



# Understanding Sensory Preferences

How do our sensory likes and dislikes affect the choices we make in everyday life? Would you like to know more about your child's sensory development and how to support it?

Our Understanding Sensory Preferences workshop will help to increase your awareness of the role of our senses in how we interact with the world. It offers practical advice and strategies that can be implemented in everyday life to support your child.

Workshops are suitable for parents/carers who would like to learn more about how to support their child's sensory likes and dislikes.

To find out about other training opportunities please visit our CYP Therapies Service webpages at <https://www.hct.nhs.uk/our-services/children-young-peoples-therapies-service/> ▶ ▶ ▶

## BOOK YOUR PLACE:

- **Tuesday 28<sup>th</sup> January 2020 10–12:00**

Danesbury Centre, Queen Victoria Memorial Hospital, Welwyn  
<https://tinyurl.com/sqggyxl>

- **Thursday 6<sup>th</sup> February 2020 10-12:00**

St Albans Children's Centre  
<https://tinyurl.com/yx7fn3kh>

- **Tuesday 10<sup>th</sup> March 9:30-11:30**

St Albans Children's Centre  
<https://tinyurl.com/upq8vwm>

- **Wednesday 8<sup>th</sup> April 10-12:00**

Danesbury Centre, Welwyn  
<https://tinyurl.com/tda7f7t>



Children & Young People's Therapies Service

Contact us at:

Telephone: 01923 470680

Email: [hct.cyptherapies1@nhs.net](mailto:hct.cyptherapies1@nhs.net)

Twitter: @CypHct