



# News on the Nineteenth



Wormley CofE Primary School (VC)  
Cozens Lane East, Wormley, Broxbourne, Herts,  
EN106QA

Tel: 01992 303331

Have Faith, Show Respect, Take Responsibility and Achieve

[www.wormleyprimary.co.uk](http://www.wormleyprimary.co.uk)

## March 2024

### DATES

Last day of term:

**Thursday 28th March**

INSET day:

**Monday 15th April**

Children return to school:

**Tuesday 16th April**

### RAMADAM MUBARAK



### SCIENCE WEEK 2024

The children enjoyed an exciting Science Week 2024!

Safari Pete was a great success with the children. He had brought along a collection of creatures from the following animal groups: amphibians, reptiles, spiders, mammals, insects and birds.

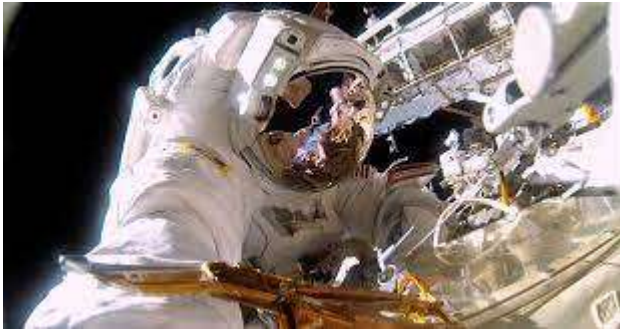


We had a tarantula climbing on the curtains and an Amazonian tree frog on our lunch table!



The children were fascinated to learn about their habitats, their diets and their prey/predators.

Year 6 had a fabulous day at The Natural History Museum. They began by looking at the dinosaur galleries and moved through the museum to find out about Darwin's theory of evolution.



Year 5 watched 'A Beautiful Planet' - the IMAX film at the Science Museum. They 'met' the crew on board the International Space Station who are able to capture stunning footage of our magnificent blue planet and deepen our connection to the place we all call home.

### VALUE OF THE HALF TERM IS PEACE

This half term, we have been considering what it means to be 'peacemakers.' We have been considering examples from the Bible. Jesus said, *"Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid."* John 14:27.



Children have been learning about the Easter story which is at the heart of Christianity.

On **Good Friday**, Jesus Christ was executed by **crucifixion**. His body was taken down from the cross, and buried in a cave. The tomb was guarded and an enormous stone was put over the entrance, so that no-one could steal the body.

On the following Sunday, some women visited the grave and found that the stone had been moved, and that the tomb was empty.



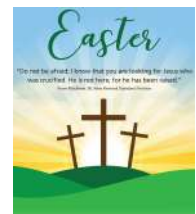
Jesus himself was seen that day, and for days afterwards by many people. His followers realised that God had raised Jesus from the dead.

Christians believe that Jesus reconciles His people to God through His death on the cross; He reconciles His people to one another. Jesus came into the world to redeem a people for Himself out of every tongue, tribe, people, and nation.

### EASTER SERVICE



Early Years Easter service will take place on **Friday 22nd March** at Wormley Free Church  
KS1 and KS2 Easter Service will take place at St Augustine's Church on **Wednesday 27th March**  
If you would like to accompany the children on our walk to the church, please let your child's class teacher know.



## EASTER MESSY CHURCH

You are invited to join this half term's Messy Church!



### For who?

The invitation is to all our families. Children must be accompanied by an adult.

### What is Messy Church?

- Messy Church is a form of church for children and adults that involves creativity, celebration and hospitality.
- It's for all people even if they do not belong to another form of church.
- It meets at a time and a place that suits people who don't already belong to church.
- It typically includes a welcome, a creative time to explore the biblical theme through getting messy; a short celebration time involving story, prayer, song, games and similar; and a sit-down to eat together at tables. All elements are for, and should include, people of all ages, adults and children.
- It's fun.
- It's a church for people at all stages of their faith journey and of any age - a congregation that is as valuable and worthy of investment as any of your other congregations.
- It models and promotes good ways of growing as a family: a nuclear family, an extended family, and a global and local church family.
- Its aim is to introduce Jesus, to give an opportunity to encounter him and to grow closer to him.

