



# News on the Nineteenth

*With God  
all things  
are  
Possible*

Wormley CofE Primary School (VC)  
Cozens Lane East, Wormley, Broxbourne, Herts, EN10 6QA  
Tel: 01992 303331

*Have Faith, Show Respect, Take Responsibility and Achieve*  
[www.wormleyprimary.co.uk](http://www.wormleyprimary.co.uk)

## May 2024

### KEEP READING

Thank you for your support of our **Spring Reading Challenge**.  
Please continue to make time at home for reading every night - at least 20 minutes daily. Where possible, please read with your children and talk about their books.  
If children are not yet reading fluently, their progress across the whole curriculum can be hampered.

### DATES:

Sports Day  
**24<sup>th</sup> May**  
HALF TERM  
**27<sup>th</sup>-31<sup>st</sup> June**  
END OF TERM  
**19<sup>th</sup> July**

### SPORTS DAY

This years' Sports Day will be held on **Friday 24<sup>th</sup> May**.  
Parents, family and friends are welcome to come along and encourage the children during the events. As all events will take place on the school field please make your way straight there upon arrival.  
For safety reasons, we ask that parents please stay on the outside of the track - behind our barriers/roped area- as the children will be on the inside of the track.  
The **KS2** events will take place during the morning and the **KS1** events will take place in the afternoon. Reception and Nursery classes will also run their races on this day.



Please see the outline of the day below.

Time	Event
9:15-9.45am	YR Starfish (Mrs Burling's class) and morning Nursery events
9.30-12.00pm	KS2 carousel, events and competitive finals
12.00-12.15pm	Results
1.00-1.30pm	YR Angelfish (Mrs Moore's class)
1.30-3.00pm	KS1 carousel, events and competitive finals
3.00pm	Results

Children should come to school in their PE shorts/tracksuit bottoms, t-shirt in their house colour and trainers (not plimsolls or shoes). Please send in water bottles.

If it is hot, sun hats should be worn and sun cream applied in the morning.

We look forward to an enjoyable day! Thank you for your support

### SCHOOL PE KIT

We do expect the children to be in the school's PE kit for PE. This is a blue t-shirt, blue shorts or tracksuit bottoms and sports trainers. We do not want children in football kits and colourful tracksuits. Flimsy shoes are not suitable. Earrings should be removed or taped. No jewellery should be worn to school.



### RECEPTION PLACES

Our next cohort of YR children have been allocated their places. Most of our Nursery children secured a place here at Wormley.

### NURSERY PLACES

We still have a few places in our nursery in the afternoons. If you are interested, fill out a form from the website or contact the school office.

### SATs AND WHOLE SCHOOL ASSESSMENT WEEKS

During this half of term, there are a number of assessments of children's attainment and progress, including national assessments.

**Tuesday 13<sup>th</sup> - Friday 16<sup>th</sup> May,**

Year 6 children sat their national SATs.

Children and staff put a lot of effort into learning throughout the year to prepare everyone for the tests and to get year 6 children ready for secondary school.

The children have all made so much progress and we are proud of each one's individual progress.

Our Year 6 children managed their SATs with confidence, resilience and strategic approaches despite the challenging tests!

**Monday 10<sup>th</sup> - Thursday 21<sup>st</sup> June**

Year 2 children's assessment weeks

**Monday 12<sup>th</sup> - Friday 16<sup>th</sup> June**

Year 1 children will have a DfE Phonic Screening Check

**Monday 5<sup>th</sup> June - 16<sup>th</sup> June**

Y4 children will take a DfE Multiplication Check



Please ensure your children attend school during these important weeks. Keep up the good practise of making sure your child has a good night's sleep and a healthy breakfast. Thank you.

### WORMLEY BAKE OFF

What amazing, creative bakers we have at Wormley! There were so many incredible cakes and cupcakes entered into our Bake Off competition - baked by children and adults. We raised £600 for a cancer research charity

Here are a few examples:



Wow, wow, wow!

## KEEPING CHILDREN SAFE ON LINE

I would like to share an email from one our very committed parents who is trying to keep her child safe on-line but struggling because of the irresponsibility of the tech companies. Please beware.

