Rights, Responsibilities and Relationships Blueprint

High Challenge

Relationships

- Connection
- Routines
- Boundaries
- Positive recognition

Reflect & Restore

- TELL
- Restorative follow-up
- Logical consequences
- Debrief

Safe Learn Respect

Respond & Regulate

- Planned responses
- REPAIR
- Bottom Up
- PACE

High Support
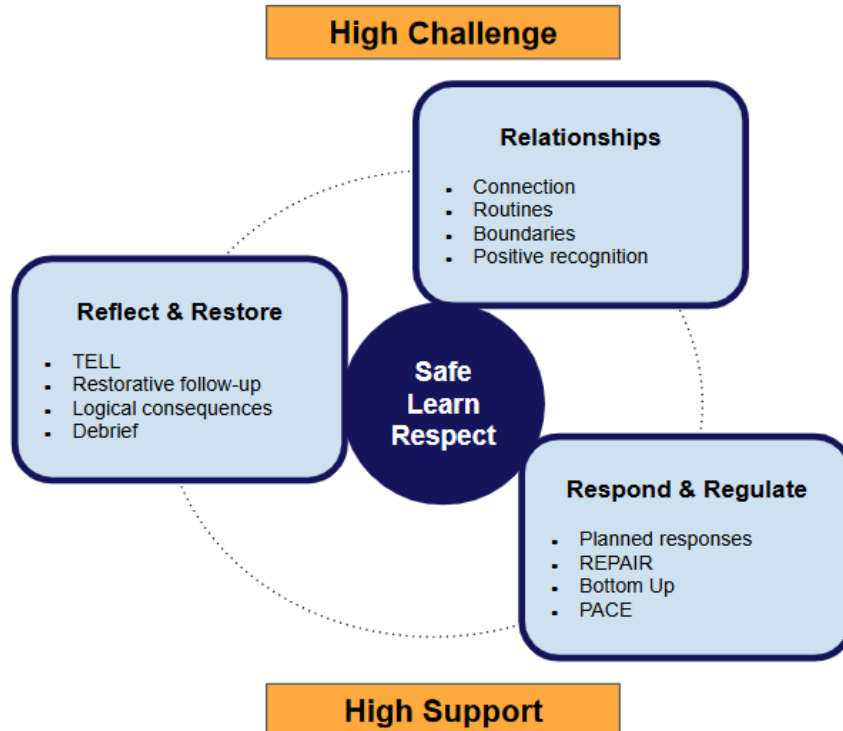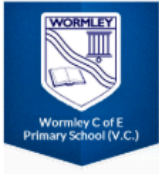
Relationships

Connection

- Unconditional positive regard
- Meet and greet
- Check-in, check-up, check-out
- Grounding activities
- Model behaviour
- Language
- Connection before correction
- Outwardly unshockable
- Emotional control
- Regulate and limit your range

Boundaries

- Class charter
- Clear logical consequences
- Flexible consistency

Routines

- Model, demonstrate, rehearse
- Power of 3
- Fantastic Walking
- Legendary Lining Up
- Ending and Sending- Tremendous Transitions

Positive recognition

- Give first attention to best conduct
- Deliberate botherdness
- Over and above: Agent card, phone home, recognition board, marbles in the jar
- Keeping on track: Walkaways

Respond & Regulate

Planned responses
- Microscripts: This is how we do it here…Can you remember when I phoned…I've noticed…I need you…
- fogging
- countdowns

REPAIR
- Remind
- Explain choices
- Pause & self-regulate
- Affective check-in
- Independent learning
- Reflect & Repair

Bottom up
- Neurosequential learning
- Co-regulation

PACE
- Playfulness
- Acceptance
- Curious not furious
- Empathy -Language of kindness

Reflect & Restore

TELL
- Time
- Environment
- Listen
- Learn

Restorative follow-up
- What happened?
- What were you thinking and feeling?
- Who might have been affected by your actions?
- How can we put this right?
- What do we need to do differently next time you feel like this?
- My truth, your truth, the truth

Logical consequences
- Restorative conversation
- Restorative task
- Imposition
- Protective consequence

Debrief
- With colleagues
- With children