

News on the Nineteenth



Wormley CofE Primary School (VC)
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January 2023

HAPPY NEW YEAR

We hope that you all had a healthy and happy Christmas. Thank you for the lovely cards, good wishes and gifts.
Hoping and praying for a wonderful 2023.



HALF TERM

13th - 17th February

EASTER BREAK

31st March - 17th April

Children return on 18th April

CELEBRATING DIFFERENCE -AUTUMN 2



Last half term, children focused on the following themes:

- Year 1:** Identifying similarities and differences in people, what is bullying, how to make friends.
- Year 2:** Understanding stereotypes, what is bullying and why does it happen, understanding it is ok to be different.
- Year 3:** Understanding families are different and conflicts can happen, knowing what it means to be a witness in a bullying situation, hurtful words and the effects on others.
- Year 4:** Why people make assumptions of others, problem solve bullying situations, identify what is special about me, why it is good to accept people for who they are.
- Year 5:** Understanding cultural differences, understand what racism is, understand the impact of rumour spreading and name-calling, direct and indirect bullying, comparing my life to people in the developing world.
- Year 6:** Understanding there are different perceptions of 'normal', how being different could affect someone's life, reasons for bullying behaviours, how being different can cause conflict as well as a cause for celebration.

This half term, **Spring 1**, our Jigsaw unit is 'Dreams and Goals'. This unit will focus on goal setting, identifying success and achievements, identifying obstacles and overcoming them, learning styles, team skills and co-operation, perseverance, motivation and new challenges, our future dreams and having a positive attitude to succeed.

We are linking this to our school focus - developing independent writers.

In this unit, we deploy our agents. Find out more about this term's agents on the page 4.

Whole-School Weekly Celebration Targets

Dreams & Goals	Agent	Characteristics
Stay motivated when doing something challenging	Resilient	Power of Yet
Keep trying even when it is difficult	Resilient	Perseverance
Work well with a partner or in a group	Considerate	Collaboration
Have a positive attitude	Confident	Power of a positive attitude
Help other to achieve their goals	Considerate	Collaboration
Are working hard to achieve their own dreams and goals	Confident	Ambition

Y3 AND Y4 TRIPS TO THE BRITISH MUSEUM

As part of our history studies, Y3 will go to see the Egyptian mummies and Y4 the Greek Pots in the British Museum this week and next, Watch out for an update next month.

ARE YOU 'NUT AWARE'?

Did you know that 1 in 55 children are estimated to have a peanut allergy?
(Food Standards Agency, 2016.).



For some, a reaction to exposure to nuts can be mild. For others, coming into contact with a nut can have serious consequences. It is, therefore, vital that robust measures are in place to minimise the risk to any child with a nut allergy.

We have children in our settings with a nut allergy and some of them are likely to have a severe reaction, therefore, we aspire to be a 'nut free' zone.

Please do not send nut products into school for snacks or packed lunches.

CONTACT DETAILS

Have you had a new phone with a new number for Christmas?

Have you moved?

Please make sure that you have let the school know of any important changes in case we need to contact you in an emergency.



PUNCTUALITY

Please ensure that children are arriving at school punctually, within their 15 minute window. As soon as the gate/door closes, learning begins!

A late start is very difficult for children.

READING CHALLENGE TERM

Spring is our reading challenge term.

For the children, the challenge is on.... How many books can they read this term? How many authors can they try? Can they read equal amounts of non-fiction to fiction?

We are encouraging our children and their families to stretch themselves with a reading challenge over this Spring Term.

The aim is for *every child* to read daily, from a range of sources: books, newspapers, comics, adverts, magazines, myON, Epic! the internet etc. Children in Y1-6 must keep a record of their reading. Children in Y2-6 can quiz on Accelerated Reader to develop their comprehension and improve their reading age. Teachers will be looking for children to reward by putting their name forward for a limited edition **Wormley Reader Bear** and other prizes.



Don't forget to record reading together in the children's reading records as these are vital as evidence in assessing children's reading to see if they read widely and with commitment to a book.

BUILDING VOCABULARY AND READING/WRITING FLUENCY

In Reception, your child has around 45 high frequency words to learn over the year - the aim is for them to be able to recognise these words and to be able to read them on sight. Children learn these words as part of their phonics learning and may also read these words in their reading books.

High frequency words are *common words*, words that appear very often in written texts. They are a mixture of **decodable words** (words that can be sounded out) and **tricky / exception words** (words in which the English spelling code works in an unusual or uncommon way, which means the words have to be learned and recognised by sight).

