

News on the Nineteenth

WITH *God*
ALL THINGS ARE
possible

Wormley C of E Primary School (VC)
Cozens Lane East, Wormley, Broxbourne, Herts,
EN106QA

Tel: 01992 303331

Have Faith, Show Respect, Take Responsibility and Achieve

www.wormleyprimary.co.uk

September 2025



WELCOME

A big WELCOME to all our new starters too as well as our children and families returning from summer break.

We would like to welcome **new members of staff**:

Mrs Ciccarelli (Y6 teacher); Miss Currie (Y5 teacher) Miss Conway (Y2 teacher); Ms Cavlan (SEND Assistant); Ms Prifti (EY practitioner in YR); Mrs Paddick (LSA) and Mr Horsley (PE coach).

I hope you were able to come and meet your child's teacher last week. It is important to build home school partnerships as soon as possible to support the children's wellbeing and academic development.

We will also share our revised **Home School Agreement** with you via email.

This sets out our school's rights and our responsibilities.

TERM DATES

HALF TERM

Monday 27th - 31st

October

CHRISTMAS

BREAK

Term ends - Friday 19th

December

1:20pm

Children return to school on

Tuesday 6th January



OUR VALUE THIS HALF TERM IS RESILIENCE

This half term we will be learning about the value of Resilience and how it is very important in our lives.

On Mondays, our vicars will share some stories from the Bible about Resilient Heroes and Heroines.

On Tuesdays we will think about our own resilience, linking the value to PSHE and the first Jigsaw Unit: **Being Me in My World**.

This includes lessons on self-identity, group identity, responsibilities, consequences, teamwork and introduces the Jigsaw Charter.

Wondering Wednesday or *Thinking Thursday* Collective Worship is class based and children help to lead the worship in their classes.

On Fridays, our Pupil Worship Leaders will celebrate children who have been deploying their agents.

MESSY CHURCH

All families are invited to attend Messy Church on **Wednesday 15th October**.

Messy Church is a form of church for children and adults that involves **creativity**, **celebration** and **hospitality**.

Our messy church sessions typically include a welcome, creative time to explore a biblical theme through getting messy with arts and crafts; a short celebration time involving story, prayer, song and similar; and a sit-down meal together at tables.

It's fun and it's free. You can attend if you have a religious belief or if you do not - all welcome. Come along to the KS2 hall at 3:20 (a family member must bring their child - no unaccompanied children).



HAVE FAITH, SHOW RESPECT, TAKE RESPONSIBILITY AND LEARN

As we start a new year we wish to remind everyone of the importance of remaining respectful and safe in the presence of children at all times around school. The mornings can be a pressured time for families to get to school however it is important that parents and carers act in a respectful manner to one another and the staff around school.

We want to avoid children and their carers being unnecessarily upset by experiencing behaviour that is not respectful.

Please remember to park respectfully and safely. For the safety of the children, we ask that you do not park across driveways, on double yellow lines, in coned off areas and the turning D at the front of school. Better to be a little late and safe rather than parking in a place that puts the children at risk and disrupts the safe flow of traffic.

We have a 10mins drop off time 8:45- 8:55 to try and help reduce the demand for parking spaces. Where possible we encourage as many people as possible to walk to school.



A PARENT'S GUIDE TO RENAISSANCE ACCELERATED READER (Y2-Y6)

Our school has purchased [Accelerated Reader](#) for children in Y2-Y6. Accelerated Reader is a computer program that helps teachers manage and monitor children's independent reading practice. Your child picks a book at their own level and reads it at

their own pace. When finished, your child takes a short quiz on the computer. (Passing the quiz is an indication that your child understood what was read.)

Accelerated Reader gives children, teachers, and parents feedback based on the quiz results, which the teacher then uses to help your child set goals and direct ongoing reading practice.

Children using Accelerated Reader choose their own books to read, rather than having one assigned to them. This makes reading a much more enjoyable experience as they can choose books that are interesting to them.

Teachers help your child choose books at an appropriate readability level that are challenging without being frustrating, ensuring that your child can pass the quiz and experience success.

If your child does not do well on the quiz, the teacher may help your child:

- Choose another book that is more appropriate.
- Ask more probing questions as your child reads and before your child takes a quiz.
- In most cases, children really enjoy taking the quizzes. Since they're reading books at their reading and interest levels, they are likely to be successful. This is satisfying for most children. Best of all, they learn and grow at their own pace.

