News On the Nineteenth

Wormley C of E Primary School (VC)

Cozens Lane East, Wormley, Broxbourne, Herts, EN106QA

Tel: 01992 303331

Have Faith, Show Respect, Take Responsibility and Achieve www.wormleyprimary.co.uk

October 2022

LIVING HISTORY DAY

Living History Day in K51/K52 - 19th October.

The children set up museum galleries in their classrooms to teach you what they have been learning in their British History studies.

Please join us between 9:15 and 10:15.



Monday 24th - 28th October

INSET Day

Monday 31st October

RETURN TO SCHOOL

Tuesday 1st November

WE ARE ALL ROLE MODELS FOR OUR CHILDREN



Our school has worked hard to develop a very nurturing, nonthreatening environment within school for our young, innocent and impressionable pupils.

This is recognised by our **Wellbeing Award.**We are very proud of this award.

We do not believe in experience shildren to dituations which

We do not believe in exposing children to situations which cause fear and trauma. This is very damaging to young minds.

We have recently reviewed our Rights and Responsibilities Behaviour Policy which explains in detail our therapeutic approach to behaviour. You can read the policy by following the link https://wormleyprimary.co.uk/wp-content/uploads/Copy-of-Behaviour-Policy_Rights-and-Responsibilities-2022-2025V2.docx.pdf

In addition, we recently reviewed our Class and Playtime Charters in line with our Rights and Responsibilities Policy.

All children have 3 rights:

To be safe and healthy To be respected and treated equally To learn and achieve These rights are in line with the rights of UNICEF.

For each right, the children have identified their *responsibilities* and the *positive* choices they must make to protect everyone's rights.

These are on display in the classrooms, corridors and playgrounds, and the children are held accountable to them.





PERSONAL, SOCIAL AND HEALTH EDUCATION AT WORMLEY Cofe PRIMARY SCHOOL

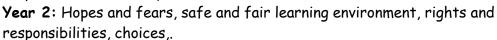
We use a fantastic scheme called jigsaw.

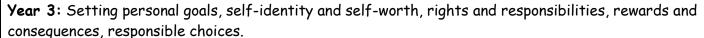
Jigsaw is a spiral, progressive scheme that perfectly connects pieces of Personal, Social and Health Education, emotional literacy, social skills and spiritual development.

Every half term, each year group focuses on a particular unit that prepares our children for life, helping them really know and value who they are and understanding how to relate to others in this ever-changing world.

AUTUMN 1 - BEING ME

Year 1: Feeling special and safe, being part of a class, rights and responsibilities, consequences.





Year 4: Being a class team, class citizenship, democracy, rewards and consequences, having a voice, group decision making.

Year 5: Planning the year, being a citizen, rewards and consequences, democracy, having a voice, how behaviour affects groups.

Year 6: Planning the year, global citizenship, universal rights, choices, consequences and rewards, group dynamics, anti-social behaviour, role-modelling

Next half term, Autumn 2, our Jigsaw unit will be **Celebrating Difference**. This unit will focus on how we are all different, accepting and valuing difference, understanding different cultures, bullying behaviours and knowing what to do in a bullying situation, using kind words and treating others with respect.



HELLO YELLOW DAY - PROMOTING POSITIVE MENTAL HEALTH AND WELLBEING

Feeling small is a big thing. If you're worried about how you're feeling, you are not alone.

This was the message for Hello Yellow Day.

We have been teaching the children how it helps to notice how we are feeling.

We have been teaching them about

The four zones are:

The Zones of Regulation.

We encourage the children to start by noticing which zone they are in and naming their feeling.

Once we name our feeling, we can try and tame it. We remind the children to deploy their agents when they need them. For example, deploying Agent Mindful by taking some time to be quiet and still, or deploying Agent Lifestyle by spending time with a friend doing something they enjoy. We are

REST GO SLOW STOP

happiest and most productive when we are in the green zone. When children find themselves in the red, yellow or blue zone, they should deploy any of their agents to help them feel better and to get back into the green zone.



Sometimes, children need a trusted adult to help them to feel better. The children named 5 trusted adults – one for each finger on a hand.

