

NEWS ON THE NINETEENTH

Wormley C of E Primary School (VC)

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Have Faith, Show Respect, Take Responsibility and Achieve

www.wormleyprimary.co.uk

November 2020

CORONAVIRUS UPDATE

Some parents are still unsure of the procedures to follow in regards to the symptoms of COVID-19, so I have pasted information below from the NHS website below:

CHECK IF YOU, OR YOUR CHILD, HAS CORONAVIRUS SYMPTOMS

Main symptoms

The main symptoms of coronavirus are:

- a high temperature - this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- a new, continuous cough - this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste - this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least 1 of these symptoms. If you have any of the main symptoms of coronavirus (COVID-19), get a test as soon as possible.



What do I do if I have symptoms?

If you have any of the main symptoms of coronavirus:

1. Get a test to check if you have coronavirus as soon as possible.
2. You, **and anyone you live with**, should stay at home and not have visitors until you get your test result - only leave your home to have a test.
3. Anyone in your support bubble should also stay at home if you have been in close contact with them since your symptoms started or during the 48 hours before they started.

Get a test to check if you have coronavirus on GOV.UK

What is a support bubble?

A support bubble is where someone who lives alone (or just with their children) can meet people from 1 other household. Find out more about making a support bubble with another household on GOV.UK.

Click on the link to the [school website](#) for more FAQs.

"Head teachers will have the discretion to decide whether to ask staff or visitors to wear face coverings" gov.uk

If you are coming onto school premises, we expect you to wear a mask unless you have an exemption. Having asthma is not an exemption. See information [here](#)

We have had our first positive case of COVID-19 this week which means we have had to close a bubble. We have also had a few individuals who have had to isolate. We need everyone to **stay vigilant** so that we can keep everyone in school until Christmas - 1 month away! Please do your bit.



SCHOOL PRIORITIES AND OUR DEVELOPMENT PLAN 2020-2021

Please find below a summary of our priorities for developing and improving the school this year.

A full version is available on the website - [School Development Plan \(SDP\)](#).

<p>Priority 1</p>	<p>To raise the achievement of all children</p> <ul style="list-style-type: none"> To support pupils to attain at least in line with and above national averages To support pupils to make progress that is at least in line with and above national averages To continue to develop a mastery approach in Maths based on the principles of fluency, talk, CPA, using misconceptions, and application to improve children's ability to reason mathematically To continue to develop children's love of reading and ability to read strategically To continue to build all pupils' vocabulary and narrow the language gaps of disadvantaged pupils To use strategies to ensure pupils with spelling difficulties can meet age related expectations
<p>Priority 2</p>	<p>To develop the professionalism of staff and distribute leadership</p> <ul style="list-style-type: none"> To plan for high quality professional development to enable all staff to lead school development and improvement To understand the relationship between executive function, metacognition and self-regulation and academic achievement To embed a mastery/enquiry approach to learning across the curriculum in order to foster engagement and deep learning
<p>Priority 3</p>	<p>To make visible the social aspects of children's learning in order to maximize individual learning potential, accelerate progress and raise attainment</p> <ul style="list-style-type: none"> To bring together academic research and practical innovation to build understanding and improve learning outcomes To evaluate the impact of the curriculum
<p>Priority 4</p>	<p>To develop the effectiveness of the school's distinctive Christian vision in enabling pupils and adults to flourish</p> <ul style="list-style-type: none"> To be familiar with, and develop understanding of the relevance of, the 7 strands of the SIAMS SEF To ensure that the curriculum allows pupils to engage with spiritual and ethical issues, as well as difference and diversity (local, national and global) To ensure pupils are involved in the planning, leading and evaluating of collective worship To ensure that governors evaluate the school's vision through rigorous self-evaluation In the light of the CofE Statement of Entitlement, ensure RE is planned effectively through a coherent curriculum which allows pupils to develop an understanding of Christianity and other religions

To further support your children achieve their potential, please **read with them every night** - a range of books and magazines as well as school books - and **discuss the stories and articles** that interest them; encourage them to **practise their handwriting** for five minutes a day; help them to **learn their multiplication tables forwards, backwards and inside out** in fun ways with songs and poems; teach them to **tell the time**; give them actual **coins to spend** so they understand the idea of **money** and dedicate a little amount of time each day to talk to them about their learning, their strengths and what they want to improve.