Dear Mrs Gaiteri,

I wanted to bring to your attention something which has shocked and horrified me in the last week.

My home broadband provider is **Virgin Media**, and as part of the service they offer there is a 'Child Safe' option, which stops children being able to access harmful content. I enabled 'Child Safe' 6 months ago, and have also added a number of websites to my banned list, as an extra precaution and to keep my daughter as safe as possible when using her devices at home.

On Monday of this week I noticed 'Child Safe' is no longer working and the websites I had previously banned are now all accessible via the **Virgin** wifi. I have had no notifications from Virgin, so worryingly this could have stopped working anytime in the last 6 months. I have called Virgin, who have been extremely unhelpful and said it is a 'technical glitch' and have still 4 days on, been unable to fix the issue. I have reported this to Ofcom, but I also wanted to make the school aware as this could be happening in other homes - putting children in danger of innocently accessing harmful content with parents blissfully unaware. This is not an isolated incident, as after checking on various forums, it appears it is a common issue with **Virgin Media**.

I know the school takes internet safety seriously, so I hope you will take steps to warn other parents. If parents and carers find they have a similar problem, please take the time to report this.



## GEOGRAPHY TERM

This half term, children have been completing their local geography fieldwork.

In the next half term, they will beginning their world geography studies.

Year 1: Kenya

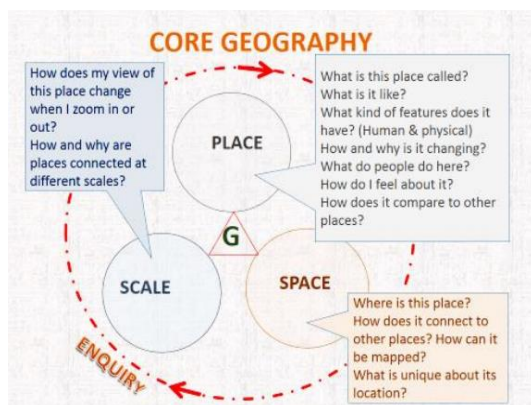
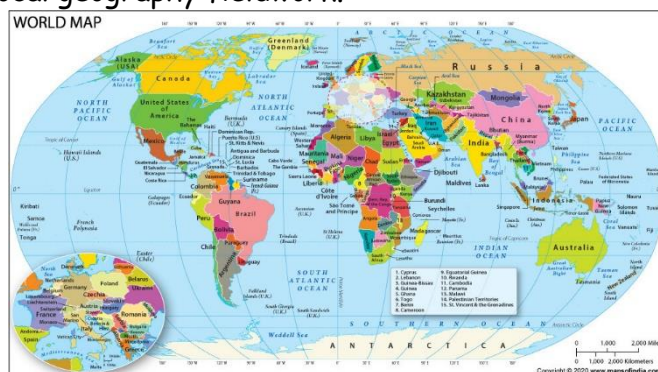
Year 2: The north and South Poles and the Equator

Year 3: Japan

Year 4: Brazil

Year 5: North America

Year 6: Europe



Children will be learning about different features within each area of the world, including rural and urban areas, the climate, earthquakes and severe weather, the decline of the rainforest, rivers and mountains.

Children learn about place, space and scale.



### FILM NIGHT

Our Dragon's Apprentice Team will be hosting a film night for KS1 and KS2 on **Wednesday 22<sup>nd</sup> May** after school to raise money for their nominated charity. Please book a place.

### HAIRSTYLES

All long hair must be tied back off the face in school. This prevents the spread of Head Lice. No fancy shavings in cropped hair, thank you. School is a place to look smart.

### SUMMER 1 RELATIONSHIPS

This half term, children have been focusing on the following themes:



**Year 1:** What makes a good friend, different types of families, appropriate ways of physical contact with my friends, who can help me in my school community, recognise my qualities as a friend.

**Year 2:** Identify different family members and relationships with each of them, appropriate physical contact within a family, conflict with friends, when it is good/not good to keep a secret, appreciate people who can help me.

**Year 3:** Roles of people in my family (males and females), skills of friendship, staying safe online, how people around the world help me and what I can do to help them.