It is really important that children learn how to *read* these words as they will make up a large proportion of the words they will be reading in everyday texts. They also need to learn to *spell* these words as they will find they will need to use them a great deal in their writing. (Research has shown that just 16 words, such as 'and', 'he', 'I' and 'in', but also the more phonetically-difficult 'the',

'to', 'you', 'said', 'are', 'she' and 'was', make up a quarter of the words in a piece of writing, whether it's for adults or children.)

	Decodable words	Tricky / exception words
Phase 2 phonics high frequency words	a, an, as, at, and, back, big, but, can, dad, had, get, got, him, his, if, in, is, it, mum, not, on, of, off, up	the, no, to, into, go, I
Phase 3 phonics high frequency words	down, for, look, now, see, that, them, this, then, too, will, with	all, are, be, he, her, me, my, she, they, was, we, you
Phase 4 phonics high frequency words	went, children, it's, just, from, help	come, do, have, like, little, one, out, said, so, some, there, were, what, when

In Years 1 and 2, the list is expanded and includes 'about', 'because', 'once', 'could', 'house', 'laugh', 'people', 'their', plus days of the week, months of the year and the child's own address and the school's address.

By now children are expected to be able to read most of them and progress to writing some of them.

This table shows the kinds of high frequency words children will be learning to read and spell during Key Stage 1:

	Decodable words	Tricky words
Phase 5 high frequency words	don't, day, old, made, I'm, came, by, make, time, here, saw, house, very, about, your	Oh, their, people, Mr, Mrs, looked, called, asked, could

How can you help your child? Help them learn. Make it fun and don't overdo it.

For example, why not try:

- ✓ **Flashcards** - but don't use drawings alongside or your child may simply stick to looking at the drawing, not the letters.
- ✓ Cut out high frequency **word lists** and stick them on a prominent place (the fridge, the back of their cereal packet, etc.), so your child has a visible reminder while they're learning them.
- ✓ **Magnetic letters** - good for helping children with tricky words. Leave some up on the fridge so your child becomes more familiar with the word every time they get a drink.
- ✓ **Memory games** - place flashcards downwards for a game of pairs.
- ✓ Ask your child to look out for high frequency words on **signs** or **advertisements** when you're on a journey or a shopping trip.
- ✓ Choose three or four of the words and help your child make a **silly sentence** containing as many of them as possible.
- ✓ **Make sure your child sees you reading.** You are their best role model, so show them you enjoy reading and make sure books in the house are easily available, not tidied away.



Our youngest children have missed out so much with disruption to learning that we all need to work together to get them back on track!

IMPORTANT INFORMATION REGARDING NATIONAL ASSESSMENT IN 2023

KEY STAGE 1

The Y1 Phonic Screening will take place in the week commencing 5th June

The KS1 SATS will be administered during May

KEYSTAGE 2

The Y4 multiplication tables check will take place in the 3 weeks commencing 5th June

The KS2 SATS is timetabled from 9th- 12th May



OUR VALUE THIS MONTH IS CREATIVITY

"Creativity is a state of mind in which all our intelligences are working together. It involves seeing, thinking and innovating. Although often found in the creative arts, creativity can be demonstrated in any subject at school or aspect of life"
(B Lucas 2001)



We will be considering how the Bible tells of God's creation of the world and mankind - in the image of God. We will think about the diversity of life, our own creative potential and how we might protect creation. The children will be encouraged to deploy Agent Creative in their learning.

"And he has filled him with the Spirit of God, with skill, with intelligence, with knowledge, and with all" craftsmanship, to devise artistic designs, to work in gold and silver and bronze."

Exodus 35:31-32

This year, we are providing more opportunities for children to demonstrate their creativity through creative writing. We hope to publish some of their stories and invite you to a poetry recital later in the year.

AGENT CREATIVE - THE POWER OF IMAGINATION



Agent Creative has **enthusiasm** for everything they do. This agent dares to **think outside the box** which makes them **flexible** enough to achieve their goals. Agent Creative is able to **make connections** about the world around them and consider **different perspectives**. When Agent Creative is in action, they are **resourceful** and not afraid to **take risks**. This allows them to generate new ideas in their thinking which paves the way for **originality**.

AGENT RESILIENT - THE POWER OF YET

Agent Resilient demonstrates **perseverance** when taking on new challenges and uses **grit** to overcome obstacles. This agent has incredible **bouncebackability** and **optimism**, even when stuck in the **learning pit**. Agent Resilient knows that the **power of yet** helps us to be resilient along the learning journey. When tackling something difficult, Agent Resilient shows **bravery**, **determination** and **commitment** in achieving their goal.