How does the school determine my child's reading level?

Teachers determine your child's reading level with a *Renaissance Star Reading test*. Star Reading is a computerised reading assessment that uses computer-adaptive technology. Questions continually adjust to your child's responses. If the child's response is correct, the difficulty level is increased. If the child misses a question, the difficulty level is reduced. The test uses multiple-choice questions and takes approximately 15 minutes. Your child will receive a ZPD range after taking a Star Reading test. In independent literature-based reading, ZPD is the range of books that will challenge a child without causing frustration or loss of motivation.

How can you help your child become a better reader?

As with anything, performance improves with practice. Encourage your child to read at home daily. Create a *culture of reading* in your household by reading with your child, starting a home library, visiting your local library or book store on a regular basis, letting your child see you reading, and discussing books that each of you has read. When reading with your child, stop and ask questions to be sure your child is comprehending what is read.

Reading with your child, no matter what the child's age, is an important part of developing a good reader, building a lifelong love of reading and learning, and creating a loving relationship between you and your child. Make learning a family affair!

PARENTS GUIDE FOR MYON

We are very pleased to offer the use of 'myON' for pupils within KS2. MyON is a digital library with thousands of ebooks for children to choose from and it links with our in-school reading system/library. The digital books available can be tailored to children's interests and will allow your child to read books

independently, or together as a family, at any time you choose. There is open access to many genres and age ranges.

The myON website allows your child to interact with books by highlighting sections, annotating with virtual post-it notes and listening to text.

Part of the website has a 'news' section where there will be current child-friendly news articles for your child to access. Children can choose to read the book themselves or have it read for them. Your child's teacher can view the books they have read and see how long they have read for too. Once your child has read a book, they can 'take a quiz' - exactly like they do in school - their myON account links to their in-school Accelerated Reader account where children accrue points and are working towards becoming a 'Word Millionaire' where they have read a million words or more!



THE SUMMER READING CHALLENGE

The theme for this year's Summer Reading Challenge was **The Story Garden**

Congratulations to all the children who completed the Challenge by **Saturday 6th September.**

They were awarded a medal, certificate, and a pencil.

We are very proud of everyone who achieved this challenge!



HISTORY TERM

This term, all year groups will be learning about aspects of British History. Each year group has a visit or a workshop for the children to experience 'living history'.



Y1 are learning about toys and games from the past. They had a great workshop from the museum last week introducing toys from the past. Perhaps you have a toy from your youth that you could show the children?

Y2 are learning all about the Great Fire of London. On **Wednesday 1st October**, they will go back in time to the bustle of London in 1666 where a fire burns in a Pudding Lane bakery. The children start the morning by becoming apprentices on the streets of London, learning skills common for workers of the era: leather working, metal working, sewing, etc. They learn all about the spread of the fire as they work.



Y3 are learning all about The Celts. The Celtic Harmony Camp, with its 7 Iron Age roundhouses and native woodland, is a wonderful place to visit, learn and develop knowledge of British history. It is the UK's largest reconstructed Prehistory settlement, in a beautiful woodland setting, just on our doorstep!

The trip was on **Tuesday 16th September** and the children had a wonderful time.

Y4 are learning all about life in Britain during The Roman Invasion. For their workshop, they arrive in 60 AD: the Romans occupy Britain and unrest grows. The widowed Iceni queen, Boudica, seeks to overthrow Roman rule - as do the Trinovantes. In her fury, Boudica wipes out whole communities. No one knows where she might strike next.

Their workshop is **Thursday 2nd October**. Don't forget to dress for the occasion!



Y5 journey to an Anglo-Saxon village on **Friday 26th September**. One of England's great archaeological sites, West Stow has extensive indoor galleries and a stunning recreation of an Anglo-Saxon village. Children will be able to explore history and nature, watch a film, dress up as an Anglo-Saxon and meet the rare breed of pigs and chickens.



MUSIC TUITION: YEAR 4 PUPILS LEARN TO PLAY THE CLARINET

We are very pleased to announce that we were successful with a bid to secure a year's worth of music lessons for Y4 pupils at minimal cost to the school for hiring the instruments. We chose a wind instrument to learn to play as children already learn to play the glockenspiel, the djembe drums and the ukulele in their music lessons with Mr Turner. We hope to hear them play at next year's concert!