The day was about positive vibes and relaxation - talking about dreams and goals or wishes and promoting a sense of belonging.

Each class made a rainbow to display either on the classroom door or in a space directly outside the room.

On the rainbow, they wrote their wishes for the future.

The Young Minds website has practical tips from young people with advice.

SOCIAL LEARNING - DEVELOPING A GREATER AWARENESS OF OURSELVES

To learn more about the agents and to watch the movies check out our social learning page on the website: http://wormleyprimary.co.uk/social-learning/

Agent Mindfulness Peacefulness Positivity Regulation Listening Agent Nutrition Mood Diversity Energy Diet

Agent Lifestyle

- · Sleep
- Balance
- Friendships
- · Laughter



Agent Kinetic

- Endurance
- Stamina
- · Agility
- · Creative movement



HARVEST FESTIVAL THANK YOU

On 28th September, Y1-6 celebrated Harvest Festival at St Augustines Church in Broxbourne. We

enjoyed our walk to and from the church - in the lovely sunshine.

This year, the Bishop of St Albans Harvest Appeal 2022 was Not Forgotten

This term, the value we have been exploring is generosity, so we thought about how we might show generosity to others.

Rev. Charles taught us about food poverty in the world. Using 'dodge balls' he showed us how much we have in Europe compared to other continents in the world where the population

is so much higher.





We learnt how the Bishop of St Albans' Harvest Appeal will help change the lives of people in Mozambique who have been traumatised and displaced by conflict. Having fled to safety, life still isn't easy, and many are losing hope.

Y5 pupils told Ibrahimo's story. He is 49, and lives in Mozambique with his wife, Viagem, and two children. When violence erupted in their village, they ran for their lives. They lived in the bush for several months but, thankfully, they found safety and currently live in temporary housing.



The bible explains how Jesus really cares for those in need. In his teaching and his action, he encourages all to be *generous* - to offer their time, talents and treasure to help others, including those who are less fortunate than ourselves.

Y3 pupils performed a dance to 'Harvest of the World' and Y4 read out prayers. It was a lovely service.

On **Friday 7**th **October**, our Nursery and Reception children held their harvest festival in school with Rev Ben. Thank you for all of your kind donations for the Wormley Food Bank.

LIVING HISTORY - CELEBRATING BRITISH HISTORY BEFORE 1066



In Y2, children stepped back in time to 1666 to learn about life in that era and how people coped with the spread of the plague and the Great Fire of London. In their workshop, they recreated the streets of London and retold the story of the great fire as documented by Samuel Pepys.

There were rats everywhere!



In Y3, children stepped back in time to learn about British

history from The Stone Age to the Iron Age. In particular, they learnt about the Celts by visiting the Celtic Harmony Camp.

Taking part in the Farmer Day, they learnt hands-on from the Millers, Weavers and Herbalists as they travelled from early Neolithic farmers to Iron Age technology.

The children found out about Iron Age hill forts,

tribal kingdoms, farming, art and culture from Celtic times.





In Y4, children stepped back in time to 60 AD: when the Romans occupied Britain. Britain had changed greatly, influenced by the Roman invaders but unrest was growing. The children learnt how the widowed Iceni queen, Boudica, was seeking to overthrow Roman rule. In her fury, Boudica wiped

out whole communities. The workshop placed the children in a Roman fort occupied by the Roman IX Legion, completing work on the fort's principal buildings.



As the children worked, news arrived that Boudica was winning important battles, including destroying Colchester, London, St Albans and the IX Legion's infantry.

Over the day, the children found out what happened to the IX Legion?



In Y5, children stepped back in time to AD 420-650, over 400 years before the

Norman Conquest. Visiting West Stow Anglo-Saxon Village, they investigated Anglo-Saxon life through original objects and used the archaeological clues to find out about the first English settlers at West Stow.

They explored experimental reconstructions of buildings, handled replica objects, studied finds from the site in the Anglo-Saxon Museum and took part in lively group

> discussions led by staff about the Anglo-Saxons.





In Y6, children stepped back in time to 800 AD when the Vikings began landing in the British Isles. They learned about the Viking longboats, their settlements here in the UK, their traditions and wondered about why they came to settle here.