AGENT CONFIDENT - THE POWER OF POSITIVE ATTITUDE

Having **faith** in their own capability, their knowledge and **understanding** is a key aspect of Agent Confident. This agent is gaining **wisdom** whilst embarking on a learning journey. Agent Confident has the **ambition** to achieve their goals and realise their potential. On their journey they show **humility** to ask for help if needed and feel **empowered** to



maintain their vision. Deploying Agent Confident leads to improved **self-efficacy** which is a learner's belief that they can succeed.

Check out the website to see the videos about our Agents



YOUNG VOICES CONCERT AT THE O2 ARENA

Our school choir attends the Young Voices Concert at the London O2 Arena tonight.

We're so excited to be going to perform there. Lots of our families will be there to enjoy the atmosphere. Good luck to the choir.

FAIRTRADE FORTNIGHT

This year, Fairtrade Fortnight is taking place from Monday 27 February - Sunday 12 March

During these two weeks, schools come together to **learn from the people who grow our food and drinks** - people who are often exploited and underpaid.

Through learning about how we are all connected through the things that we eat, drink and wear, young people are equipped with the knowledge and skills to take action for a **fairer, sustainable future** on the planet that we all share.



We will be exploring these themes during Collective Worship, *Wondering Wednesdays* and *Thinking Thursdays* assemblies

We want to help our children to engage in social action and to be *courageous advocates* for change in their local, national and global communities.

PARENTAL RESPONSIBILITY FOR SOCIAL MEDIA AND ON-LINE BEHAVIOUR

We have incidences of children watching inappropriate content on YouTube that appeared at first to be a children's cartoon; cyber-bullying through Snapchat; and children being befriended by strangers and asked for photographs in on-line gaming platforms.

Please make sure that you are keeping your children safe on line by checking their social media / on-line gaming regularly.

As a reminder, I am sharing the recommended age for the following popular uses:

The minimum age for WhatsApp is 16+, Snapchat is 16+, Fortnite is 12+

None of our children are old enough. The age limit is there to protect children. They do not have the maturity to manage situations that arise. If children are being allowed to use these platforms, they need adult supervision.

As with all social media, respect towards self and others makes us safer. Whether the experience is positive or negative depends on how children use an app or a game, whether or not they are really *friends* or how they treat each other.

Children need their trusted adults to supervise them, guide them, advise them and to tell them no when something is not appropriate.

I don't want to worry parents unnecessarily but I must tell you that children in this school have been groomed by suspected paedophiles on-line, they have been bullied on line, and they have been exploited.

Please take responsibility for your children if you allow them to use social media or go on-line. Parents must also consider that they are role models to their children.

NATIONAL SCIENCE WEEK

20th - 24th March

We are currently planning for our **Science Week**. The theme is **FORCES**.

We will be inviting the **Science Boffins** into school to run workshops for the children.

The children will learn about one of the greatest scientists in human history and a father of physics - Isaac Newton! They will learn about and test Newton's laws and see his experiments in practice.

Gravity, rockets, cannons and balloons galore.



WORLD BOOK DAY

We will be celebrating World Book Day on **Thursday 2nd March**.

As part of our celebrations we have asked an author to talk to the children about the life and work of a children's author.

The children are invited to wear their PJs to school for story time.

Members of our PTA will be running a second-hand book sale too.

FLOW WITH STORIES - WORKSHOP FOR NURSERY AND RECEPTION CHILDREN

Finding out

Love for literature and language

Originality and owning our stories

Wellbeing wins

Reading workshop for
children in Reception on
Tuesday 28th February

ROCKSTEADY

Would your child like to play in their very own rock band?

Rocksteady in-school band lessons are the perfect opportunity for your child to learn new skills, develop friendships and have the time of their life.

Watch this short video to see what learning in a band could do for your child's well-being:

<https://www.rocksteadymusicschool.com/watch-video/>



OUTDOOR PLAY

The weather has started to get very cold again recently and since all of the children in school concentrate extremely hard in lessons, at break times they will go outside to play, except in very bad weather.

Please ensure that your child has a warm **coat or waterproof jacket**, clearly labelled, in school each day.

Unless it is pouring with rain, PE and games may well be outside - children must have the appropriate clothing for this also.

Children in YN and YR spend 50% of their time outside so would benefit from, hats, gloves and wellies in school each day please.



TT ROCKSTARS

Please support your children to keep up with multiplication tables practice using **TT Rockstars**.

This will help them with maths fluency and confidence and all aspects of math.

HEALTHY EATING

Food Scanner App (Public Health England)

We are trying hard to encourage healthy eating including eating vegetables and fruit at lunchtime. It is quite hard work!

However, it is very important to establish healthy eating habits from a very young age.

