

News on the Nineteenth

Wormley CofE Primary School (VC)
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Tel: 01992 303331

Have Faith, Show Respect, Take Responsibility and Achieve
www.wormleyprimary.co.uk

March 2019

WELL-BEING AWARD

We are very proud to announce that following a verification visit last week, our school's commitment to promoting well-being and positive mental health in our community has been acknowledged.



During the day, we presented our strategies including the Daily Mile, mindfulness and emotional understanding, in addition to a commitment to the arts, enrichment, nurture and support for families through HABS.

We will continue to strive to create a nurturing environment for this community.

WORLD BOOK DAY

Everyone really enjoyed *World Book Day* and entered into the spirit of the occasion with some amazing costumes.

Characters included, *Gangster Granny*, *Elmer*, *Noah*, *Cat in the Hat*, the *Tiger who came to Tea*, the *Enormous Crocodile* and many more.



We had Story Tellers in to read with children and their families in the Early Years. They used puppets to bring the stories to life.

Read Date: Children from different classes mixed together after lunch, with the older children reading to the younger ones.

There was a library loan session for children to borrow books from our newly purchased selection of books. Children shared reviews of their favourite books and their favourite characters.



Only a few weeks left of the *Spring Reading Challenge*.

Please encourage your child to read daily. So much pleasure can be gained from becoming immersed in a book, as a child or an adult. Reading is an invaluable life skill.

NATIONAL SCIENCE WEEK - WORMLEY SCIENCE WEEK

11th March - 15th March



This year's science week - *The origin of birds* - was focused on learning all about different species of birds.

We've had a fantastic week starting with the visit from **Night Owls** with their collection of 8 owls, known as a *parliament* of owls. They were truly amazing and the children were wowed by their presence and their *silent* flight as they flew over their heads. It is easy to see why owls are such sophisticated predators. Their prey would never hear them coming.



The visit certainly spiked a real curiosity about these wonderful *birds of prey* which was increased when the children dissected the owl pellets which the owls regurgitate. The owls are unable to digest the bones and teeth of their prey so they regurgitate these and the animal's fur in pellets. The children recovered vertebrae, skulls, claws and teeth - so identifying what

the birds had eaten. The children found this fascinating.

If the children want a souvenir of the visit, they should return their photo requests as soon as possible.



Then we had a series of visits to Rye Meads Nature Reserve. Here the children were given binoculars to observe from inside the *hides* the *wetland birds* such as terns, gulls, grebes, spoonbills, water hens, herons, duck, geese and swans. They were also on the lookout for common garden birds and the elusive kingfisher.



Despite some challenging weather, including wind and rain, the children embraced the outdoor learning - bird watching, mini-beast hunting and pond dipping. They particularly loved wading through puddles in their wellies and the freedom of the large outdoor space.

A photographer accompanied us on Wednesday and took some amazing shots capturing the excitement and wonder of the children. The staff and volunteers congratulated the school on curious, engaged, excellently behaved pupils.



Then on Monday, the first of our chicks hatched, followed by another and another. To date we have 7 hatched chicks. Some children were lucky enough to watch the chicks breaking out from their eggs. They were totally exhausted! As their feathers dried and fluffed, they went into their new home where they began to peck seeds and drink water.



They are so cute!



RED NOSE DAY
Friday 15th March

A big **THANK YOU** to our members of Pupil Parliament and our families for helping to raise funds for Red Nose Day. It was funny to see so many red noses in our Collective Worship!

ASH WEDNESDAY SERVICE

Are you giving anything up for lent?

Following Pancake Day (Shrove Tuesday), on **Wednesday 6th March**, Rev. Hudson led two Ash Wednesday Services in school. Some of the staff received a cross of ashes on their forehead. The children were invited to make an ash thumb print on the words of Lent if they wanted to.



EASTER CELEBRATIONS

Easter is getting closer and we have some events that we would like to invite families to celebrate with us.

Easter raffle

Based on the huge success of our Christmas hampers, we are going to raffle Easter hampers. If you are able to donate anything chocolatey, we will be able to make more hampers. All donations should be brought to the class or office by **Wednesday 3rd April**.



Easter Messy Church



All families are welcome to join us for an Easter Messy Church on **Tuesday 26th March** straight after school. There will be lots of fun activities, including egg hunts, followed by a meal together. We would love to see you all there.

SECONDARY TRANSFER

Our Year 6 children have been allocated their Secondary School places.

This year nearly all of our children secured a place from their choices of schools.

EASTER BREAK

We finish school on **Friday 5th April at 1:30**

Children return to school on **Wednesday 24th April**

OUR VALUE THIS HALF TERM IS WISDOM

This term we are thinking about questions to which we have no definite answer - we call them **Ultimate Questions**.

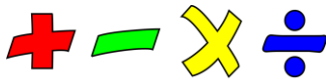
What happens after life? How do we know if God exists?

These will form part of our preparations for Easter.