ATTENDANCE / ABSENCE REMINDER

Below is a reminder of the Attendance expectations.

It is important to realise that this is not school policy, this is national policy. With the introduction of the new Department of Education (DfE) National Framework for Penalty Notices, the following changes came into force for Penalty Notice Fines issued after **19th August 2024**.

Attendance is everyone's business

Children's Commissioner's submission to the persistent absence inquiry

February 2023

National Threshold

There is a single consistent national threshold for when a penalty notice is issued of 10 sessions (usually equivalent to 5 school days) of unauthorised absence within a rolling 10 school week period.

These sessions do not have to be consecutive and can be made up of a combination of any type of unauthorised absence.

The 10-school week period can span different terms or school years.

First Offence: The first time a Penalty Notice is issued for term time leave of absence or unauthorised absence the amount is:

- £160 per parent, per child paid within 28 days
- Reduced to £80 per parent, per child if paid within 21 days

Second Offence (within 3 years): The Second time a Penalty Notice is issued for unauthorised absence the amount will be:

- £160 per parent, per child within 28 days

Third Offence and Any Further Offences (within 3 years): The third time an offence is committed a Penalty Notice will not be issued and the case will be presented straight to the Magistrate's Court.

- Prosecution can result in criminal records and fines up to £2,500
- Cases found guilty in Magistrates' Court can show on the parent's future DBS certificate due to 'failure to safeguard a child's education'

Per Parent, Per Child

Penalty Notice Fines are issued to each parent, for each child that was absent.

For example: 3 siblings absent for term time leave, would result in each parent receiving 3 separate fines. Parent refers to anyone with parental responsibility and may include carers, step-parents, grandparents or any other adult with parental responsibility.

Some FAQs:

- How do I request for my child to have leave granted during term time?

You must submit an Absence Request form at least 20 days before the proposed absence. It will be for your child's Head Teacher to make a decision as to whether there are exceptional circumstances that will allow them to grant the time off. Do not assume that the absence will be granted until you have received confirmation from the school.

- What happens if I am issued with a penalty fine and I don't pay it?

Unauthorised absence from school is an offence under s444 of the Education Act 1996. A penalty fine is an opportunity for you to settle out of court. If you don't take this opportunity, you can be prosecuted for the offence of failing to ensure your child's regular attendance.

YEAR 6 RESIDENTIAL TO PGL IN EAST SUSSEX



This week, our Y6 pupils took part in a range of adventures: building a raft to float on in the lake, zip wire, orienteering, abseiling, archery and much more.

We were amazed at their determination, resilience and courage throughout the trip!



PE AND SPORT AT WORMLEY

We welcome Mr Horsley who joins our school as Mr Da Silva leaves us. Mr Da Silva is preparing to move up north. We thank Mr Da Silva for his development of PE these past two years and wish him well. Mr Horsley has made a great start and is looking to build on the PE and sport success these past years. Our first set of competitive fixtures are the District Cross Country **7th November** and then the Y5&6 Netball and Football tournaments on **14th November**.



Wake and Shake sessions will start again from **Tuesday 23rd September** at 8:30- 8:45am. There will be sessions every Tuesday and Thursday morning for KS2 pupils. The sessions are free to attend and are designed to give the children an energetic start to the day. Children just need to go to the KS2 playground at 8:30 and members of staff will supervise them during the session before they go to their class at 8:45. We look forward to seeing the children this Tuesday!

PRESCHOOL/NURSERY PLACES

There are still some limited places in **Preschool** and **Nursery** afternoons. Please email admissions@wormleyprimary.co.uk if you are interested in a place here at Wormley.

SENCo CONTACT

Our SENCos this year, Mrs Hawkins (EYFS/KS1) and Mrs Drake (KS2), can be contacted via email senco@wormleyprimary.co.uk. Both of our SENCos teach half of the week but have timetabled Wednesday afternoons to meet with parents / carers.

KS1 & KS2 HARVEST FESTIVAL

KS1 & KS2 will be celebrating the Harvest Festival on **Friday 3rd October**. The theme is **Educational Injustice**.