**Year 4:** Jealousy in friendships, expressing who I love and why, how friendships change and how to manage fall out with friends, girlfriends and boyfriends when I am older.

**Year 5:** Recognising who I am, online safety and being part of an online community, rights and responsibilities in an online community, screen time.

**Year 6:** Taking care of my mental health, grief and loss and how to deal with this, recognising power and control, judging whether something/one online is safe, how to use technology positively to communicate with friends.

Next half term, **Summer 2**, our Jigsaw unit is '**Changing Me**'.

In **KS1**, this unit focuses on: Changes that happen to me, naming body parts, how my body has changed, life cycles in nature, physical differences between males and females.



In **KS2**, this unit focuses on: how babies grow and develop, how girl's and boy's bodies change inside and out, naming internal and external body parts in males and females, how a girl's body changes to make babies, menstruation (Y4 upwards), self-image, puberty (Year 5 upwards), sexual intercourse leading to conception (Year 5 upwards), looking after yourself, how a baby develops (Year 6), self-esteem and healthy relationships (Year 6).

More detailed information will be emailed to all families so that you can ask any questions or voice any concerns that you may have.

## CULTURAL WEEK AND # YOU BELONG PROJECT

We have planned a cultural week for the 1<sup>st</sup>-5<sup>th</sup> July. All the children will be taking part in dance workshops celebrating traditional dance from around the world including traditional Chinese Dragon dancing, Flamenco, Greek, Indian and African dance.

As part of the week, we have planned and belonging project - **# You Belong**.

This project stems from a year long school staff project called **Great Representations** - which helped staff to think about how inclusive our school is and whether everyone in our school feels like they belong.

The **# You Belong** project invites children to think about their family roots and traditions, the meanings and heritage of our names, our similarities and differences, our passions, our special gifts, our inspiration and our uniqueness.

Mr Emmett will be launching the project in this week's Collective Worship by telling his story. This will be posted in the **Google Classroom**.



Children will be invited to take part with a menu of possible Home Learning activities which include drawing a family tree, making a poster telling their story, poetry, cooking a favourite dish they like to eat, drawing artefacts important to them, taking photos of themselves in traditional dress etc.

We hope to make a film capturing highlights of the week which we can share with you. If any of our parents would like to share their story, we would welcome you to make a short film or come into school to talk to the children.

### PLANNED ABSENCE

If you know your child needs to be absent from school, such as a dentist visit, a sport's fixture etc. please complete a request for absence form located on our school website under the **Attendance** tab.

This form must be submitted in advance to [attendance@wormleyprimary.co.uk](mailto:attendance@wormleyprimary.co.uk) with supporting evidence (appointment card, email, text message etc.)

### LATE COLLECTION

Please let the school know as soon as possible if you will be late to collect your child(ren). If you are very late children may be placed in our Afterschool Club and parents will be charged for the session.



### TRIP TO THE MAYOR'S OFFICE

Our Pupil Parliament were invited to visit the Mayor's Parlour for refreshments and a tour of the Council Chamber. The children really enjoyed taking a seat in the chamber and interviewing Paul Seeby to find out more about his role. The children were a credit to the school!



## SUMMER CONCERT AND WORMLEY FEST

16<sup>th</sup> July, 1:30pm

We are looking forward to performing a summer concert to our families once again, based on our cultural week.

**Rock Steady Bands** will be performing and Y5 will demonstrate their music learning with our music specialist from this term, playing the djembe drums and singing African songs.

The PTA are planning a **Wormley Fest** following our Summer Concert.

There will be face painting, a football tournament, games, a BBQ, arts and crafts, a bouncy castle, stalls, entertainment and much, much more!

**SAVE THE DATE!**



### TRANSITION DAY

On **Thursday 11<sup>th</sup> July** our Y6 pupils will have a transition day at their new secondary school.

All of our children will *budge up* for the morning to meet their new teacher.



### Y6 LEAVERS' SERVICE

There will be a service for Year 6 and their families on **Thursday 18<sup>th</sup> July 9:30-10:30**.

### TRANSITION MORNINGS FOR CHILDREN NEW TO RECEPTION



We have a set of transition mornings planned for parents whose children will start in Reception in September. Attending is essential to help each child and their family to settle quickly.