### When is Messy Church?

Messy Church will be in on **Tuesday 26th March, 3:25 - 5:00.**

### Where is Messy Church?

Messy Church takes place in the KS2 hall. Entering through the front gates, follow signs to the Community Classroom. There you will see doors into the main building which lead to the KS2 hall.

### How much does it cost?

There is **no cost** to families. Messy Church is **free** - a gift to all who attend.

## WORLD BOOK DAY

We hope the children enjoyed World Book Day. It was lovely to see the older children sharing their favourite non-fiction books with the younger ones.

The younger children also had their favourite books to share.

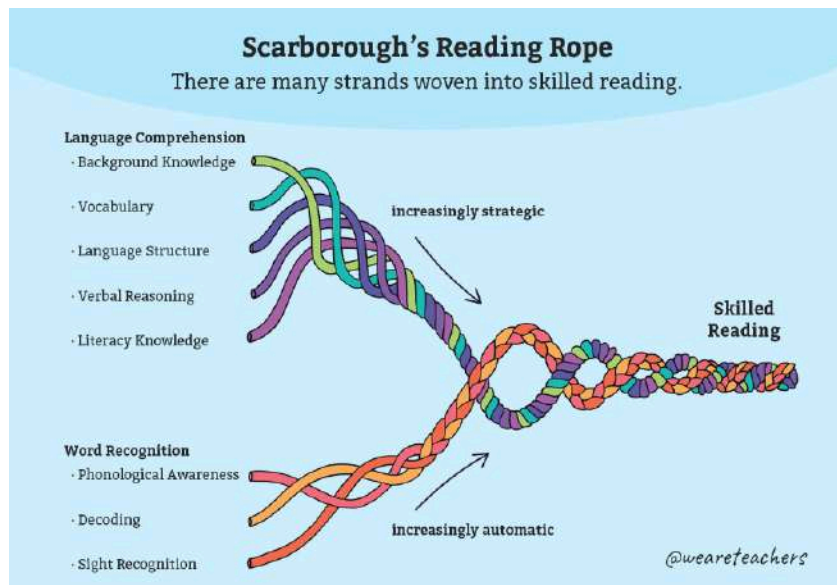


The **Reading Challenge** continues until Easter so keep reading as much as you can, whenever you can, wherever you can!

We have been so impressed with the number of children regularly reading and have given out prizes, including Wormley Reader Bears, to many children. We have cinema tickets for 3 families to award at our Easter Service. Please make reading with your children a special time every day - no matter what their age - every child loves to be read a story.

## Reading - The balance between fluency and comprehension

This model was developed by Dr. Hollis Scarborough in the early 1990s to help parents understand successful reading.



Skilled readers need to be able to master how to decode words (phonics) and know what they mean (vocabulary).

Parents help children to be successful when they read to their children, listen to them read and talk about what they are reading together.

Helping your child to read fluently is essential!

Not having time to read with them is like not having time to feed them! They

cannot progress without being able to read.

Teachers teach an effective balance between:

**Word recognition:** independent book reading within the appropriate ZPD / reading aloud to an adult / choral and echo reading and

**Language Comprehension:** (individual readers/guided reading/Take One Book sequences)

### SECONDARY TRANSFER

Our Year 6 children have been allocated their Secondary School places. If your child did not secure a place from one of their choices of schools, please ensure that you put your child's name on the continued interest list.

### Easter Egg Hunt

The Dragons Apprentice Team have organised an Easter Egg Hunt to raise money for a local charity called Place 2 Be. If your child would like to take part please make payment on Arbor. The cost is £2.50 Payments need to be made by Fri 22<sup>nd</sup> March.