250 million children globally are not able to go to school. This results in children who are condemned to live in poverty, unable to improve their life chances and their futures. This year the Bishops' Harvest Appeal is being run in partnership with Mission Direct who are working towards increasing access to education for some of the world's most under-resourced communities.

If you would like to donate a food gift for the Food Bank, please send the gift in with your child.



DEPARTMENT FOR EDUCATION AND NHS GUIDANCE FOR CHILDREN'S ATTENDANCE

Is my child too ill for school?

It can be tricky deciding whether or not to keep your child off school, nursery or playgroup when they're unwell. It is usually appropriate for parents and carers to send their children to school with mild respiratory illnesses. This would include general cold symptoms: a minor cough, runny nose or sore throat.

If you do keep your child at home, it's important to phone the school or nursery on the first day. Let them know that your child won't be in and give them the reason. If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, let their teacher know.

If unsure, please check below:

Coughs and colds: It's fine to send your child to school with a minor cough or common cold. But if they have a fever, keep them off school until the fever goes. Encourage your child to throw away any used tissues and to wash their hands regularly.

High temperature: If your child has a high temperature (38 degrees celsius or more), keep them off school until it goes away.

Chickenpox: If your child has chickenpox, keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.

Cold sores: There's no need to keep your child off school if they have a cold sore. Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.

Conjunctivitis: You don't need to keep your child away from school if they have conjunctivitis. Do get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.

Ear infection: If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.

Hand, foot and mouth disease: If your child has hand, foot and mouth disease but seems well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.

Head lice and nits: There's no need to keep your child off school if they have head lice. You can treat head lice and nits without seeing a GP. Let the school know.

Impetigo: If your child has impetigo, they'll need treatment from a GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.

Ringworm: If your child has ringworm, see your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.

Scarlet fever: If your child has scarlet fever, they'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics. Let the school know.

Slapped cheek syndrome (fifth disease): You don't need to keep your child off school if they have slapped cheek syndrome because, once the rash appears, they're no longer infectious. Let the school know.

Sore throat: You can still send your child to school if they have a sore throat. But if they also have a high temperature, they should stay at home until it goes away. A sore throat and a high temperature can be symptoms of tonsillitis.

Threadworms: You don't need to keep your child off school if they have threadworms. Speak to your pharmacist, who can recommend a treatment. Let the school know.

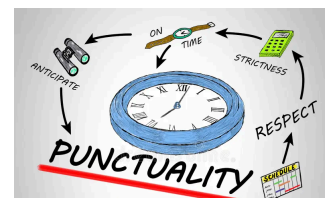
Vomiting and diarrhoea: Children with diarrhoea or vomiting should stay away from school until they have not been sick or had diarrhoea for at least 2 days (48 hours).

In addition to respiratory illnesses, we are aware that more children may be absent from school due to symptoms of anxiety than before the pandemic. Worry and mild or moderate anxiety, whilst sometimes difficult emotions, can be a normal part of growing up for many children and young people. Being in school can often help alleviate the underlying issues. A prolonged period of absence is likely to heighten a child's anxiety about attending in the future, rather than reduce it.

PUNCTUALITY IS AN IMPORTANT LIFE SKILL

The school gates close at 8:55am. After this, children will be marked as late. If they are later than 9.15am this will be marked as an unauthorised absence.

A late start can be very difficult for children when they enter the classroom and learning has already started.





COURSES FOR FAMILIES

The 6 week courses are fully funded by HCC for families in Hertfordshire. Please take a look - the courses are for any family wanting to improve their parenting skills.

TALKING TEENS

Six weekly sessions for parents and carers of children aged 12-19 years

- The Teen Brain: physical and emotional changes taking place and why behaviour changes
- The link between behaviour and communicating difficult feelings
- How to maintain your relationship with good communication
- Understanding risk taking behaviour around drugs, alcohol and gang culture
- How to negotiate and reduce conflict



Tuesdays 7.45 - 9.15pm
16th Sep – 21st Oct
Online Course: ID 778

Thursdays 7.45 - 9.15pm
6th Nov – 11th Dec
Online Course: ID 777

Online **Tuesday evenings 7.45pm - 9.15pm 16 Sep - 21st Oct** ID: 778

Online **Thursday evenings 7.45pm - 9.15pm 6th Nov - 11th Dec** ID: 777

TALKING FAMILIES

Six weekly sessions for parents and carers of children 0-12 years

- Manage challenging behaviour with consistency
- Encourage positive behaviour
- Build your child's self-esteem
- Set and maintain boundaries
- Respond to tantrums and difficult feelings in children
- Develop strong parent/child relationships