In Y1 children have been learning all about toys and games from the past. Do you remember playing the rubik cube? Action Man? Twister? What's The Time

MrWolf?



In addition, as part of Black History month, children have been celebrating significant people in history as part of independent learning and in our Collective Worship.

PARENT CONSULTATION EVENING

Our Learning Consultation Evenings are taking place in the week after half term -Wednesday 2nd November & Thursday 3rd November.

You can book an appointment via Arbor. Contact the office if you are having any trouble.

Positive Home School Partnerships make a HUGE difference to a child's development and their progress. We need strong home school teamwork.

To further develop your child's learning potential, please read with them every night - a range of books and magazines as well as school books - and discuss the stories and articles that interest them; encourage them to practise their handwriting for five minutes a day; help them to learn their number bonds and multiplication tables in fun ways with songs and poems; teach them to tell the time and dedicate a little amount of time each day to talk to them about their learning, their strengths and what they want to improve.



We thank you for your continued support.

WORMLEY FOOD BANK

Dear parents and carers, We are writing to inform you that Wormley Primary School now has a food bank donation point.



Its purpose is to collect food for families in need for the upcoming winter season. The donation point will be outside the office and there will be a poster saying where to place your food. Keep in mind this is only a donation point so you can't take any of the food that has been kindly given. Also it would be great if you could bring in Christmas food from now until the first week in December.

Thank you to all families who decide to donate and to help our local food bank collect food. The food that you give to us will help so many people this Christmas. Kind regards,

Lucy, Member of Pupil Parliament (MP).

MOBILE PHONES

Pupils are not permitted to have mobile phones in school.

The parents of any year 6 pupils, who are walking to or from school without an adult, can request that their child bring a phone into school. A request form will be sent home. There are strict requirements for the children to follow. Once the request form has been completed and returned, a child can bring their phone to school, however it must be handed in at the start of the day and collected again once school has finished. The phones must not be used on the school premises which includes the playground before and after school.

> Any phones being misused will be confiscated

Y6 PGL WEEK TO BAWDSEY MANOR IN SUFFOLK

Our Y6 pupils travelled to a beautiful country house-Bawdsey Manor in Suffolk - in September. They had an amazing time abseiling, climbing, zip wire, giant swing, den building ... and much more. Here are some images from the week.













The children gained courage and confidence throughout the week!

HEALTHY EATING

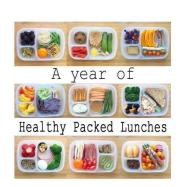
We have noticed that there has been an increase in unhealthy food options in packed lunches, including chocolate, doughnuts and crisps high in salt/fat.

<u>Please support us in school</u>. We know that if the children eat healthily, they will be in a better place for learning and achieving their best.

Too much sugar gives them highs and lows in mood, too much salt dehydrates their body.

A healthy packed lunch should include:

- A good proportion of starchy food e.g. bread, wholegrain role, tortilla wrap, pitta pocket, chapatti, pasta, rice, salad
- A portion of lean meat, fish or alternative e.g. chicken, tuna, ham, egg, cheese, beef, beans, hummus, soya
- Plenty of fruits and vegetables e.g. apple, satsuma, handful of cherry tomatoes, carrot sticks, small tub of fruit salad, box of raisins
- Dairy food e.g. reduced fat cheese, yoghurt, fromage frais
- A drink e.g. water, yoghurt drink, unsweetened juice
- Choose crisps & snacks low in salt and fat (2 examples below)









Snacks should be **FRUIT** or **VEGETABLES** ONLY.

For further information on food in school please follow this

link http://wormleyprimary.co.uk/lunch/

OUR VALUE NEXT HALF TERM IS WISDOM

Next half term we will be thinking about the value of wisdom.

We will learn more about what it means to be wise or have wisdom, looking at stories from the Bible and other social stories.

Throughout the book of Proverbs, Solomon encourages us to "get wisdom" (Proverbs 4:5). He says those who get wisdom love life (19:8); that it's better to get wisdom than gold (16:16); and that those



who get wisdom find life and receive favour from the Lord (8:32 - 35).

