

# News on the Nineteenth

Wormley CofE Primary School (VC)  
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Have Faith, Show Respect, Take Responsibility and Achieve  
[www.wormley.herts.sch.uk](http://www.wormley.herts.sch.uk)

## March 2018

### EASTER CELEBRATIONS

Easter is nearly here and we have some exciting events that we would like to invite families to celebrate with us.



#### Easter raffle

Based on the huge success of our Christmas hampers we are going to raffle Easter hampers this year. To make this possible we would like donations of chocolate and eggs. The more donations we have the more hampers we will have to raffle. All donations should be brought to the class or office by **Friday 23rd March**.

#### Easter Egg competition



By popular demand, the **Easter Egg competition** will run again this year. Each child is invited to decorate a hardboiled egg - in any imaginative, creative way they can think of. A favourite last time was Egg Sheeran! The cost of entering the competition is **£1**. All entries need to be brought to the classroom by **Wednesday 28th March** when the competition will be judged. There will be prizes awarded to the winners in each year group.



#### Easter Messy Church



All families are welcome to join us for an Easter Messy Church on **Tuesday 27th March** straight after school. There will be lots of fun activities, including egg hunts, followed by a meal together. We would love to see you all there.

### EASTER SERVICE



Our annual Easter services will be held at **Wormley Free Church** for children in the Early Years on **28th March** and **St Augustine Church** at 9:45am on **29th March** for KS1&2. Our KS1 and KS2 Easter Service will be held at **St Augustine's Church** at **10 am** on **Thursday 29th March**.

If you would like to join us, we need some volunteers to walk to and from church with us. Please let class teachers know if you can help.

### EASTER BREAK

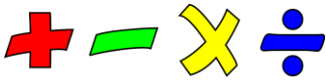
We finish school on **Thursday 29th March** at **1:30**

Children return to school on **Tuesday 17th April**

### MATHS COMPETITION

We are very pleased to say that our year 5 maths quiz team came 2nd out of 15 schools in today's district competition!

Fingers are now crossed that we qualify for the finals as one of the highest scoring runners up!



Well done to Rae, Kai, Mariella and Christen!

### OUTSTANDING PAYMENTS

Please pay any outstanding monies owed for dinners, breakfast and after school clubs, pre-school, trips and milk to the office as soon as possible - as it is nearing the end of our financial year.

Thank you.

### READING POETRY WEEK



We had an excellent Reading Week focused on performance poetry. Thank you for coming to the children's poetry performances - they really enjoyed having an audience to whom they could perform. They really were spine tingling!

As part of the week, all the classes enjoyed a 'swap around' so children could read with mixed age buddies and some classes had a book swap!



Only a couple of weeks left of the **Reading Challenge**. Make sure the children are reading and recording their reading to gain raffle tickets.

The sets of family cinema tickets are waiting to be won at the end of this term.

Also, please keep trying to find sponsors for the **Sponsored Reading Challenge**.

Any money raised will go towards purchasing more quality home reading books. Usborne Books will give us another 60% of funds raised towards their books. Please send in completed forms and monies raised as soon as possible. Thank you

### SECONDARY TRANSFER

Our Year 6 children have been allocated their Secondary School places.

This year nearly all of our children secured a place from their choices of schools.

### NATIONAL ASSESSMENT

Children in **Y6** will sit their SATs exams during the week commencing **14<sup>th</sup> May**.

Please ensure your child is in school punctually as we will be preparing breakfast for them.

Assessment for **Y2** children will also start from **Monday 21st May** and continue through to **Friday 8th June**.

**Y1** Phonic Screening will take place during the week commencing **11<sup>th</sup> June**.

## NATIONAL SCIENCE WEEK - WORMLEY SCIENCE WEEK

9<sup>th</sup> March - 18<sup>th</sup> March

This year's science week - *Time and Space* - was focused on learning about our Planet Earth in Space.