We thank you for your continued support



REMEMBRANCE SERVICE

We held a **Remembrance Service** in each class on **Wednesday 11th November**.

This included a 2minute silence to think about those who have been, and continue to be, affected by war around the world.

We prayed for peace and equality in the world.

Lots if the children created poppies in art, wrote prayers and reflected on their thoughts about Armistice Day.

A very kind parent made us this beautiful cake as a thank you - it was *almost* too good to be eaten but very much appreciated!

ANTI-BULLYING WEEK

This week is national Anti-bullying Week (16th - 20th November).

The theme for 2020 is:

United Against Bullying

The Anti-bullying Alliance has worked with over 300 young people and 100 members of school staff to develop the theme for this year's Anti-Bullying Week.

Here is their manifesto for change in Anti-Bullying Week 2020:

This year, more than ever, we've witnessed the positive power that society can have when we come together to tackle a common challenge. Anti-Bullying Week is no different. Bullying has a long lasting effect on those who experience and witness it. But by channelling our collective power, through shared efforts and shared ambitions, we can reduce bullying together. From parents and carers, to teachers and politicians, to children and young people, we all have a part to play in coming together to make a difference. We're all a piece in the puzzle, and together, we're united against bullying.

Our assemblies, Collective Worship and PSHE lessons will use the resources from the alliance to prompt children to think about how what bullying is and how they might put a stop to it.

We think about bullying as causing harm to another person

several times on purpose -
STOP bullying

Several
Times
On
Purpose

This website is a useful source to follow up at home
www.anti-bullyingalliance.org.uk

ODD SOCKS DAY

On Friday 20th November, we are encouraging children to wear their odd socks to school as a symbol of their individuality and uniqueness.

We are all different yet also the same

Children can watch children's TV star *Andy Day* and his band *Andy and the Odd Socks* at www.youtube.com/watch?v=c6hR6rTHFSk&feature=youtu.be



HERTFORDSHIRE JUST TALK CAMPAIGN

During the week of **16-22 November**, Young People, Parents/Carers and Professionals can sign up to **FREE** webinars on topics such as:

- The Importance of Sleep for Teenagers
- Five Ways to Wellbeing
- Mindfulness for School Staff
- Managing Separation Anxiety
- Developing Resilience
- Health, Nutrition and Wellbeing
- Wellbeing for Parents/Carers
- Mental Health & Wellbeing for Young People



To book visit the Just Talk site, click [here](#). To make it as easy as possible to get involved in this year's Just Talk campaign week, everything is online.

THE HODDESDON MENTAL HEALTH SUPPORT TEAM (MHST)

The Hoddesdon Mental Health Support Team (MHST) offers parent led interventions for mild to moderate emotional wellbeing and mental health.

The MHST's primary focus is on supporting developing issues around Anxiety and Challenging Behaviour in Children and Young People.

All interventions begin with an initial assessment which enables the practitioner to gather background information and gain an understanding of the presenting need for the child or young person.



Anxiety

This is an evidence based intervention that follows a model developed specifically for parents to support their child using a Cognitive Behaviour approach. The intervention explores Psychoeducation, Impact, Coping Strategies, Distraction Techniques and uses goals to drive the intervention to completion. It requires 8 sessions, normally lasting 60 minutes, and can be completed either in school or virtually using an online platform. The child is not required to be present throughout the sessions however it is helpful to meet them once or twice. In between sessions, parents will be asked to do a small amount of reading and complete tasks set by the practitioner.