You could help by downloading the Food Scanner app.

The NHS Food Scanner app brings food labels to life and helps families make healthier choices. Simply scan the barcode to see how much sugar, saturated fat and salt is in your food and drink then choose one of the healthier swap suggestions. The app is part of a healthy eating campaign and the 'scan, swipe, swap' take-home pack has plenty of resources to help encourage children to build healthier habits for life.

Find the resources here: <https://campaignresources.phe.gov.uk/schools/topics/healthy-eating/overview>



Download the free NHS Food Scanner app

We also need your help teaching children to cut their food with a knife and fork please.

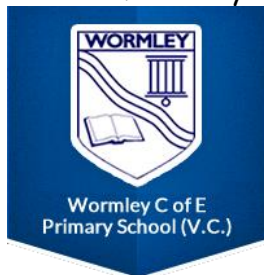
WORMLEY PRESCHOOL AND NURSERY OPEN MORNING

If families are looking for a place in preschool or nursery for their 2 and 3 year olds, come along to our

Open Morning

on **Saturday 28th January, 10am-12pm.**

This is an opportunity to take a look around, meet the team and to ask about provision (including 30 hours provision for 3-4 year olds?)



BAG2SCHOOL

Do you have any

- ✓ unwanted clothing
- ✓ paired shoes (tied together or elastic band around)
- ✓ Handbags
- ✓ Hats
- ✓ Bags
- ✓ Scarves and ties
- ✓ Jewellery
- ✓ Lingerie
- ✓ Socks
- ✓ Belts
- ✓ Soft toys
- ✓ Household linen
- ✓ Household curtains
- ✓ Household towels
- ✓ Household bedding (bed sheets, pillow cases and duvet covers)

If so, please bring into school on Monday 30th January. This will help us to raise funds.

BRAIN BUDDIES EMOTION REGULATION COURSE

Our Y4 children are currently having 'Brain Buddies'.

The course aims to develop children's understanding of what emotion regulation is. It focuses on psychoeducation and skills building in understanding, identifying and developing strategies for children to regulate their emotions through self-care, self-calming strategies and thinking strategies such as problem-solving. Here are our zones of regulation.

The ZONES of Regulation™

BLUE ZONE	GREEN ZONE	YELLOW ZONE	RED ZONE
Sad Sick Tired Bored Moving Slowly	Happy Calm Feeling Okay Focused Ready to Learn	Frustrated Worried Silly/Wiggly Excited Loss of Some Control	Mad/Angry Terrified Elated/Ecstatic Devastated Out of Control

WEAR YOUR OWN CLOTHES DAY

On Friday 10th February, children can wear their own clothes to school for a £1 donation to the PTA.

FAMILIES IN FOCUS

Complete guide to parenting children with SEND

(Living in Herts and including those awaiting diagnosis 2-11years)

Zoom course: Tuesday mornings 9.30-11.30am (FIF L1 D8)

Tuesday 10th 17th 24th 31st January / 7th 21st 28th February / 7th 14th 21st March

Or

Zoom course: Tuesday evenings 6.30-8.30pm

Tuesday 10th 17th 24th 31st January / 7th 21st 28th February 7th 14th 21st March (FIF L1 E6)

Bookings@familiesinfocus.co.uk

Email with name and date & time of the course requesting booking details (10 session online course)

For more information, follow DSPL4 on Instagram



Families First Partnership : News Sharing

Alongside the usual Parenting Courses, Supporting Links are pleased to be offering the following 8 workshops this coming Spring Term. They are open to parents and carers of children with diagnosed or suspected ASD and/or ADHD across Hertfordshire, funded by the Local Authority.

- **Talking ASD/ADHD: Anxiety and Stress - 10th January or 22nd February 2023**
- **Talking ASD/ADHD: Responding to Anger - 16h January or 7th March 2023**
- **Talking ASD/ADHD: The Teenage Years - 23rd January 2023**
- **Talking ASD/ADHD: Coping with Change - 20th March 2023**
- **Talking ASD/ADHD: Tech Use - 27th February 2023**
- **Talking ASD/ADHD: School Avoidance - 31st January 2023**

Parents can self-refer and book places via Eventbrite.

Supporting Families Development Team

Children's Services

Hertfordshire County Council

County Hall, Pegs Lane, Hertford, SG13 8DN Postal Point: CHO115

W: www.hertfordshire.gov.uk/familiesfirst

A WISH FOR A HAPPY NEW YEAR IN 2023

Wishing you all a year of hope, community, love and kindness.

Our God is a 'with us' God. On the heels of the celebration of the birth of our King, that reminder has the power to carry us right into a fresh, new start.