The children and staff really enjoyed all the activities over the week, particularly the visit to the Space Dome on Wednesday, where we were able to travel into space to observe the sun, moon, stars, galaxies, planets, comets and meteors.

Y6 had a great time at the Science Museum. The children were able to see a full-sized replica of *Eagle*—the lander that took astronauts Armstrong and Aldrin to the Moon in 1969. They discovered how we are able to live in space—to breathe, eat, drink and go to the toilet. They had a unique insight into the history of rockets, as suspended from the ceiling are two real space rockets—a British Black Arrow and a United States Scout. Finally, they found out how the space age started in 1957 with the launch of Sputnik 1 and saw a full-size replica of the Huygens module that landed on Titan in 2005 and a model of the Beagle 2 Mars lander. To find out more go to:

<https://www.sciencemuseum.org.uk/see-and-do/exploring-space>



Over the week the children investigated with balloon rockets the force needed to launch a rocket into space; the ratios between a meteor and its crater; and how shadows are formed.

The children were very curious - asking lots of questions. They made predictions, investigated, took measurements and made conclusions - excellent skills.



You can encourage your scientists to carry out a moon watch for the month.



### Did you know?

- In 1957, Britain joined the space race with the launch of its first rocket. Known as Skylark, it was used by scientists to investigate Earth's upper atmosphere and to carry out cutting-edge space research. A total of 441 launches over a period of 48 years made it one of the longest and most successful rocket programmes in the world.
- Only one side of the Moon is visible from Earth because the Moon rotates on its axis at the same rate that the Moon orbits the Earth.





**OUR VALUE THIS TERM IS  
FORGIVENESS**

This term we are thinking about forgiveness as we prepare for Easter.

Saying sorry and being sorry should help others to forgive us when we do something wrong.

*"And whenever you stand praying, forgive, if you have anything against anyone, so that your Father also who is in heaven may forgive you your trespasses."* Mark 11:25

**PARKING**

Our neighbours have requested that we take more care when parking in the area around the school.  
Please do not block people's driveways, park on the pavement or leave cars parked idling.



**STAY IN TOUCH**

We have a school Twitter and Facebook account.

Register to receive our regular posts, **@wormleyprimary** (for Twitter) and find us on Facebook through **Wormley Primary**



**NO SMOKING/VAPING**

Please do not smoke or vape on school premises or outside the school gates.

**NO DOGS**

Dogs are not allowed on the school premises without prior agreement.

**SENDING YOU ALL AN EASTER BLESSING**

We thank you for all of your support this term and wish you a happy and peaceful Easter

Revelation 5

*Then I heard every creature in heaven and on earth and under the earth and in the sea, and all that is in them, singing, 'To the one seated on the throne and to the Lamb be blessing and honour and glory and might for ever and ever!'*



**COMMUNICATION**

*Free workshop in Hoddesdon for mums, dads and carers.*

The workshop will cover:

- \* Helpful and unhelpful ways of communicating
- \* Practical skills to enable effective communication
- \* The effect of active listening on feelings, thoughts and behaviour



**Tuesday 27th March 2018 9.30am - 12.00pm**

**at Forres Primary school, Stanstead Rd, Hoddesdon, EN11 ORW**

To book your FREE place please contact  
Sally: [sally@familiesfeelingsafe.co.uk](mailto:sally@familiesfeelingsafe.co.uk) or  
Tel: **07875 667736**

\* Please quote the date of the workshop you are booking

## CHILDREN'S WELL BEING TEAM

Hertfordshire County Council

Supporting Children & Young People with Anxiety, Low Mood and Challenging Behaviour

### What is Challenging Behaviour?

Examples of Challenging behaviour, where there are no recognised diagnoses, are:

- Resistance going to bed
- Refusing to sleep in their own bed
- Disobedience i.e. not listening
- Mealtime problems i.e. poor table manners
- Tantrums/Misbehaviour in public places i.e. running away
- Fights between siblings/other children i.e. hitting

Remember... Parenting any child is difficult but parenting a challenging child requires specific skills.