Challenging Behaviour

This is an evidence based intervention that follows a model developed specifically for parents to manage behaviour at home. The intervention explores Positive Reinforcement, Routines, Sleep Hygiene, Rewards and Consequences and is designed to meet the specific needs of the parent and child. It requires 8 sessions, normally lasting 60 minutes, and can be completed either in school or virtually using an online platform. The child is not required to be present throughout the sessions however it is helpful to meet them once or twice. In between sessions, parents will be asked to do a small amount of reading and complete tasks set by the practitioner.

Group Work

When requested, the MHST is also able to offer these interventions in a group setting. If this were to be requested at this time it would be conducted virtually given the current risk of Covid-19.

If this is something you might be interested in, please contact the school by emailing admin@wormleyprimary.co.uk

PARENT CONSULTATIONS

A big THANK YOU to parents who trialled our on-line consultations this term. We will be sending out a short survey to seek your feedback.

ROCK STEADY

We have a few spare places in Y5 for pupils who would like to join a school rock band. Please contact the school if you are interested.

ADMISSION TO SCHOOL - RECEPTION YEAR

The application process for places at primary school for September 2021 is open (from 2nd November 2020 - 15th January 2021). This process is for children currently in nursery. A virtual tour of our school is available on the school website.

To apply, go to www.hertfordshire.gov.uk/admissions. If you do not have access to a computer, or trouble in completing an application, please contact the school for help. If you do not have internet access, copies of the booklet, school directories and an application form can be requested by calling the Customer Service Centre.

Late applications are not dealt with until all on-time applications have been considered and therefore you will be much less likely to be offered a place at one of your preferred schools if you apply late.



ADMISSION TO NURSERY

- FREE EARLY EDUCATION AND CHILDCARE FOR 3 AND 4 YEAR OLDS

All children from the term after they turn three are entitled to 570 hours of free early education per year until they start full-time school.



Parents must apply directly to a school for a nursery school place as the Local Authority no longer processes nursery applications.

If you would like to request a nursery place at **Wormley CofE Primary School**, please call for an application or download one from the website. We are currently only able to offer a virtual tour of the school.

Please contact the school office to ask for information on **01992 303331**

THE VALUE OF EQUALITY

This half term, we are exploring *equality*.

Equality is about ensuring that every individual has an equal opportunity to make the most of their lives and talents. It is also the belief that no one should have poorer life chances because of the way they were born, where they come from, what they believe, or whether they have a disability. Equality recognises that historically, certain groups of people with protected characteristics such as race, disability, gender and sexual orientation have experienced discrimination.

In this school community we want everyone to feel a sense of belonging - we *belong* together and we *respect* one another. We want everyone to feel included. As Jesus tells in the Bible, you should love your neighbour as yourself. There is no other commandment greater than this.



"So God created mankind in his own image" Genesis 1:27

PANTOMIMES

This Christmas we have arranged an on-line pantomime for the children to watch in the last week of term.

CHRISTMAS JUMPER DAY

On **Friday 11th December** we are celebrating Christmas Jumper Day. Children are invited to wear their Christmas jumpers. We are planning a **Santa Dash** too. More details to follow.



CHRISTMAS RAFFLE

This Christmas, we will not be able to hold a Christmas Fayre. Instead, staff are preparing some amazing Christmas hampers as a fund raiser. We will be selling tickets - £5 for 5 tickets. They can be purchased via School Gateway. No cash please. Please buy some and perhaps sell some to family and friends - that would be fabulous!

Tickets will be drawn on **Thursday 17th December**



CHRISTMAS LUNCH

On Wednesday 16th December

it is our school Christmas Lunch.



If your child does not usually have a dinner on this day, they may order a school Christmas dinner.

Please pay via School Gateway - selecting traditional or vegetarian option.

DIWALI CELEBRATIONS

Wishing happiness to all our families who celebrated Diwali at the weekend.



We have enjoyed hearing about celebrations in school.

END OF TERM

We finish term on Friday 18th December at 1:30pm

START OF NEW TERM

We start the Spring Term on Tuesday 5th January

HALF TERM

15th February - 19th February

SEND WORKSHOPS FOR PARENTS AND CARERS

Encouraging Positive Behaviour in children aged up to 16

Gain a better understanding of why children with additional needs behave the way they do. Learn ways to handle difficult situations in a calm, stress-free manner. Explore ways of supporting and encouraging your child and how to get support and help.

