure that your child has a **raincoat or waterproof jacket**, clearly labelled, in school each day.

Unless it is pouring with rain, PE and games may well be outside - children must have the appropriate clothing for this also.

Children in YN and YR spend 50% of their time outside so would benefit from, hats, gloves and wellies in school each day please.

### BAD WEATHER PROCEDURES

In case of snow, here is a reminder of our weather procedures.

Information will be sent via In-App message, email and an update on the Wormley Facebook page.

As always, safety comes first and the roads can be treacherous during bad weather, so only travel if it is safe to do so.

There will be learning on Tapestry or the Google Classroom if it snows.

The best way to contact the school if you are concerned is via telephone or email: **admin@wormleyprimary.co.uk**. We will try and respond as quickly as we can.



### MESSAGE FROM GIRLS IN Y5

Hi. We are starting a gardening club and we need some help. If any of you have any spare bulbs or seeds, please send them in.

We would love to plant more things around our school and make it a greener place.



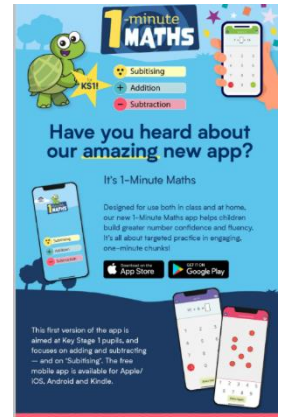
### A FREE MATHS APP FOR KS1

#### 1-minute maths

Designed for home and school, this app helps to build greater number confidence and fluency.

Targeted practice in 1 minute chunks.

Download for free from the APP Store



### POPPY APPEAL

Thank you for the amazing support for the Poppy Appeal. We raised £553.78  
A..MA..ZING!

### CROSS COUNTRY EVENT

Our KS2 pupils have been taking part in cross country running in their PE lessons. Some will take part in a cross country event at Haileybury Turnford on **25<sup>th</sup> January**.  
Look out for more information.

### DODGEBALL CLUB

**SUPER STAR SPORT**

# DODGEBALL

St Catherine's Primary School  
Haslewood Avenue, Hoddesdon,  
Herts, EN11 8HT

Every Thursday  
Ages 5 - 12 Years  
5PM - 6PM

**DODGE  
DUCK  
DIP  
DIVE  
DODGE!**

To book your place please visit our website:  
[www.superstarsport.co.uk](http://www.superstarsport.co.uk)

**£55 for 10 weeks**  
**FIRST SESSION IS FREE**

Try out the club for free.

### HEALTHY EATING

#### Food Scanner App (Public Health England)

We are trying hard to encourage healthy eating including eating vegetables at lunchtime. It is quite hard work.

You could help by downloading the app below: The NHS Food Scanner app brings food labels to life and helps you make healthier choices. Simply scan the barcode to see how much sugar, saturated fat and salt is in your food and drink then choose one of the healthier swap suggestions.

The app is part of a healthy eating campaign and the 'scan, swipe, swap' take-home pack has plenty of resources to help encourage children to build healthier habits for life. Find the resources

here: <https://campaignresources.phe.gov.uk/schools/topics/healthy-eating/overview>

### A WISH FOR A HAPPY NEW YEAR IN 2022

I wish for you all a year of hope, community, love and kindness.

Our God is a 'with us' God. On the heels of the celebration of the birth of our King, that reminder has the power to carry us right into a fresh, new start.