

NEWS ON THE NINETEENTH

WITH *God*
ALL THINGS ARE
possible

Wormley CofE Primary School (VC)
Cozens Lane East, Wormley, Broxbourne, Herts,
EN106QA

Tel: 01992 303331 Fax: 01992 303332

Have Faith, Show Respect, Take Responsibility and Achieve

www.wormleyprimary.co.uk

November 2023

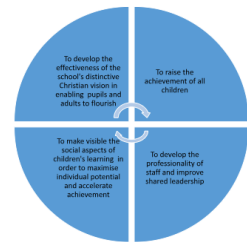
SCHOOL GATES

We are very happy to have installed our electric gates at last. They provide much greater security to the site. The pedestrian gates will be opened from 8.30am - 9.00am and opened again at 3.00pm. Visitors will need to buzz for entry. Only staff will be able to enter by car, using their fobs, unless you have a disability badge.

SCHOOL PRIORITIES AND OUR DEVELOPMENT PLAN 2023-2024

As soon as our governors approve this year's school development plan, you will be able to access it on the school website. The plan sets out our priorities for developing and improving the school over this year.

Wormley C of E Primary School Development Plan
2023 2024
With God all things are possible (Matthew 19:26)
Have Faith, Show Respect, Take Responsibility and Achieve
Building a Learning Community



Our **English** focus this year will be developing and embedding strategies which enable children to write independently for a variety of audiences and purposes within different subjects. Our **Maths** focus will be embedding maths mastery approaches based on the 5 big ideas (coherence, representation, variation, fluency and reasoning) to broaden and deepen our children's mathematical understanding and their fluency.

We will continue to develop children's character - helping them to understand themselves as individuals and learners - and promote their social, emotional, personal and spiritual development.

AN ARTS-RICH HOME ENVIRONMENT

A big **THANK YOU** to all of our wonderful parents and carers who have been engaging in fantastic arts and crafts home learning.

Our school is full of wonderful Tudor houses, models of Stonehenge, Celtic and Roman swords and shields, Viking boats and much, much more.

You are all so creative!

A publication from the OECD (2018). *Engaging Young Children: Lessons from Research about Quality in Early Childhood Education and Care* reports that,

'Children who take part in arts activities with their care givers grow their creativity, innovation, empathy and resilience. The arts support the development of communication, pro-social skills and motivate children to learn.'

It is very clear that children whose parents engage in activities such as playing, reading, writing, telling stories and singing songs not only tend to achieve better reading and numeracy skills, but are also more motivated to learn.

Thank you for your time and patience.



ARE YOUR CHILDREN SAFE OR UNSAFE ON-LINE?

Are you one hundred percent certain of what your child is doing on-line? Do you know who they are talking to via phone, tablet and gaming consoles? Do you know their 'friends'? Do you know what they are talking about / reading about / listening to on-line?

Do you know if they are experiencing cyber-bullying, exposure to indecent content, grooming?
Our experience is that many parents and carers are often shocked.



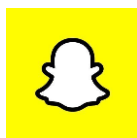
It is extremely difficult to stay ahead of changes in technology and on-line platforms; it is extremely time consuming to keep a check of your child's activities on-line; it is extremely challenging to restrict your child's on-line activities but unless you do, they are not safe on-line.

Children need to be safeguarded and they need rest - away from technology.

Please consider turning off the internet access at 8pm (at the latest).

Children should be calming, resting and preparing for sleep / sleeping. So many children are tired in school and report watching tv and being on-line very late.

This makes it very difficult for them to focus in school, pay attention to important learning and be engaged.



Snapchat 13 years +



Whatsapp 16 years +



Instagram 13 years +

It is too late to wait until your child has been harmed from being unsafe on-line.

The Cyber Protect & Prevent Officer at Hertfordshire Police have recommended **Qustodio**: This is an all-in-one parental control and digital wellbeing solution.

According to their website, Qustodio's parental control tools can keep their children's screen time safe and balanced on every device—all from a single dashboard.

<https://www.qustodio.com>

Hertfordshire Police would also like to introduce some new teaching resources. Developed by the NCSC and quality assured by the PSHE Association, these free resources include an award-winning online game and unique interactive short film to develop children's key cyber security knowledge, skills and behaviours — helping them navigate the risks of online life more safely.