### HEALTH AND WELL-BEING MATTERS 12<sup>th</sup> June 9:15-10:30

Come along and hear how we promote healthy eating and healthy lifestyles. Hear from our Forest School Leader about weekly Forest School sessions and our PE Leader about strategies to develop fitness, health and wellbeing such as mindfulness, yoga and the Daily Mile. Learn about the importance of play and our Learning and Wellbeing Agents. Meet our Safeguarding Lead, our Mental Health Lead and HABS Family Support Lead

### COMMUNICATION MATTERS 19<sup>th</sup> June 9:15-10:30

Come along and hear how we assess and support speech and language and develop communication from the beginning of the school journey. Hear about our approaches and interventions to give children a good start to school life. Meet our Early Years Leads and our Special Educational Needs Co-ordinators.

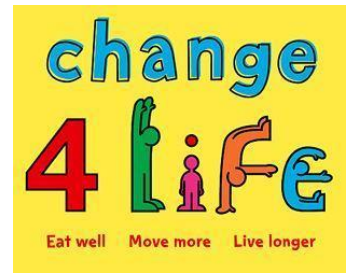
### SCHOOL MATTERS 26<sup>th</sup> June 9:15-10:30

Come along and hear all about school life at Wormley CofE Primary School - what a typical day is like, what uniform is worn, what curriculum your children will study etc. Meet the senior leaders of the school and your children's teachers.

We look forward to meeting all new parents and carers.

## HEALTHY LIFESTYLES, HEALTHY EATING AND PACKED LUNCHES ADD THE CULTURAL EATWELL

Wormley Church of England Primary School is committed to promoting healthy lifestyles, including healthy eating, exercise and well-being.



### NATIONAL CHILD MEASUREMENT PROGRAMME

Parents should be aware of the campaign to reduce obesity and improve physical and emotional well-being in the country. The dangers of eating too much sugar, fat and salt are well documented and the value of physical activity are well promoted. Since 2014, school nurses have been measuring the weight of children in Reception and Y6 to gather reliable data across the country.

#### Last summary results for Wormley Primary School

In our school, 97% of children in Reception and 88% of children in Year 6 were measured.

- Proportion of YR children who were obese 11%
- Proportion of YR children who were overweight 12%
- The Proportion of YR children who were obese or overweight was 23%. Similar to other schools in England (22%)
- Proportion of Y6 children who were obese 20%
- Proportion of Y6 children who were overweight 15%

The Proportion of Y6 children who were obese or overweight was 36%. Similar to other schools in England (34%)

The percentages are worrying since it would be expected that only 10% of any population of children of all ages would be overweight and a further 5% obese. Current levels in England are far higher, indicating possible future poor health for many of our children.

### HOME PACKED LUNCHES



**Healthy School**

Bearing this in mind, we are committed at Wormley CofE Primary School to promoting healthy diets and lifestyles. We expect that home packed lunches conform to the same strict nutritional standards of school lunches

([www.gov.uk/government/publications/the-eatwell-guide](http://www.gov.uk/government/publications/the-eatwell-guide))

The key to a healthy packed lunch is getting the right balance of a wide variety of food groups.

A healthy packed lunch should include:

- A good proportion of starchy food e.g. bread, wholegrain roll, tortilla wrap, pitta pocket, chapatti, pasta, rice, salad
- A portion of lean meat, fish or alternative e.g. chicken, tuna, ham, egg, cheese, beef, beans, hummus
- Plenty of fruits and vegetables e.g. apple, satsuma, handful of cherry tomatoes, carrot sticks, small tub of fruit salad, box of raisins
- Dairy food e.g. reduced fat cheese, yoghurt, fromage frais
- A drink e.g. water, yoghurt drink, unsweetened juice



Here are some tips to get started:

- Try different breads or other starchy foods for variety, such as a pasta salad or a rice salad
- Consider soup in the winter

- Use butter/spread sparingly and choose low fat spread/butter
- Include brightly coloured, chopped vegetables
- Add salad to sandwiches and chopped vegetables to salads
- Select some low fat yoghurt
- Add a slice of malt loaf, banana bread, a plain sponge cake, fruit scone or similar
- Include chopped fruit or a piece of whole fruit



Please DO NOT include the following in home packed lunches:

- **Nuts or nut products (due to allergies)**
- High fat, salty crisps or salty snacks
- Chocolate spread
- Jam sandwiches
- Chocolate bars/dips
- Juice (high in sugar)
- Fizzy drinks
- Large pieces of cake/muffins/doughnuts/sugary biscuits
- Take away food
- Sweets

Freezer packs are an ideal way to keep your child's lunch cool until lunchtime.