Wednesdays 8.00 - 9.30pm
17th Sep – 22nd Oct
Online Course ID 774

Tuesdays 9.45 - 11.15am
4th Nov – 9th Dec
Online Course ID 772

Tuesdays 8.00 - 9.30pm
4th Nov – 9th Dec
Online Course ID 773

Online **Wednesday evenings 8.00 - 9.30pm 17th Sep-22nd Oct** ID: 599

Online **Tuesday mornings 9:45 - 11:15am 4th Nov - 9th Dec** ID: 772

Online **Tuesday evenings 8:00-9:30pm, 4th Nov - 9th Dec** ID: 773

TALKING DADS

Six weekly sessions for dads and male carers of children 0-19, sharing information on:

- Improved listening and communication skills
- A healthy dad-child relationship now and for the future
- Effective strategies for dealing with anger and conflict
- How to enforce boundaries
- Being the dad you want to be



Wednesdays 7.45 - 9.15pm
17th Sep – 22nd Oct
Online Course: ID 779

Wednesdays 7.45 - 9.15pm
5th Nov – 10th Dec
Online Course: ID 780

Online **Wednesday evenings 7:45 - 9:15pm 17th Sep-22nd Oct** ID: 779

Online **Wednesday evenings 7:45 - 9:15pm 5th Nov-10th Dec** ID: 779

Booking for courses is essential.

Please quote the course ID

Contact Supporting Links by phone on **07512 709556** or email: bookings@supportinglinks.co.uk

WORKSHOPS

RESPONDING to ANGER



- Healthy & unhealthy anger.
- How to spot the signs early.
- Our own and our children's triggers.
- Techniques that stop angry and aggressive behaviour escalating and when to use them.
- How to respond to our child in meltdown, keeping ourselves, our child and siblings safe.

Tuesday 23rd September, 9.30-11.15am

Workshop SL781 book via Eventbrite:

<https://www.eventbrite.co.uk/e/asd-adhd-responding-to-anger-781-for-parentscarers-in-herts-registration-1413258727899?aff=odtdtcreator>

SCHOOL AVOIDANCE



- What is Emotionally Based School Avoidance and is this what your child is experiencing?
- Common causes and triggers of school avoidance.
- How EBSA is affecting you and your family.
- Practical steps you can take to support your child and look after yourself.
- How to work with your school in your child's best interests.

Monday 10th November, 7.30-9.15pm

Workshop SL783 book via Eventbrite:

<https://www.eventbrite.co.uk/e/talking-asd-adhd-school-avoidance783-for-parentscarers-in-herts-registration-1417463965879?aff=odtdtcreator>

Contact Supporting Links by phone on 07512 709556 or email: bookings@supportinglinks.co.uk

Understanding ADHD and Autism for Dads - FREE 6 WEEK COURSE IN ST ALBANS By ADD-vance

Who is this course for? Fathers and male carers of children aged 5-14 yrs (or 4 yrs and already in reception) with a diagnosis or suspected diagnosis of ADHD and/or Autism.

Every course is bespoke to the needs of each group. Learning outcomes include:

- ★ Understanding ADHD, Autism and related conditions
- ★ Building your child's self-esteem
- ★ Understanding anxiety and anger triggers
- ★ Reducing meltdowns and other behaviours which challenge
- ★ Developing positive behaviour strategies
- ★ Working collaboratively with school
- ★ Knowing your rights and how to advocate for your child
- ★ Reducing your own stress levels
- ★ Managing the needs of siblings
- ★ Improving communication as a family
- ★ Connecting with other dads and sharing experiences
- ★ Signposting to useful resources and local support networks.



Understanding ADHD and Autism for Dads - FREE 6 WEEK COURSE IN ST ALBANS

Wednesday at 19:00

Sopwell Family Centre

Free

When and where will the course take place? On Wednesdays from **17th September to 22nd October 2025**, 7 - 9 pm.

Location: Sopwell Family Centre, Mandeville Drive St Albans AL1 2LD

It will run as a series of 6 x 2 hour sessions over 6 weeks. All sessions must be attended.