Cyber Sprinters for 7-11 year olds:

<https://www.ncsc.gov.uk/collection/cybersprinters>

CyberFirst for 11-14 year olds:

<https://www.ncsc.gov.uk/collection/cyberfirstnavigators>



REMEMBRANCE SERVICE

We held a **Remembrance Service** in school on **10th November**.

This included a minute's silence to think about those who have been, and continue to be, affected by war all around the world. We prayed for **peace, justice and love** in the world.

Lots of the children created poppies in art, wrote prayers and reflected on their thoughts about Armistice Day.

END OF THE AUTUMN TERM

The Autumn Term ends on **Wednesday 20th December** at 1:30 pm

START OF THE SPRING TERM

School begins on **Monday 8th January**

HALF TERM
19th - 23rd February



ANTI-BULLYING WEEK

National Anti-bullying Week (13th-17th November). Anti-Bullying Week 2023 had the theme

Make A Noise!

Teachers and children wanted a theme that empowered them to make a noise about bullying. Our assemblies, Collective Worship and PSHE lessons used the resources from the alliance to prompt children to think about what bullying is and how they might put a **stop** to it.

We think about bullying as causing harm to another person several **t**imes **o**n **p**urpose -

STOP bullying

Several
Times
On
Purpose



The week began with **Odd Socks Day**. It is a day when schools, workplaces, and individuals join together to show that **it's okay to be different** and to stand up against bullying and discrimination.

The call to action:

1. Too often, we are silent when we see bullying take place, silent about the hurt bullying causes, and silent when we hear bullying dismissed as 'just banter'. It doesn't have to be this way.
2. Of course, we won't like everyone and we don't always agree, but we can choose respect and unity.
3. This Anti-Bullying Week let's come together to have discussions about what bullying means to us, how banter can turn into something more hurtful, and what we can do to stop bullying. Together, we can make a difference and take a stand against bullying.
4. From the playground to Parliament, and from our phones to our homes, let's make a noise about bullying.

The children agreed that we want an end to bullying in our school - everyone has the right to be respected and treated equally. We all have a responsibility to uphold these rights. We are trying to 'just be kind'!

PAUL COOKSON: THE MAN WHO LAUNCHED A THOUSAND POEMS

We welcomed poet Paul Cookson to school on Friday 17th November to read his poems to KS2 and run a poetry workshop for Y5 children. Paul Cookson has visited thousands of schools, performing to hundreds of thousands of pupils and staff. His performances leave long standing impressions; his poem, - Let No-one Steal Your Dreams, - has been adopted by numerous schools as their mission statement.

Paul is also the official Poet In Residence for the National Football Museum. He is the Poetry Ambassador for United Learning and the Poet Laureate for Slade!

As part of the National Year of Reading Paul was nominated a National Reading Hero and received his award at 10 Downing Street.



SCHOOL TOURS

Looking for a school place in Nursery or Reception? Join for a tour of the school on the following dates: **23rd November** and **30th November** at 9:30am - call 01992 303331 opt 7 to book



CONGRATULATIONS TO OUR FOOTBALL TEAMS

Our A and B football teams took part in a tournament last week and returned with a first place (Team A) and a second place (Team B). Congratulations!



PRIMARY SCHOOL ADMISSIONS

The application process for places at primary, junior and middle schools for September 2023 opened on **Tuesday 1 November 2023**.

This process is for children currently in nursery, for children in year 2 (in infant schools) and year 4 (in first schools).

'Under 11s 2023 leaflets' will be posted week commencing **Monday 30th October** directly to all families of nursery age children in Hertfordshire who should apply for a reception place for September 2024.

The leaflet will inform parents/carers about how to make an application, provide key dates and give further information about the process

Admissions information is available at www.hertfordshire.gov.uk/admissions

- **15 January 2024** - the deadline for applying on time.
- **1 February 2024** - the last date to submit a written explanation of why your application was late, for your application to be agreed as on time.
- **1 March 2024** - applications received after this date will not be offered a school place until the week commencing 17 June 2024.