When: Thursday 19th November 10:00 am

Book now via Eventbrite www.eventbrite.co.uk/e/encouraging-positive-behaviour-a-workshop-for-parent-carers-tickets-127867833131

ONLINE- NAVIGATING THE SEND WORLD

Beginning The Journey Workshop



Workshop Content:

- The Language of SEND
- Health
- Education
- Social Services
- Support Services

This workshop looks at services and support available to parents of children with Special Educational Needs. Parents will feel more confident and able to navigate the complexities of the SEND world, so they can access the support they need for their family

Date: Wednesday 25th November 2020 Time: 10am - 12pm

Cost: Free - For Parent/Carers

WWW.SPACEHERTS.ORG.UK
SPACEHERTS@GMAIL.COM
ALSO ON FACEBOOK

Please use the Eventbrite link below to reserve your place:

<https://www.eventbrite.co.uk/e/navigating-the-send-world-beginningthe-journey-workshop-tickets-118195408649>

Limited Places Available

ONLINE - PARENTING SUPPORT GROUPS

With the continuing uncertainty surrounding group meetings and social contact, Supporting Links, along with the commissioners at Herts County Council, have maintained the decision to keep our Parenting Support Groups ONLINE for the **SPRING TERM of 2021**.

They are pleased now to bring you details of 11 further courses starting after the Christmas break. Starting in January, they are offering the following 6 week courses (FREE of charge to parents) as follows:

Understanding Behaviour in your child with Additional Needs (2 courses)

Talking Families (3 courses)

Talking Teens (4 courses)

Talking Dads (2 courses)

BOOKINGS FOR THESE COURSES ARE NOW OPEN.

Please contact the SENCo senco@wormleyprimary.co.uk if you would like help accessing these groups

or email to bookings@supportinglinks.co.uk

or phone 07512 709556.

Please also like our FB page and find us on LINKEDIN for ongoing updates.

ACTION FOR HAPPINESS



ACTION CALENDAR: NEW WAYS NOVEMBER 2020



SUNDAY

1 Make a list of new things you want to do this month

8 Find out something new about someone you care about

15 Go outside and do something playful - walk, run, explore, relax

22 Find a new way to tell someone you appreciate them

29 Discover your artistic side. Design your own Christmas cards!

MONDAY

2 Respond to a difficult situation in a different way

9 Plan a new activity or idea you want to try out this week

16 Look at life through someone else's eyes and see their perspective

23 Set aside a regular time to pursue an activity you love

30 Look for reasons to be hopeful, even in difficult times

TUESDAY

3 Get outside and observe the changes in nature around you

10 When you feel you can't do something, add the word "yet"

17 Try a new way to practice self-care and be kind to yourself

24 Share with a friend something helpful you learned recently

WEDNESDAY

4 Sign up to join a new course, activity or online community

11 Be curious. Learn about a new topic or an inspiring idea

18 Connect with someone from a different generation

25 Use one of your strengths in a new or creative way

THURSDAY

5 Change your normal routine today and notice how you feel

12 Overcome a frustration by trying out a new approach

19 Broaden your perspective: read a different paper, magazine or site

26 Tune in to a different radio station or TV channel

FRIDAY

6 Give yourself a boost. Try a new way of being physically active

13 Choose a different route and see what you notice on the way

20 Make a meal using a recipe or ingredient you've not tried before

27 Enjoy new music today. Play, sing, dance or listen

SATURDAY

7 Be creative. Cook, draw, write, paint, make or inspire

14 Find a new way to help or support a cause you care about.

21 Learn a new skill from a friend or share one of yours with them

28 Join a friend doing their hobby and find out why they love it



"You never know what you can do until you try" ~ C. S. Lewis



ACTION FOR HAPPINESS



www.actionforhappiness.org

Learn more about this month's theme at www.actionforhappiness.org/new-ways-november

Keep Calm · Stay Wise · Be Kind