MATHS COMPETITION

We are very pleased to say that our year 5 maths quiz team came 6th out of 15 schools in this term's district competition! There were some tough rounds!



Well done to our team!

OUTSTANDING PAYMENTS

Please pay any outstanding monies owed for dinners, breakfast and after school clubs, pre-school, trips and milk to the office as soon as possible - as it is nearing the end of our financial year.

Thank you.



FOOTBALL TOURNAMENT

Congratulations to our football team who came third in a local schools football tournament today. They all played a good game and showed excellent sportsmanship.

The trophy will be on display.

NATIONAL ASSESSMENT

Children in **Y6** will sit their SATs exams during the week commencing **13th May**.

Please ensure your child is in school punctually (from 8:30 am) as we will be preparing breakfast for them.

Assessment for **Y2** children will also start from **Monday 20th May** and continue after half-term through to **Friday 7th June**.

Y1 Phonic Screening will take place during the week commencing **10th June**.

KS2 ASSESSMENT

SATs timetable

Monday	Tuesday	Wednesday	Thursday
English Spelling punctuation and grammar short answer questions (paper 1) Spelling test (paper 2)	English Reading paper	Mathematics Arithmetics (paper 1) Mathematics Reasoning (paper 2)	Mathematics Reasoning (paper 3)

KS1 ASSESSMENT

The reading test for Year 2 pupils is made up of two separate papers:

- Paper 1 consists of a selection of texts totalling 400 to 700 words, with questions interspersed
- Paper 2 comprises a reading booklet of a selection of passages totalling 800 to 1100 words. Children will write their answers in a separate booklet

Each paper is worth 50 per cent of the marks, and should take around 30 minutes, but children are not strictly timed. **The texts in the reading papers cover a range of fiction, non-fiction and poetry**, and get progressively more difficult towards the end of the test. There are a variety of question types: multiple choice, ranking/ordering, e.g. 'Number the events below to show in which order they happened in the story', matching, e.g. 'Match the character to the job that they do in the story', labelling, e.g. 'Label the text to show the title', find and copy, e.g. 'Find and copy one word that shows what the weather was like in the story', short answer, e.g. 'What does the bear eat?', open-ended answer, e.g. 'Why did Lucy write the letter to her grandmother? Give two reasons'

The Key Stage 1 maths test is made up of two papers:

- Paper 1: arithmetic, worth 25 marks and taking around 15 minutes.

- Paper 2: mathematical fluency, problem-solving and reasoning, worth 35 marks and taking 35 minutes, with a break if necessary.

There are a variety of question types: multiple choice, matching, true/false, constrained (e.g. completing a chart or table; drawing a shape) and less constrained (e.g. where children have to show or explain their method).

PARENT GOVERNORS NEEDED



We have two vacancies for elected parent governor roles, each for a four year term of office. Our partnerships with our parents and carers are very important and valued and one of the most significant ways we can build on this is through our parent governors.

The role of governors is to ensure that the school's strategic objectives are met and that planning for the future is both self-improving and realistic. We all try to attend school events, visit our link year groups and undertake training to ensure that we know our school well and provide the best support in our role.

We will be emailing more information over the next week but if you think you might be interested, please come in and ask more about the role.

PARKING

Our neighbours have requested that we take more care when parking in the area around the school.
Please do not block people's driveways, park on the pavement or leave cars parked idling.



STAY IN TOUCH

We have a school Twitter and Facebook account.

Register to receive our regular posts, **@wormleyprimary** (for Twitter) and find us on Facebook through **Wormley Primary**



NO SMOKING/VAPING

Please do not smoke or vape on school premises or outside the school gates.

NO DOGS

Dogs are not allowed on the school premises without prior agreement.

SENDING YOU ALL AN EASTER BLESSING

We thank you for all of your support this term and wish you a happy and peaceful Easter

Revelation 5

Then I heard every creature in heaven and on earth and under the earth and in the sea, and all that is in them, singing, 'To the one seated on the throne and to the Lamb be blessing and honour and glory and might for ever and ever!'

BROXBOURNE FAMILY CENTRE SERVICES

Family Centres are now established in their communities and delivering a full service to families in their area.

Please follow this link to the Broxbourne Family Centre website www.hertsfamilycentres.org where you can access information and register to find out about activities, courses and workshops.



EASTER ACTIVITIES ART ON THE BUS



A range of Easter crafts. Children will take home everything that they create!

£15 per day

All materials included in price. Children can attend more than one day

Thursday 18th April 2019

Friday 19th April 2019

10:00am - 3:00pm

Wormley Primary School, Broxbourne EN10 6QA

Please contact adavies@wormleyprimary.co.uk for further information

Booking form available from Wormley School Reception or HABS

LIMITED PLACES AVAILABLE. PLACE(S) CANNOT BE CONFIRMED UNTIL PAYMENT IS RECEIVED AND WILL BE ON A FIRST COME FIRST SERVED BASIS.

EASTER ACTIVITIES

8th April - 16th April



All activities held at **Wormley Primary School, Cozens Lane East, Broxbourne, EN10 6QA.**

Registration 9 - 9.30am, Pick up 3 - 3.30pm.