ADMISSION TO NURSERY

- FREE EARLY EDUCATION AND CHILDCARE FOR 3 AND 4 YEAR OLDS

All children from the term after they turn three are entitled to 570 hours of free early education per year until they start full-time school.

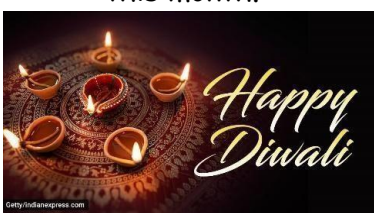
Parents must apply directly to a school for a nursery school place as the Local Authority no longer processes nursery applications.

If you would like to request a nursery place at Wormley CofE

Primary School, please call for an application or download one from the website. Deadline: **8th March 2024**

DIWALI CELEBRATIONS

Wishing happiness to all our families who celebrated Diwali this month.



THE VALUE OF RESPECT

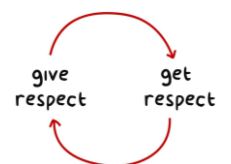
Have Faith, Show Respect, Take Responsibility and Achieve

One of the school rights is to show respect. This half term we explore the value of respect in our Collective Worship.

We will read passages and stories from the Bible which teach us about respect. Respect for God, for ourselves, for others, respect for the world as its guardians and respect for the Christian story of Christmas.

"Respect your father and mother," and "love your neighbour as yourself." Matthew 19:19

We have enjoyed hearing about celebrations in school



WEARING EARRINGS / JEWELLERY TO SCHOOL

Based on guidance and in the interests of your children's safety, we insist on children not wearing earrings for PE. The decision is in line with *The Association for Physical Education's Safe Practice* book (paragraphs 2.14.7 - 2.14.21) and is usual practice in all local schools.

Earrings must be removed for all forms of PE, including swimming.

Children cannot compete in any inter-sports activities wearing earrings.

If your child has recently had their ears pierced and these cannot be removed for the first six weeks, they can be taped, but this will be at the risk of injury which we will not accept responsibility for. If your child is unable to remove their own earrings, they must be removed at home before they come to school on a PE day. We prefer children **not** to wear any jewellery to school on any day, as they are always involved in physical activity at break times and lunchtimes. If worn, only small studs are suitable to try to prevent any injury.

Thank you for your support.

CHRISTMAS NATIVITIES AND CAROLS

Rainbowfish Christmas Nativity	6th December	9:30 am and 2 pm
Y2 Christmas Carols	11th December	6-7 pm
Y1 Christmas Carols	12th December	9:30-10:30 am
Starfish Christmas Nativity	13th December	9:30-10:30 am
Angelfish Christmas Nativity	14th December	9:30-10:30 am
Y6 Christmas Carol Service	18th December	7-8 pm



CHRISTMAS CELEBRATIONS



Pantomime Day on
11th December.
'It's a Boy' is a Comedy Musical Pantomime that is all about the First Christmas Ever ...
(School fund-raising will pay for this)

CHRISTMAS JUMPER DAY

On **13th December** we are celebrating Christmas Jumper Day.
Children are invited to wear their Christmas jumpers
We will be selling second hand Christmas jumpers in school



CHRISTMAS LUNCH

Our school Christmas Lunch is on **13th December.**
The cost is **£3.20 for Y3-Y6**
If your child does not usually have a school dinner on this day you can pay via Arbor.



CHRISTMAS HAMPERS

We will be raffling Christmas Hampers again.
Any donations of luxury goods (mince pies, wine, chocolates, Christmas puddings) will be gratefully received.



NON UNIFORM DAY

Children may come to school in non-uniform on **Friday 24th November** in return for a donation for the Christmas market
EY/KS1 confectionery
KS2 A bottle (anything in a bottle for the Tombola stall)

PTA CHRISTMAS MARKET

The PTA will be organising a Christmas Market on **Friday 8th December** after school in the school car park.

Our Christmas shop 'Elfridges' will be there.

Children will be able to purchase gifts for £1-£4 for family members.

Look out for more information in December.



St LAURENCE'S CHURCH CRIB SERVICE

St Laurence is having a crib service on Christmas Eve at 2.30 pm.



Woody the Shetland sheep will be visiting that afternoon. He may also have his friend Buzz with him.