### SCHOOL LUNCHES

Carrying out lunchtime duty in the KS1 hall with Reception, Year 1 and Year 2, we have a few requests for help from you:

- Please encourage your children to eat vegetables, salad and fruit. At least 5 a day is essential for healthy growth and development.
- Please encourage your children to eat confidently with a knife and fork. They need a lot of help to cut their food or they pick food up with their hands. Please can you persevere with helping them to do this - it is an important social skill.
- A few home packed lunchboxes have lots of sweet or salty contents. The standards for home packed lunches must match the standards for school prepared lunches if we are to help children develop well and to eat healthily.

#### Healthy Lunchbox Tips (from the Foods Standards Agency)

The key to a healthy packed lunch is getting the right balance of a wide variety of food groups. A healthy packed lunch should include:

- A good proportion of starchy food e.g. bread, wholegrain roll, tortilla wrap, pitta pocket,
- chapatti, pasta, rice, salad
- A portion of lean meat, fish or alternative e.g. chicken, tuna, ham, egg, cheese, beef, beans,

- hummus
- Plenty of fruits and vegetables e.g. apple, satsuma, handful of cherry tomatoes, carrot sticks,
- small tub of fruit salad, box of raisins
- Dairy food e.g. reduced fat cheese, yoghurt, fromage frais
- A drink e.g. water, yoghurt drink, unsweetened juice
- Choose crisps & snacks low in salt and fat (2 examples below)



Here are some tips to get started:

- Try different breads or other starchy foods for variety, such as a pasta salad or a rice salad
- Use butter/spread sparingly and choose low fat spread/butter
- Include brightly coloured, chopped vegetables
- Add salad to sandwiches and chopped vegetables to salads
- Select some low fat yoghurt
- Add a slice of malt loaf, banana bread, a sponge cake or a fruit scone
- Include chopped fruit or a piece of whole fruit



## Waters

We encourage water as a primary drink. This helps with good dental hygiene.



The children are encouraged to have a drink bottle with them in class to help them hydrate during the day. This must only contain still water. Water and cups are available in the classroom for those without their own.

All schools are directed by government and OFSTED (Office for Standards in Education) to promote healthy lifestyles and therefore a healthy diet whilst in school.

The Midday Supervisors, on behalf of Senior Leaders and the Governors of the school, check to ensure that packed lunches match the strict healthy guidelines of school dinners. In order to support parents we offer lots of guidance about packed lunches, from the moment they start school (in the starter pack) and regularly in newsletters.

We expect parents to be informed, to support the school's endeavours and to promote healthy diets for their children's health and well-being.

Parents may of course choose to feed their children whatever they like outside of school.



## OUR COMMUNITY POLICE OFFICER

We welcomed PC Dan in to talk to the children in KS2 about risky behaviours on-line. As PC Dan pointed out many of the on-line sites the children are using are not for their age group. It is actually a crime - of fraud - to declare that a child is of age to use WhatsApp, Instagram, Snapchat etc. This leaves children vulnerable when reporting unsafe behaviour.

## JIGSAW PSHE SCHEME OF LEARNING SPRING 2: HEALTHY ME



This half term, **Spring 2**, our Jigsaw unit has been '**Healthy Me**'.



This unit focuses on: healthy lifestyle choices, being safe and keeping clean, road safety, healthy eating, exercise, respect for myself and others, healthy friendships, assertiveness and emotional and mental health.

This unit compliments our school's **Wellbeing Agents** and Science education.

### Agent Lifestyle

- Sleep
- Balance
- Friendships
- Laughter



The agent, whose name was **Agent Lifestyle**, always had a good night's *sleep* to make sure that he woke each day in a positive mood. This helped him to prepare for the day and to build healthy *friendships* with others. He *laughed* a lot! He practised mindful breathing each day to clear his mind, to calm him and to achieve peace for the day. This helped him to *self-regulate*.