### What is Low Mood?

Most young people experience ups and downs during their teenage years and will feel down or upset by things going on in their lives. Some young people will feel sad, lonely, down, anxious or stressed for longer periods of time and it can affect their everyday lives and stop them doing the things they would normally do such as:

- Not wanting to do things
- Not wanting to meet up with friends
- Sleeping more or less
- Feeling irritable, upset, miserable or lonely
- Being self-critical
- Feeling tired and not having any energy

### What is Anxiety?

It is a relatively common mental health issue with 1 in 6 people having it at some point in their lifetime. Anxiety can be:

- Panic/ excessive worry or nerves
- Fear of social situations
- Phobias

Anxiety can cause a person to have:

- Panic attacks and feel nervous and frightened
- Dry mouth/excessive sweating
- Problems with eating/problems with sleeping

**How can we help?** Children's Well-being Practitioners (CWPs) support Children and Young People who are not receiving any other Mental Health or Behaviour support. CWPs will offer 8 sessions.

Sessions will be 1 of the 3 available packages:

1. Guided Self Help with the Parent/s of children with Anxiety.
2. Behaviour Activation with Young People for Low Mood.
3. Parent Training for Parents with Children & Young People displaying challenging behaviour.

Parent/s and Children & Young People will be educated about Anxiety/Low Mood/Behaviour.

CWPs come to you, no need to attend clinics. Contact us on: 0300 123 4043 or at

[childrenswellbeing@hertfordshire.gov.uk](mailto:childrenswellbeing@hertfordshire.gov.uk)

## STAYING HEALTHY

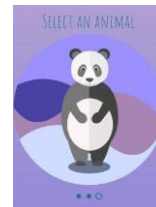
Useful Websites & Apps Websites

Grow - <https://polar-dawn55555.herokuapp.com/login>

Breathe with me - <https://breathewithme.co.uk>

Online Counselling - <https://Kooth.com>

Apps: MindShift MoodTrack Calm



In partnership with



## THE HABS FAMILY SUPPORT TEAM - SPRING 2018 ACTIVITIES

To book a place, please contact the HABS Administrator on  
**01992 303331 Opt 5**

### Activity Prices

Arts and Craft	
Cooking	
Wild in the Woods	£16.95
Multi Sports	
Football Camp	£14.95

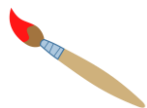
### Wild in the Woods Activities at Wormley School Wednesday 4<sup>th</sup> April

Children can come along and work in the forest school area at Wormley School. They will have the opportunity to take part in den building, natural art activities, clay animals, fire building and many more activities.

### Multi - sports

Wednesday 4<sup>th</sup> April - Tuesday 10<sup>th</sup> April

Football	Dodgeball	Tag-Rugby
Basketball	Athletics	Tennis
Cricket	Kick Rounders	Hockey



### Arts and crafts

Monday 9<sup>th</sup> April and Tuesday 10<sup>th</sup> April

This week will consist of lots of Easter based activities such as making:

- Easter baskets,
- Easter egg scratch decorations,
- Easter cards and many more exciting activities.

### Football Day

Tuesday 3<sup>rd</sup> April

Come along and join in our football fun day. The day will consist of:

- skills and drills,
- mini competitions such as penalty shoot outs, cross bar challenge



Finish the day with a football tournament.



### Arts and Crafts and Cooking

Thursday 5<sup>th</sup> April, Friday 6<sup>th</sup> April.

### Cooking

Tuesday 3<sup>rd</sup> April, Wednesday 4<sup>th</sup> April

This will include:

- Simnel Muffins,
- Easter Shredded Wheat nests,
- Hot Cross Cookies,
- Cranberry and Orange hot cross buns,
- Iced Easter Biscuits
- Little Lemon Chickcakes,
- Chocolate and orange hot cross biscuits
- Mini egg rocky road bites
- Carrot Cake cupcakes