Get your ticket here:

https://www.eventbrite.co.uk/e/understanding-adhd-and-autism-for-dads-free-6-week-course-in-st-albans-tickets-1461922362139?aff=odcleoeventsincollection&gl=1*ipuxv*up*MQ.*ga*MTMyNzI2MjQ5My4xNzU3NjgyMzc3*_ga_TQVES5V6SH*czE3NTc2ODIzNzckbzEkZzAkDDE3NTc2ODIzNzckajYwJGwwJGgw

**** This course is funded by Hertfordshire County Council's Targeted Parenting Fund and is open to residents of Hertfordshire only ****

Understanding ADHD for Parents/Carers of Girls - FREE ONLINE WORKSHOP By ADD-vance

An introductory workshop for parents/carers of girls up to 18 years with a diagnosis or suspected diagnosis of ADHD.

Date and time: Fri, 19 Sep 2025 10:00 - 11:30 BST

Location: Online, 1 hour, 30 minutes

Who is this course for? HERTFORDSHIRE RESIDENTS ONLY

Learning outcomes:

- ★ To understand the characteristics of ADHD
- ★ To explore how ADHD may present differently in girls and women
- ★ To discuss strategies to support ADHD girls
- ★ To know where to get more help
- ★ Where will the workshop take place?



This interactive workshop will be delivered via Zoom with up to 100 participants. The session can be accessed free via a PC, laptop, tablet or smartphone. You will receive reminder emails 2 days, 2 hours and 10 mins before the event which will include the Zoom link. If you don't receive any emails regarding this event, please check your junk mailbox and email bookings@add-vance.org if necessary.

Is this workshop recorded? This workshop will be recorded and recordings will be available to watch for 7 days. The recording and resources will be sent to all parents and carers registered within 3 working days of the event so do not worry if you are unable to attend live!

Get your ticket:

https://www.eventbrite.co.uk/e/understanding-adhd-for-parentscarers-of-girls-free-online-workshop-tickets-1455040177339?aff=odcleoeventsincollection&gl=1*vv3ji*up*MQ.*ga*MTMyNzI2MjQ5My4xNzU3NjgyMzc3*ga_TQVES5V6SH*czE3NTc2ODIzNzckbzEkZzEkdDE3NTc2ODMyMTkkaJYwJGwwJGgw

** This workshop is funded by Hertfordshire County Council's Targeted Parenting Fund and is open to residents of Hertfordshire only **

Understanding PDA (Pathological Demand Avoidance) - FREE ONLINE WORKSHOP By ADD-vance

An introductory workshop for parents/carers of children up to 18 years with a diagnosis or suspected diagnosis of ADHD and/or Autism.

Date and time: Wed, 24 Sep 2025 19:00 - 20:30 BST

Location: Online

Who is this course for? HERTFORDSHIRE RESIDENTS ONLY

Learning outcomes:

- ★ To understand more about the 'PDA' presentation of autism
- ★ To explore helpful support strategies
- ★ To know where to get more help.



Where will the workshop take place? This interactive workshop will be delivered via Zoom with up to 100 participants. The session can be accessed free via a PC, laptop, tablet or smartphone. You will receive reminder emails 2 days, 2 hours and 10 mins before the event which will include the Zoom link. If you don't receive any emails regarding this event, please check your junk mailbox and email bookings@add-vance.org if necessary.

Will this workshop be recorded? This workshop will be recorded and recordings will be available to watch for 7 days. The recording and resources will be sent to all parents and carers registered within 3 working days of the event so do not worry if you are unable to attend live!

Get your ticket:

https://www.eventbrite.co.uk/e/understanding-pda-pathological-demand-avoidance-free-online-workshop-tickets-1455041451149?aff=odcleoeventsincollection&gl=1*1w9vhr4*up*MQ.*ga*MTMyNzI2MjQ5My4xNzU3NjgyMzc3*ga_TQVES5V6SH*cze3NTc2ODIzNzckbzEkZzEkdDE3NTc2ODMyMTkkajYwJGwwJGgw

**** This workshop is funded by Hertfordshire County Council's Targeted Parenting Fund and is open to residents of Hertfordshire only ****

Tips & Tools for Sleep - FREE ONLINE WORKSHOP By ADD-vance

An online introductory workshop for parents/carers of children up to 18 years with a diagnosis or suspected diagnosis of ADHD and/or Autism.