Early drop off 8.15am & late pick up 4pm

Contact: HABS on 01992 303331 option 5

Or Gary Caslake on 07722 407366

Wild in the Woods Activities FRIDAY 12 APRIL

Children can come along and work in the forest school area. They will have the opportunity to take part in den building, natural art activities, clay animals, fire building and many more.

Arts & Crafts MONDAY 8, TUESDAY 9 & MONDAY 15 APRIL

The children will be able to take part in a range of art and craft activities such as: Sand Art, Hama Beads, Painting, Clay Models and many more exciting activities.

Cooking WEDNESDAY 10, THURSDAY 11 & TUESDAY 16 APRIL

The children will get the opportunity to make a range of sweet and savoury recipes and develop a range of cooking skills such as: mini quiches, bacon & cheese bread, chocolate flapjacks, jam & coconut cakes, shortbread, carrot cake, lemon biscuits, fruit scones.



The HABS Family Support Team – Easter 2019 Activities

The booking/consent form is on the reverse side of this flyer. For further information please contact the HABS Administrator on 01992 303331 Opt 5.

In partnership with



Dance

- Loads of fun and excitement,
- Develops self- confidence,
- Builds spatial awareness,
- Learn a range of different routines,
- Develop teamwork skills and perform as a team,
- All abilities welcome.
- Session is led by a fully qualified coaches who are first aid trained.

£16.95 per day

The Dance day will be on **Monday 8th April** running from 9:30-3:30.

Easter Party Finale

Come and join the fun at our Easter Party on **Wednesday 17th April.**

We will start the morning with a range of fun multi-skill games. This will then be followed by a yummy BBQ where we can enjoy burgers and hotdogs before finishing up with a bouncy castle.

Book now to confirm your place and join us at our Easter Party!!



FAMILIES FEELING SAFE PROTECTIVE BEHAVIOURS

Free evening workshop in Hoddesdon for dads of children 4-16 years

Are you looking for some strategies and new ideas to help improve family life?

- Build self-esteem and confidence
- Recognise Early Warning Signs
- Understand the link between Feelings, Thoughts and Behaviour
- Manage a range of feelings e.g. stress, anger, anxiety and worries and make safe choices
- Understand what may be influencing your child's behaviour
 - Improve communication with your child and others
 - Improve emotional well-being
- Develop strategies for feeling safe and problem solving skills to use in a range of situations



"I've got a whole set of approaches and practical ways to understand family life and Me!"

"I wish I had done the course sooner"

For eligibility and to book your FREE place please phone 01992 303331 ext 5

CHILDREN'S WELL BEING TEAM

Hertfordshire County Council

Supporting Children & Young People with Anxiety, Low Mood and Challenging Behaviour

What is Challenging Behaviour?

Examples of Challenging behaviour, where there are no recognised diagnoses, are:

- Resistance going to bed
- Refusing to sleep in their own bed
- Disobedience i.e. not listening
- Mealtime problems i.e. poor table manners
- Tantrums/Misbehaviour in public places i.e. running away
- Fights between siblings/other children i.e. hitting

Remember... Parenting any child is difficult but parenting a challenging child requires specific skills.

What is Low Mood?

Most young people experience ups and downs during their teenage years and will feel down or upset by things going on in their lives. Some young people will feel sad, lonely, down, anxious or stressed for longer periods of time and it can affect their everyday lives and stop them doing the things they would normally do such as:

- Not wanting to do things
- Not wanting to meet up with friends
- Sleeping more or less
- Feeling irritable, upset, miserable or lonely
- Being self-critical
- Feeling tired and not having any energy

What is Anxiety?

It is a relatively common mental health issue with 1 in 6 people having it at some point in their lifetime. Anxiety can be:

- Panic/ excessive worry or nerves
- Fear of social situations
- Phobias

Anxiety can cause a person to have:

- Panic attacks and feel nervous and frightened
- Dry mouth/excessive sweating
- Problems with eating/problems with sleeping

How can we help? Children's Well-being Practitioners (CWPs) support Children and Young People who are not receiving any other Mental Health or Behaviour support. CWPs will offer 8 sessions.

Sessions will be 1 of the 3 available packages:

1. Guided Self Help with the Parent/s of children with Anxiety.
2. Behaviour Activation with Young People for Low Mood.
3. Parent Training for Parents with Children & Young People displaying challenging behaviour.

Parent/s and Children & Young People will be educated about Anxiety/Low Mood/Behaviour.

CWPs come to you, no need to attend clinics. Contact us on: 0300 123 4043 or at childrenswellbeing@hertfordshire.gov.uk

STAYING HEALTHY

Useful Websites & Apps Websites

Grow - <https://polar-dawn55555.herokuapp.com/login>

Breathe with me - <https://breathewithme.co.uk>

Online Counselling - <https://Kooth.com>

Apps: MindShift MoodTrack Calm