### DONATIONS FOR OUR GARDENING CLUB



Any donations of seeds, bedding plants or bulbs or spare equipment such as gardening spades and forks would be very much appreciated by our children's gardening club.

### PLAY LEADER / MIDDAY SUPERVISOR POSITION

We are looking to appoint a Play Leader / Midday Supervisor to join our fantastic team. Good communication skills are required and an interest in leading play activities. Full training will be provided. Successful candidate will be subject to an enhanced DBS criminal record check in children workforce and must provide correct documents to support the process.

For more information, please contact [admin@wormleyprimary.co.uk](mailto:admin@wormleyprimary.co.uk)

### FIT, FED AND READ CAMPS AT MAY HALF TERM

Have you tried the FULLY FUNDED Holiday Camps?

The Fit, Fed and Read coaches are looking forward to being back in 3 weeks with some more fun activities for the **May Half Term!**

Places are **FREE** for families with children who are 8-11 year olds and entitled to Free School Meals or experiencing other vulnerabilities.

Join us until, 10-3pm

Team games and sports

Art, crafts & team games

2 course FREE hot lunch

Book today and have your space secured for May Half Term. Booking code: FFR#HT

Location: **SELE SCHOOL**, Hertford

<https://playwaze.com/herts-sports-partnership-fit-fed-read/8utbi5f5wp8/session-display?eventId=PhysicalEventSeries/80803-C>





## MAY HALF TERM SPORTS CAMPS



Please see the flyer and the booking links to keep children active during the half term.

**Booking link for full day**  
- <https://super-star-sport-uk-2.classforkids.io/camp/47>

**Booking link for half day**  
- <https://super-star-sport-uk-2.classforkids.io/camp/49>

Alternatively, you can scan the codes.

### St Catherine's Primary School

Haslewood Avenue, Hoddesdon, Herts, EN11 8HT

#### TUESDAY 28<sup>th</sup> May: NINJA WARRIOR DAY

- ★ Camouflage
- ★ Obstacle Courses
- ★ Timed Challenges
- ★ Balance & Agility Training

#### WEDNESDAY 29<sup>th</sup> May: WATER SPORTS DAY

- ★ Water Splash Dash
- ★ Cross the River
- ★ Soak the Coach
- ★ Musical Water Drop

#### THURSDAY 30<sup>th</sup> May: BOUNCY CASTLE DAY

- ★ Bouncy Fun
- ★ Castle Dodgeball
- ★ Coaches Challenges
- ★ Bouncy Benchball

#### FRIDAY 31<sup>st</sup> May: FOOTBALL & GYMNASTICS DAY

- ★ Euros Tournament
- ★ Gym Routines
- ★ Ronaldo's Skill School
- ★ Jumps, Rolls & Balancing



Each day you can expect a number of different themed sports, games & activities

#### To Book:

Visit [www.superstarsport.co.uk](http://www.superstarsport.co.uk) 'Book Now'

For more information call 01992 766 707

*There is a 4.5% platform fee*



They are also giving away 4 amazing prizes for children who attend the camp during the May half term.