"Do not forsake wisdom, and she will protect you; love her, and she will watch over you. Wisdom is supreme; therefore get wisdom. Though it cost all you have, get understanding." Provers 4:6-7

ANTI-BULLYING WEEK

The theme for Anti-Bullying Week 2022 is:

Reach Out

Teachers and children wanted a theme that empowered them to do something positive to counter the harm and hurt that bullying causes.

Our call to action:

- Bullying affects millions of lives and can leave us feeling hopeless. But it doesn't have to be this way. If we challenge it, we can change it. And it starts by reaching out.
- Whether it's in school, at home, in the community or online, let's reach out and show each other the support we need. Reach out to someone you trust if you need to talk. Reach out to someone you know is being bullied. Reach out and consider a new approach.

Anti-Bullying Week takes place during the week Monday 14th - Friday 18th November.

SECONDARY SCHOOL ADMISSION

Please be aware that the deadline for applications to secondary and upper schools is fast approaching. Parents will need to make an application online or on paper by the closing date of 31st October 2022. We would recommend that parents complete it by Friday 21st October, so that if there are any queries, they can be dealt with by the Admissions Team ahead of the deadline.

Parents should apply online at <u>www.hertfordshire.gov.uk/admissions</u> Alternatively, a printed version of the website information and application can be requested from the Admissions and Transport Team by contacting your Process Admissions Officer (contact details below).

Any applications received after 31st October will be considered as 'LATE' applications and are considered after all of the on time applications.

Admissions & Transport - Central Team Postal Point CHR102

Hertfordshire County Council, County Hall, Pegs Lane, Hertford, SG13 8DN t: 01992 555840



TENNIS FANS

A few of our school tennis fans were lucky enough to attend the Laver Cup, held at The O2 in London from September 23-25, 2022.

Hertfordshire

They were able to see today's greatest tennis players in action, including Roger Federer (20-time Grand Slam Champion) alongside legends and rivals from previous generations.

It was a truly unique spectacle that thrilled our Wormley tennis fans.

BADMINTON OPPORTUNITIES

Community Badminton at Goffs Academy, Goff Lane, Cheshunt, Herts, EN7 5QW. Wednesday 5.30-7.30pm 6-16 year olds hello@communitybadminton.org

Contact Ian 07906461053 ianbrucerobinson@gmail.com

Community Badminton at john Warner SC, Stanstead Road, Hoddesdon, EN11 0QG. Thursday 4.15-5.15pm.

Ages 6-11.

Friday 4.15-7pm.

All ages.

Beginners / Improvers / Advanced all welcome. Contact Ian 07906461053

ianbrobinson@hotmail.com hello@communitybadmi nton.org

WORMLEY CHOIR

We are fast approaching our performance at the O2 on Thursday 19 January 2023. We have been working hard on our 10 song repertoire - including singing in Welsh! - although more work is needed. Starting in Autumn 2, we will be running an additional choir rehearsal afterschool on Thursday afternoons in Stingrays Classroom. This will continue until Christmas. These rehearsals will be straight after school until 4:10pm. Parents will collect from the front office.

Week 1: 3 of November Week 2: 10 November Week 3: 17 November Week 4: 24 November Week 5: 1 December Week 6: 8 December Week 7: 15 December

THIS MONTH'S WELLBEING CALENDER

SATURDAY SUNDAY TUESDAY WEDNESDAY THURSDAY FRIDAY MONDAY Be a realistic Take a small Start your Write down Look for day with the optimist. See step towards a goal that really three things you the good in most important life as it is, can look forward people around but focus on thing on your to this month vou today matters to you October to-do list what's good 8 Make some Look out Avoid Share an Ask for help blaming yourself or others. Find for positive progress on a important goal to overcome project or task news and with someone an obstacle you have been a helpful way reasons to be you trust you are facing avoiding forward cheerful today ptimistic Put down Thank Take a small Identify one Let go of the Find joy in yourself for vour to-do step towards a of your positive qualities that expectations tackling a task of others and achieving the list and do positive change you've put off things you often something fun you want to see will be helpful focus on what for some time take for granted or uplifting matters to you Write down Recognise You can't Be kind to Ask yourself, three specific that you have do everything! yourself today. will this still things that have What are your a choice about Remember. matter a year gone well three priorities progress takes what to from now? prioritise recently Set a goal Plan a fun that brings or exciting a sense of tivity to look purpose for the forward to coming month **ACTION FOR HAPPINESS** Happier · Kinder · Together

BREAKFAST CLUB AND AFTER SCHOOL CLUB PROVISION

You can book a place on line via the Arbor App.