Please come and join us for this festive service.

CHRISTMAS MESSY CHURCH

You are invited to join this half term's Messy Church!

For who?

The invitation is to all our families. Children must be accompanied by an adult.

What is Messy Church?

- Messy Church is a form of church for children and adults that involves creativity, celebration and hospitality.
- It's for all people even if they do not belong to another form of church.
- It meets at a time and a place that suits people who don't already belong to church.
- It typically includes a welcome, a creative time to explore the biblical theme through getting messy; a short celebration time involving story, prayer, song, games and similar; and a sit-down to eat together at tables. All elements are for, and should include, people of all ages, adults and children.
- It's fun.
- It's a church for people at all stages of their faith journey and of any age - a congregation that is as valuable and worthy of investment as any of your other congregations.
- It models and promotes good ways of growing as a family: a nuclear family, an extended family, and a global and local church family.
- Its aim is to introduce Jesus, to give an opportunity to encounter him and to grow closer to him.



When is Messy Church?

Messy Church will be in on **Tuesday 5th December, 3:25 - 5:00.**

Where is Messy Church?

Messy Church takes place in the KS2 hall. Entering through the front gates, follow signs to the Community Classroom. There you will see doors into the main building which lead to the KS2 hall.

How much does it cost?

There is **no cost** to families. Messy Church is **free** - a gift to all who attend.

THE BIG LOCAL COMMUNITY CHRISTMAS PARTY.

The Big Local are once again hosting their much-loved Community Christmas Party on Fri 15th Dec at Wormley Community Centre 6-9pm
This is a FREE* family event to allow our whole community to attend and enjoy!

*charges will apply at the bar and cafe.



Santa's Grotto / Festive party food/Children's activities/Licensed bar

RECORDER MORNING

Saturday 3rd December 2023 900-1130 am at Broxbourne Music Centre, based at the Broxbourne School, Badgers Walk EN10 7FU

Free Event to those invited

Have a fun and exciting morning of music making

Experience playing in a large ensemble

Explore a wide range of music

Perform in a concert at the end of the morning to entertain your family and friends.

An informal presentation of pieces studied during the morning will begin promptly at 11am

To reserve your place or find out more please call (01992) 556698

or e-mail broxbournemusicenquiries@hertfordshire.gov.uk



HABS CHRISTMAS APPEAL 2023

The HABS Family Support team are again reaching out to the local community to ask for their generous support with this year's Christmas appeal. Since starting this appeal in 2012 it has grown each year and we are so pleased to support so many vulnerable families. With your support we would like to be able to support even more families who may have nothing for Christmas.



If you would like to donate towards the Christmas appeal we are looking for the following items;

 NEW TOYS FOR CHILDREN UP TO 16

 GIFT SETS FOR TEENAGE BOYS AND GIRLS

 GIFT VOUCHERS FOR TEENAGERS (ALL4ONE, AMAZON, PRIMARK, SPORTS DIRECT, ETC)

 GIFT VOUCHERS FOR SUPERMARKETS TO BUY FESTIVE FOOD

Alternatively, we also have the following links where you can donate:

Amazon wishlist <https://amzn.eu/dr3yRxu> - this will link to your own amazon account. You can then select for the gifts to be sent directly to HABS team via the drop down list of addresses

Go Fund me <https://gofund.me/4d7492c2> - the funding donated here will go towards supporting families to buy a festive meal, gas and electricity.

Last year, with the support of the local community, schools and companies we were able to provide 312 children with a sack of gifts, supplied a festive meal to over 110 families and supported over 100 families with their utility costs.

We would like to thank you all in advance for your continued support

QUEUEING AT THE SCHOOL GATE

Several parents have asked me to request that parents do not block pavements outside the school gates, particularly whilst waiting for gates to open.

DONATIONS PLEASE

We are looking for any donations of the following for playtimes: scooters, suitcases, buggies, pots and pans, wellies

ADHD & AUTISM SUPPORT DIGITAL ANIMATION **ADHD and ASD:**

The Early Help Commissioning Team are excited to share with you our ADHD and Autism Support digital animation as part of the ADHD and Autism transformation
www.hertfordshire.gov.uk/autismADHDsupporthertfordshire

This animation is aimed at all families that are living in Hertfordshire and seeking support and guidance for a child or young person with neurodiverse needs.