If you have any questions please contact:

**Kerem Bektas**

**T: 01992 766 707**

**Unit 56, The Maltings Business Centre, Stanstead Abbots, Ware SG12 8HG**



#### To Enter:

- ★ Book at least 1 day at any of our May Half Term Camps
- ★ Share this on WhatsApp to 1 friend

#### To book visit:

[www.superstarsport.co.uk](http://www.superstarsport.co.uk)



THE TOOLBOX - SUPPORT FOR ADHD AND AUTISM

**The Toolbox**  
ONLINE ADHD AND AUTISM SUPPORT  
FOR CHILDREN AND YOUNG PEOPLE

FREE RESOURCES

INFORMATION ON OTHER SERVICES

LIVE CHAT

Find us on  
[thetoolbox.mindler.co.uk](http://thetoolbox.mindler.co.uk)

NHS Hertfordshire and West Essex Integrated Care Board

NHS Hertfordshire and West Essex Integrated Care Board

Understanding my AUTISM/ADHD

A Range of Different Offers including an APP - You Choose

- Are you aged 7-16 and have either Autism, ADHD, or both? 🌟
- We are launching some amazing workshops that could help you learn more about yourself and how incredible you are. 💪

Are you ready to embark on an incredible journey of self-discovery? Join us now! 🚀

[thetoolbox.mindler.co.uk](http://thetoolbox.mindler.co.uk)

ADD-vance The ADHD and Autism Trust

Collyer's

SPACE Autism/ADHD Resilience Centres

COGS

NHS Hertfordshire and West Essex Integrated Care Board

**Understanding my Autism/ADHD**

Do you have a child aged between 7-16 diagnosed with Autism, ADHD, or both?

We're thrilled to launch a range of exciting offers designed to support children and teens just like yours!

These workshops, are available online and in-person. Led by experienced professionals, sessions will provide tailored strategies to help your young person understand their Autism, and or ADHD, in a fun and engaging way!

Referrals from professionals are welcome, or you can easily sign up your child yourself.

Are you ready to empower your child on their journey of self-discovery?

Find out more here:  
[thetoolbox.mindler.co.uk](http://thetoolbox.mindler.co.uk)

ADD-vance The ADHD and Autism Trust

Collyer's

SPACE Autism/ADHD Resilience Centres

COGS

Try some new resources to support a child with autism or ADHD:

Workshops for parents and carers

On-line tools for children

## BOWS HALF TERM FOOTBALL CAMPS

### GOFFS OAK

**When:** Tuesday 28th - Thursday 30th May 2024

**Where:** Goffs Academy, Goffs Oak, EN7 5QW

**9.30am-3.30pm (FREE drop off from 9am)**

U5s to U13s (Year R to Year 8)

£75.00 per player, per camp

(10% additional sibling discount)

### GIRLS ONLY

**Thursday 30th May 2024**

**Goffs Academy, Goffs Oak, EN7 5QW**

**9.30am-3.30pm (FREE drop off from 9am)**

U5s to U12s (Year R to Year 7)

£25.00 per player, per camp

(members go FREE when referring a friend)



<https://www.bows2021.awdprojectsgh.co.uk/team/football-camps/>



Nessie is funded by Hertfordshire County Council to support parents/carers of children and young people with emotional and mental health issues. The aim of this work is to help parents/carers develop a positive and more confident approach to supporting their young person, whilst offering a chance to gain peer support; useful strategies and practical tools.

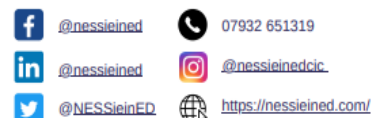
**Funded mental health workshops, advice and support for Parents and Carers in Hertfordshire**



#### What we offer:

- **Free online and face-to-face workshops on a range of mental healths that affect children and young people**
- **Parent Support line**  
Tel: 07932 651319  
(open Thursdays 9 am - 12 pm or by appointment)
- **Private moderated Facebook support groups:**
  - **NESSie Parent/Carer Support Group**
- **1-1 support and advice sessions**
- **Peer support groups:** A confidential group, where parents will have an opportunity to share their experiences, support each other through challenges, and identify coping strategies.

For more information, please [CLICK HERE](#)



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<https://nessieined.com/>

Helping children and young people thrive

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### OUR VALUE OF THE HALF TERM IS HOPE

Everybody feels hopeless at some time. This half term we have been thinking about how a seed of hope can grow and grow - like an acorn into a mighty oak tree.

We have been learning from some stories in the Bible which teach us how we might have hope because God has a plan for us, like he did for Joseph, for Noah and for Daniel.



*"I wait for the LORD, my whole being waits, and in his word I put my hope." Psalm 130:5*

**HAPPY HALF TERM**