Agent Lifestyle wanted to meet like-minded agents to help him spread the message of wellbeing and decided to travel in his 'Mind- Mobile' in search of others with whom he could share his message.

Agent Life-style had met **Agent Nutrition** and he loved the way he could learn and improve his own life-style and *diet* even more with her help! He knew it would increase his *energy*. He asked her if she would help him teach others about nutrition and advising on what to eat to maintain their health, sharing a message of *diversity*. She agreed enthusiastically because she already knew of another who could help them further.

### Agent Nutrition

- Mood
- Diversity
- Energy
- Diet



### Agent Kinetic

- Endurance
- Stamina
- Agility
- Creative movement



This was **Agent Kinetic** who agreed to join the agents in their mission to spread the message amongst others. With his strong leadership skills, he set up routines for both Agent Life-style and Agent Nutrition to follow and endorse, in order to develop *stamina* and *endurance*.

**Agent Kinetic** knew of an agent called **Agent Mindfulness**. She had the amazing ability to empathise with others, always show *positivity* and understand her own and other's emotions. She helped others to control, *regulate* and understand their own feelings in order to achieve a sense of *peacefulness*. Agent Mindfulness had many friends and encouraged healthy relationships and friendships. She always looked on the bright side and was excellent at *listening* if others should need someone to talk to. She wanted to join the group and help everyone develop their agency.

### Agent Mindfulness

- Peacefulness
- Positivity
- Regulation
- Listening



The wellbeing agents were now complete and their message could be shared!

To provide you with a better understanding of Jigsaw and the statutory content of RSHE we have created a brochure. The brochure outlines the Jigsaw curriculum, explains why we teach RSHE and

which topics are taught. It also provides caregivers with some useful tips for talking to children about RSHE. If you have any questions or wish to request the further guidance outlined in the brochure, please contact either Mr Emmett [semmett@wormleyprimary.co.uk](mailto:semmett@wormleyprimary.co.uk) or Mrs Gaiteri [head@wormleyprimary.co.uk](mailto:head@wormleyprimary.co.uk)

**DONATIONS**

Do you have any play baby buggies you can donate to Year 1?  
 We are also looking for lego, cars, plastic animals, complete jigsaw puzzles, wet play games.  
 Thank you

**CLUBS**

Monday: Invasion Games / KS1 Street Dance  
 Tuesday: KS1 football / KS2 Street Dance  
 Wednesday: KS2 football / tennis  
 Thursday: Gymnastics  
 Friday: KS2 Dodgeball/ tennis

**STAY IN TOUCH**

We have a school APP, Twitter and Facebook account.  
 Register to receive our regular posts,  
**@wormleyprimary** (for Twitter)  
 and find us on Facebook through **Wormley Primary**

**HABS FAMILY SUPPORT SERVICES BASED AT WORMLEY**

HABS (*Hoddesdon and Broxbourne Settings*) is a Local Schools Partnership that consists of 15 local primary and secondary schools.

We employ a team of highly trained Family Support workers, and counsellors, to support our local schools and the community offering a diverse package of support from counselling, to working on projects in the community to help improve the lives of families living within Hoddesdon, Broxbourne, Turnford and Wormley.

The available support on offer is open to all families whose children attend the partnership schools, and range from parenting classes, holiday activity sessions and family support. This encompasses a wide range of issues including; mental health, domestic abuse, emotional well-being, debt, bereavement and loss, counselling, therapeutic coaching, financial support and other complex issues.



Please contact our team or your local school for more information via our Facebook page.

**SENDING YOU ALL AN EASTER BLESSING**



**This Joyous Time of Year**

May the glory and the promise of this joyous time of year bring peace and happiness to you and those you hold most dear.

And may Christ, Our Risen Saviour, always be there by your side to bless you most abundantly and be your loving guide.