SUPPORT FOR ANXIETY

The Hertfordshire Community NHS Trust children's wellbeing practitioner team and children's wellbeing practitioners (CWPs) are hosted by the public health school nursing service, however there is a new referral pathway to access support.

The CWP training programme was driven by Health Education England as a response to ensure that children, young people and their parents/carers have access to evidence-based preventative and early intervention support for common emotional wellbeing and mental health difficulties. The aim of the HCT CWPs is to ensure that children and young people can easily access evidence-based support, early in the development of the problem through workshops, groups and 1-1 interventions.

Interventions

CWPs are trained to deliver manualised guided self-help interventions for anxiety, low mood and behavioural difficulties.

There are four manualised guided self-help interventions available:

- Child anxiety (parent-led for children aged 5-11)
- Child behavioural problems (parent-led for children aged 5-8. Older children may be accepted in some instances)
- Adolescent anxiety (For young people aged 11-19)
- Adolescent low mood (For young people aged 11-19)

Please note, as highlighted above, child interventions for children aged 5-11 are completed with parent(s)/carer(s) according to the manual and evidence base for those interventions.

CWPs are unable to work with children/young people who are currently actively self-harming or who are currently actively suicidal (having thoughts with intent and/or a plan). Please see the "making a referral" section below for more information on the criteria.

Workshops

The CWPs also deliver several emotional wellbeing workshops throughout the year targeted at parents/carers and young people. These workshops are currently being delivered virtually via Microsoft Teams and a referral into the service is not required to access workshops.

The following workshops are either currently available or will be available later in the year:

- Child emotional wellbeing and regulation
- Emotional wellbeing for adolescents
- Child sleep difficulties
- Adolescent sleep difficulties
- Child self-esteem
- Adolescent self-esteem
- School transitions
- Exam stress

You can book a place onto a workshop via Eventbrite: <https://www.eventbrite.co.uk/o/childrens-wellbeing-practitioners-school-nursing-service-hertfordshire-33494371787>

School avoidance/anxiety recorded webinar

It has been noted that a significant number of children and young people are struggling to attend school or avoiding attending school due to emotional factors like anxiety. The CWPs have recorded a webinar focused on school based anxiety which includes: anxiety psychoeducation and strategies and tips to support children who are currently struggling with attending school due to anxiety.

The webinar is split into Part 1 (Theory and Psychoeducation) and Part 2 (Strategies and Tips). There are handouts which can be used alongside this webinar. We would also advise you have some paper to hand whilst working through this webinar.

Take your time and watch the webinar as many times as needed. Feel free to pause when needed and at the times indicated.

Please follow this link <https://www.youtube.com/watch?v=Rf0KXMNQKNY> to access Part 1 and this link <https://www.youtube.com/watch?v=JZJzR-5OpMg> to access Part 2.

You can download the following handouts using this link

<https://www.hct.nhs.uk/search/service/childrens-wellbeing-practitioners-21/>

Body scan handout/Parents step-by-step plan progress tracker/Young people step-by step plan progress tracker/Problem solving worksheet/Step-by-step plan progress tracker/Step-by-step plan template/Step-by-step plan worksheet for parents/Step by step plan worksheet for young people/ Strategies for managing difficult emotions/Things I can do if I am struggling/Thought challenging exercise/Thoughts, feelings and behaviours cycle/Vicious cycle handout

Important Information

This service is available to children/young people aged 5-19 with a GP in Hertfordshire or who attends a school in Hertfordshire. This includes children attending private, independent and special provision schools as well as children and young people who are being home schooled or currently out of education. Referrals are accepted from professionals, parents and adolescents. Referrals need to meet the service criteria to be accepted.

In cases of emergencies or when urgent support is needed

We are not an emergency service and cannot hold high levels of risk therefore if you need urgent help, there are concerns around self-harm or suicidal ideation please contact Single Point of Access (SPA) on: 0800 6444 101 or NHS 111

If the child/young person is seriously unwell or injured, dial 999 for the emergency services or go to your nearest A&E department.