Please note:

There is a charge for late collections after the session booked time.





Year 1, Year 2 & Year 3

Friday 25th November

KS2 Hall

£5 entrance includes a drink, crisps, sweets and a glow stick
Tickets to be purchased on Arbor (under trips) in advance
More treats available to buy on the night
3.30pm - 5pm

Please collect your child from their normal class after the disco

Year 4, Year 5 & Year 6

Friday 25th November

KS2 Hall

£5 entrance includes a drink, crisps, sweets and a glow stick
Tickets to be purchased on Arbor (under trips) in advance
More treats available to buy on the night
5.15pm - 6.45pm

Entrance to the disco will be via the gate to the right of the School Main Reception (it will be sign posted).



WORMLEY CofE PRIMARY SCHOOL PTA

We have a newly formed PTA to organise social events and fund-raise for the school. If you would like to learn more or would like to join the PTA please email PTA@wormleyprimary.co.uk It's a fabulous way to meet members of our community and serve the children of our school.

CHRISTMAS JUMPER DAY, PANTOMIME AND CHRISTMAS DINNER

On Monday 19^{th} December, the children can wear their Christmas jumpers for our Christmas dinnner

Y6 CAROL SERVICE

Parents of Y6 are invited to join us for carols at St Laurence's Church on Monday 19th

December at 7pm

ATTENDANCE REMINDERS

Morning registers

All children should arrive at school within their allocated time slot

YR, Y2, Y4, Y6 : 8.45 - 8.55 Y1, Y3, Y5: 8.50 - 9.00

Children arriving after their allotted window will be marked as late. Thank you for helping us ensure that learning can start promptly in the morning.



Absence

Absence from school is only authorised in exceptional circumstances (for example illness, medical appointment, religious observance, music / dance exams) and planned absence should be requested at least 2 weeks in advance. Holidays in term time are not authorised.

NURSERY / RECEPTION TOURS

If you are looking for a place in Wormley Primary School's Nursery or Reception, there are a number of dates for tours next half term. Please contact the office for more details.

END OF TERM

School term ends YR, Y2, Y4, Y6 at 1.20pm and Y1, Y3, Y5 at 1.30pm on Wednesday 21st December

RETURN TO SCHOOL

Children return to school on Monday 9th January

TALKING FAMILIES



The Talking Families and Talking Dads courses begin immediately after half term. It will be conducted online and there are places available.

Talking Families (for parents of children under 12) ID 529
Tuesdays 8pm to 9.30pm 1st November to 6th December (6 weeks)

Our FREE 6 week course for parents and carers of children aged 0-12 will cover:

- · Managing challenging behaviour with consistency.
- · Encouraging positive behaviour.
- · Building your child's self esteem.
- · Setting and maintaining boundaries.
- · Responding to tantrums and difficult feelings in children.
- · Developing a strong parent/child relationship now and for the future.

Pre-booking essential. To check eligibility and book a place, please contact Supporting Links on: 07512 709556 bookings@supportinglinks.co.uk

Quoting the Course ID

Talking Dads ID 534

Mondays - 7.45pm to 9.15pm - 31st October to 5th December (6 weeks)

For Dads, Step-Dads, Stay at home Dads, Working Dads... all play an important role in your child's life. Over 6 FREE weekly sessions, fathers and male carers of children aged 0-19 will be

- · Increase confidence in your parenting.
- · Develop your dad/child relationship, now and for the future.
- · Improve listening and communication skills.
- · Develop strategies for dealing with anger and conflict.
- · Learn how to enforce boundaries.

Pre-booking essential.