Date and time: Mon, 29 Sep 2025 10:00 - 11:30 BST

Location: Online, 1 hour, 30 minutes



Who is this course for? HERTFORDSHIRE RESIDENTS ONLY

Learning outcomes:

- ★ To understand the common problems associated with sleep and neurodivergence
- ★ To understand the root of the problem and how this has developed
- ★ To understand the importance of good 'sleep hygiene'
- ★ To be able to identify strategies that others have used to overcome sleep issues
- ★ To know where to go for more help

Tips & Tools for Sleep - FREE ONLINE WORKSHOP
Mon, 29 Sept, 10:00 BST
Free

Where will the workshop take place? This interactive workshop will be delivered online via Zoom with up to 100 participants. The session can be accessed free via a PC, laptop, tablet or smartphone. You will receive reminder emails 2 days, 2 hours and 10 mins before the event which will include the Zoom link. If you don't receive any emails regarding this event, please check your junk mailbox and email bookings@add-vance.org if necessary.

Will the workshop be recorded? This workshop will be recorded and recordings will be available to watch for 7 days. The recording and resources will be sent to all parents and carers registered within 3 working days of the event so do not worry if you are unable to attend live!

Get your ticket:

https://www.eventbrite.co.uk/e/tips-tools-for-sleep-free-online-workshop-tickets-1461714400119?aff=odcleoeventsincollection&gl=1*1uqbK6c*up*MQ.*ga*MTMyNzI2MjQ5My4xNzU3NjgyMzc3*ga_TQVES5V6SH*cze3NTc2ODIzNzckbzEkZzEkdDE3NTc2ODMyMTkkajYwJGwwJGgw

**** This workshop is funded by Hertfordshire County Council's Targeted Parenting Fund and is open to residents of Hertfordshire only ****

Understanding Challenging Behaviour - FREE ONLINE WORKSHOP By ADD-vance

An introductory workshop for parents/carers of children up to 18 years with a diagnosis or suspected diagnosis of ADHD and/or Autism.

Date and time: Fri, 3 Oct 2025 10:00 - 11:30 BST



Location: Online, 1 hour, 30 minutes

Who is this course for? HERTFORDSHIRE RESIDENTS ONLY

Learning outcomes:

- ★ To examine what we mean by 'challenging behaviour'
- ★ To understand why challenging behaviour is more common in neurodiverse children/young people
- ★ To identify triggers and underlying needs
- ★ To develop strategies which anticipate and prevent challenging behaviour
- ★ To know where to get more help.

Where will the workshop take place? This interactive workshop will be delivered via Zoom with up to 100 participants. The session can be accessed free via a PC, laptop, tablet or smartphone. You will receive reminder emails 2 days, 2 hours and 10 mins before the event which will include the Zoom link. If you don't receive any emails regarding this event, please check your junk mailbox and email bookings@add-vance.org if necessary.

Is this workshop recorded? This workshop will be recorded and recordings will be available to watch for 7 days. The recording and resources will be sent to all parents and carers registered within 3 working days of the event so do not worry if you are unable to attend live!

Get your ticket:

https://www.eventbrite.co.uk/e/understanding-challenging-behaviour-free-online-workshop-tickets-1455068461939?aff=odcleoeventsincollection&gl=1*s4xhsp*up*MQ..*ga*MTMyNzI2MjQ5My4xNzU3NjgyMzc3*ga_TQVES5V6SH*czE3NTc2ODIzNzckbzEkZzEkdDE3NTc2ODMyMTkkajYwJGwwJGgw

**** This workshop is funded by Hertfordshire County Council's Targeted Parenting Fund and is open to residents of Hertfordshire only ****

SUPPORTING CHILDREN WITH DOWN SYNDROME

Early Years



A weekly group for babies, toddlers and preschoolers (aged 0-5 years) with Down Syndrome. It includes:

- 1) a fun, **developmental playgroup** with toys, sensory resources, Sing & Sign (with Makaton), a Sensory Toy Lending Library, and refreshments and social time for parents,
- 2) for children aged 1+ it offers an **early intervention teaching class** with a Specialist Teacher, to teach a range of foundation skills, including early communication, literacy, numeracy and fine motor skills, AND
- 3) visiting **private therapy professionals** (Speech and Language, Physio, Occupational Therapy and more) who will meet with you 1:1 to understand your questions and any concerns and give