Operating hours: The service operates Monday to Friday, 9am and 5pm (excluding bank holidays).

Contact the service: Please email hct.cwp@nhs.net

New Ways November 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 Make a list of new things you want to do this month	2 Respond to a difficult situation in a different way	3 Get outside and observe the changes in nature around you	4 Sign up to join a new course, activity or online community	5 Change your normal routine today and notice how you feel
6 Try out a new way of being physically active	7 Be creative. Cook, draw, write, paint, make or inspire	8 Plan a new activity or idea you want to try out this week	9 When you feel you can't do something, add the word "yet"	10 Be curious. Learn about a new topic or an inspiring idea	11 Choose a different route and see what you notice on the way	12 Find out something new about someone you care about
13 Do something playful outdoors - walk, run, explore, relax	14 Find a new way to help or support a cause you care about	15 Build on new ideas by thinking "Yes, and what if..."	16 Look at life through someone else's eyes and see their perspective	17 Try a new way to practice self-care and be kind to yourself	18 Connect with someone from a different generation	19 Broaden your perspective: read a different paper, magazine or site
20 Make a meal using a recipe or ingredient you've not tried before	21 Learn a new skill from a friend or share one of yours with them	22 Find a new way to tell someone you appreciate them	23 Set aside a regular time to pursue an activity you love	24 Share with a friend something helpful you learned recently	25 Use one of your strengths in a new or creative way	26 Try out a different radio station or new TV show
 27 Join a friend doing their hobby and find out why they love it	28 Discover your artistic side. Design a friendly greeting card	29 Enjoy new music today. Play, sing, dance or listen	30 Look for new reasons to be hopeful, even in tough times			

ACTION FOR HAPPINESS

Happier · Kinder · Together



MENTAL HEALTH FIRST AID TRAINING

1 day champion course for parents and carers of 8 to 18 year olds

Free training 9:30am-16.00pm

30th January at Robertson House, Stevenage

<https://www.eventbrite.co.uk/e/mental-health-first-aid-mhfa-1-day-course-for-parents-carers-stevenage-tickets-753167242497?aff=oddtcreator>

For further information, contact hweicbhv.schoolsmh@nhs.net

WINTER HEALTH BOOKLET SUPPORT FOR FAMILIES

The Winter Health booklet has been distributed to all residents in Hertfordshire.

The booklet aims to inform residents about the support that is on offer (locally and nationally) for them to help them manage the rising cost-of-living and to help them stay safe and well this winter.



The Local authority have created a campaign webpage www.hertfordshire.gov.uk/hereforyou
There is cost of living advice specifically for families available from our [Families First website](http://www.hertfordshire.gov.uk/familiesfirst)
They are also regularly updating our cost of living webpage www.hertfordshire.gov.uk/costofliving

LOOKING FOR A WARM SPACE DURING DIFFICULT TIMES?

Please see a list of venues where you can drop in and will be welcomed.

Warm Spaces

Offering A Warm Welcome



Organisation Name: Churches Together in Hoddesdon, Broxbourne and Wormley

Location Address: St Augustine's Church, Esdaile Lane, Hoddesdon, EN11 8DS

Free, Warm, Welcoming, Safe. Open 3-5pm Tuesdays. Hot drinks.

SUPPORT FOR LOW INCOME FAMILIES

Hertfordshire County Council is once again funding HAPpy activity camps for children and young people who attend a Hertfordshire school and are in receipt of benefits-related free school meals.

This winter, activities will be running in different venues across the county for children and young people aged between 5-16 years with those in receipt of benefits-related free school meals eligible for free, and all include a nutritious meal each day.

Delivery dates for winter are: **Thursday 21st and Friday 22nd December / Wednesday 27th - Friday 29th December / Tuesday 2nd and Wednesday 3rd January 2024**

Contact the school for a unique booking code available to eligible families

From: HAPpy - Hertfordshire County Council

<happy.hertfordshire.county.council@notifications.service.gov.uk>



A PRAYER OF PEACE FOR INTER-FAITH WEEK

Lead us from hate to love,
from war to peace,
Let peace fill our hearts,
our world, our universe.

Let us dream together, pray together, work together
to build one world of peace and justice for all.

Amen.