To check eligibility and book a place, contact Supporting Links on: 07512 709556 bookings@supportinglinks.co.uk www.supportinglinks.co.uk

Please quote the course ID

Alongside the usual Parenting Courses, Supporting Links are pleased to be offering workshops this coming Autumn Term. These are open to parents and carers of children with ASD and/or ADHD across Hertfordshire, funded by the Local Authority.

Talking ASD/ADHD: Anxiety and Stress - 23rd November 2022 - 9.30-11.30am

For parents and carers of children aged 2-25yrs with suspected or diagnosed Autistic Spectrum

Disorder and/or Attention Deficit Hyperactivity Disorder.

ANXIETY and STRESS

- The difference between stress and anxiety.
- Understanding anxiety related conditions amongst young people with ASD and/or ADHD.
- How to spot the non-verbal signs of stress.
- Common triggers amongst neurodiverse children.
- What an anxious child needs to feel safe and how to provide this.
- Strategies to engage an anxious or stressed child.
- The early warning signs of mental health problems.
- Where to access further help and support, locally and nationally.

Pre-booking essential via Eventbrite Link: https://www.eventbrite.co.uk/e/talking-asdadhd-anxiety-and-stress-for-parentscarers-inherts-535-registration-368851594047

Talking ASD/ADHD: Responding to Anger 20th October - 9:30-11:30am or 7th December - 7:30-9:30pm

- The difference between healthy & unhealthy anger.
- The pattern that anger takes and how to spot the non-verbal signs early.
- Our own and our children's triggers.
- Techniques that stop angry and aggressive behaviour escalating and when to use them.
- How to respond to our child in meltdown, keeping ourselves, our child and siblings safe.
- Where to access further help and support, both locally and nationally

Thursday 20th October 9.30-11.30am Workshop

Pre-booking essential via Eventbrite Link: https://www.eventbrite.co.uk/e/talking-asd-adhdresponding-to-anger-for-parentscarers-in-herts-537- registration-369911333757

Wednesday 7th December 7.30-9.30pm Workshop 538

Pre-booking essential via Eventbrite Link: https://www.eventbrite.co.uk/e/talking-asd-andadhdresponding-to-anger-for-parentscarers-in-herts538-registration-369918374817

Talking ASD/ADHD: The Teenage Years - 2nd November 2022 - 7:30-9:30pm

For parents and carers of children aged 11-25yrs with suspected or diagnosed Autistic Spectrum

Disorder and/or Attention Deficit Hyperactivity Disorder

We will help you to learn about:

- Teenage brain development and how it affects a child with ASD/ADHD.
- Reducing conflict by learning how to respond effectively to difficult situations.
- Strengthening your parent/child relationship.
- How to agree appropriate boundaries and teach risk assessment.
- Adapting our parenting approach to help our teens become independent adults.
- Where to access further help and support, locally and nationally.

Pre-booking essential via Eventbrite Link: https://www.eventbrite.co.uk/e/talking-asd-and-adhdthe-teenage-years-for-parentscarers-in-herts-540- registration-374140453167

Or contact Supporting Links QUOTING REFERENCE SL540 01442 300185 info@supportinglinks.co.uk www.supportinglinks.co.uk

Talking ASD/ADHD: Tech Use - 11th October 2022

Parents can self-refer and book places via Eventbrite. Pre-booking essential To check eligibility and book a place, please contact Supporting Links on: 07512 709556 bookings@supportinglinks.co.uk Quoting the Course ID

HALF TERM

We wish you all a wonderful half term.

We hope you get to enjoy some lovely Autumn walks - just as the conkers are falling.



If you are looking for an activity camp for your children, please see the flyer below:

We look forward to welcoming you back to school on **Tuesday 1st November**.

Wishing you a lovely break



Hollie Harrington
Business sales executive
SSS Education Group LTD

M: 07476407686 | Tel: 01992 766 707

E: hollie@superstarsport.co.uk
Unit 43, Basepoint Business Centre

Pindar Rd, Hoddesdon, Broxbourne EN11 OFJ

www.superstarsport.co.uk





STAY IN TOUCH

Please make sure you have:

- accepted **Tapestry** (YN-Y1)
- joined Wormley's Twitter/Facebook group
 - visited the school website