Get your ticket:

<https://www.eventbrite.co.uk/e/little-achievers-autumn25-tickets-1424125952059?aff=oddttdtcreator>



Young Achievers Social Development Programme

OUR WEEKLY YOUNG ACHIEVERS PROGRAMME AIMS TO PROVIDE CHILDREN AND YOUNG PEOPLE WHO HAVE DOWN SYNDROME WITH FRIENDSHIP, FUN AND POSITIVITY. THE GROUP GIVES THEM THE OPPORTUNITY TO PARTICIPATE IN GAMES AND ACTIVITIES DESIGNED TO HELP THEM DEVELOP TEAMWORK, SOCIAL SKILLS AND OTHER PRACTICAL SKILLS FOR LIFE. THE GROUP ALSO OFFERS THE CHANCE FOR PARTICIPANTS TO BE ACTIVE AND TO HAVE IMPROVED WELLBEING.

CHILDREN AND YOUNG PEOPLE WITH DOWN SYNDROME OFTEN FIND IT DIFFICULT TO ACCESS SOCIAL OPPORTUNITIES THAT ARE NOT TAILORED TO MEET THEIR INDIVIDUAL NEEDS. THE YOUNG ACHIEVERS PROGRAMME PROVIDES THEM WITH A SAFE ENVIRONMENT TO DEVELOP THE SKILLS THEY NEED TO THRIVE IN THEIR COMMUNITIES. BRINGING CHILDREN AND YOUNG PEOPLE WITH DOWN SYNDROME TOGETHER ON A REGULAR BASIS ALSO HELPS THEM TO DEVELOP POSITIVITY AND CONFIDENCE IN WHO THEY ARE BY PROVIDING THEM WITH THE OPPORTUNITY TO BUILD STRONG PEER TO PEER FRIENDSHIPS.

Young Achievers runs weekly in term time and is led by an experienced Youth Leader, an Assistant Leader and a Support Worker, and supported by volunteers. Activities may include team games, sports tasters, crafts, dance, music, cooking as well as practising social and life skills. Activities will be tailored to the needs and interests of the attendees. There are two groups based on age:

Year R - Year 6

For children aged 4 to 11 with activities differentiated between the infants and junior group - meets from 2:30-3:30pm on Saturday.

Year 7 - Year 12

For children aged 12 to 17 - meets from 4-5:30pm on Saturday.

Young Achievers is held at **Applecroft School, Applecroft Road Welwyn Garden City AL8 6JZ** and may include professional visitors or offsite activities from time to time. Older siblings are very welcome to volunteer at the older age group.

**FOR FURTHER INFORMATION OR TO BOOK A PLACE,
CONTACT US ON
INFO@DSACHIEVE.ORG**



Families Feeling Safe

Supporting families with Protective Behaviours

HODDESDON
starting
Sept 2025

**A FREE course for Mums, Dads,
and Carers of children 5-19yrs**



Thursday mornings
9.30am—11.30am

25 Sept—27 Nov 2025
(excluding half-term)

At
Hoddesdon Enterprise Centre,
Pindar Road,
Hoddesdon,
EN11 0FJ

Are you looking for some strategies and new ideas to help improve family life? This 9 week fully-funded term time course can help you to:

- Understand how Feelings, Thoughts and Behaviour link together
- Understand what may be influencing your child's behaviour
- Respond to a range of feelings e.g. stress, anger, anxiety and worries
- Improve communication to build better relationships
- Build on your own and your child's strengths
- Learn strategies to help you and your family feel safe

Places are funded for families within Hertfordshire

For eligibility and to book your fully funded place please contact:

Tel: 01992 303331 Opt. 5



Please like us on Facebook for further updates @familiesfeelingSAFE



Families Feeling Safe Protective Behaviours Services has been funded through HCC to provide Families Feeling Safe programmes across Hertfordshire. We deliver Protective Behaviours training for professionals and provide programmes and workshops to children and their families. www.familiesfeelingSAFE.co.uk E-mail: enquiries@familiesfeelingSAFE.co.uk

WISHING YOU ALL A VERY HAPPY AUTUMN TERM

"Jesus Christ is the same yesterday and today and forever." Hebrews 13:8